

Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ May 2019

May in Town

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From the Pastor

Greetings Canterburians,

It's been over a week since Easter, and the celebration of the signs of spring beginning to abound in our midst around the Canterbury landscape. Today I continue to recount the power and joy of this special time of year, both in the Christian tradition as well as in our human experience of taking in the sights and sounds of the new growth of the warmer season.

On Easter our congregation spent some time reflecting on how in the Easter story Mary Magdalene begins her day weeping in grief at the loss of her teacher and Lord and concludes her day declaring to the other disciples the miracle of resurrection she had experienced — stating “I have seen the Lord.” We reminded ourselves that we are still able to declare, I have seen God's face, the sacred, the divine, (whatever language resonates best for you), even if we didn't walk with Jesus around the Galilean countryside centuries ago, and go to the tomb early that Easter morning.

We can experience the face of God reflecting in the face of our neighbors when we expect to see God's face there. We also see God's face in acts of love, perseverance, grace, compassion, in the sights and sounds of God's creation around us — when we expect to see it in our everyday lives.

So, as you go about your day and as you move about in our town I invite you to take the opportunity to look afresh at one another. You may see God's face. Open yourself to the possibility that others may see the face of God in you.

It is my prayer this day that God's face will shine for you in the variety of ways it may present itself.

God's Peace,
Pastor Sara



This year, as is our tradition, we brought a cross to life by decorating it with beautiful flowers.

Lots of Ads for May! (More on Page 3)

SPRING SEPTIC SYSTEM INSPECTION: 30 years designing and installing septic systems. \$150. Call 491-9600 for details. Plz leave a message.

THREE-SATURDAYS-IN-MAY Multi-Family YARD SALE: Canterbury Spruces (35 Baptist Road) 8 am to 4 pm. May 4th, 11th and 18th. Many builders tools. Tool boxes/carriers. Hunting/fishing gear. Men's size 9 shoes/boots. Men's and ladies clothing. Kitchen items. Hand/ankle weights. Peterborough Basket end tables. Mini-freezer. And much more. Preview tools by appt prior to sale? Call Mary @ 545-2384

APRYLLE & REED, FLUTE AND GUITAR: Elegant and Peaceful Music for Weddings, Anniversaries, Corporate Functions, Wine Tastings, or any Special Occasion. Call 603-708-1483 for more info and/or bookings.

SPRING INSTRUMENT LESSONS: Flute and guitar lessons with Aprylle & Reed. 6 lessons for the price of 5. All ages and abilities. Call 603-708-1483 for more details.

PETALS IN THE PINES "Tale Trail" opens May 1st. Follow "A Log's Life" page-signs along woodland trails. Follow-up activities in the pavilion. \$5 per child, infants free. New Tale Trails throughout the season. Self-Service Farm Stand for Leaf Stones and nature-themed silk scarves. Open daily 9-6. Now scheduling garden-/nature-themed summer birthday parties! Call Donna (783-0220); 126 Baptist Road; visit petalsinthepines.com

A NEW REAL ESTATE AGENT IN TOWN: David Hazen, a long time resident of Canterbury has joined Samaha Family Realty who has been serving area residents since 1984. Dave Hazen - 783-3300; dave@shirtshappen.net; Samaha Family Realty - 225-2121

CANTERBURY WOODS COUNTRY CLUB would like to invite you to the Canterbury Tavern for lunch or dinner 7 days a week! We have new menu items sourced from local farms, extended Tavern hours, and a staff committed to your satisfaction. You don't have to be a golfer to enjoy great food, atmosphere, and service! Visit canterburywoodsccl.com for more!

NEW WAY REALTY — Elle Bezanson, REALTOR (R). Canterbury Resident for over 50 Years, Real Estate Professional for 20 years. I can assist you with any and all of your Real Estate needs and offer a free Market Analysis. Email: bezansonelle@gmail.com. Phone: 783-4746

OLD TIME NH DANCING — Square, contra. Weddings, family reunions, birthdays & more! All ages and abilities. By Dudley Laufman, 2009 Nat'l Heritage Fellow. Live music on fiddle & melodeon. dudleylaufman@gmail.com, 783-4719

THE DEWEY SCHOOL at the Canterbury Shaker Village is pleased to welcome children ages 3-5 to nature-based, Reggio inspired early learning! Coming FALL 2019. www.deweyschool.net. Now enrolling.

CANTERBURY KIDS LEARNING CENTER is in search of new ownership. Located in the Parish Hall at Canterbury Center we are a NH State Licensed group childcare facility, preschool program, and afterschool program with an on-site capacity of 22 students (2yrs 11 months - 12yrs). Within easy walking distance of the elementary school, playground and athletic



fields, town library, pond, and numerous historic buildings, opportunities abound for interactive and integrated educational experiences. The center includes 3 fully furnished classrooms, stocked with supplies and curriculum resources for a multitude of projects and educational programming. A dedicated office, washroom, and abundant storage as well as a large fenced partially shaded yard equipped with a play structure along with grassy and sandy play areas. Use of a large reception hall for indoor gross motor play and a commercial kitchen round out the space available for special projects and in inclement weather.

Parties interested in this exciting small business opportunity, please contact Melinda Tonkin by phone at 603-783-4370 or email canterburykidslcc@gmail.com for more information.

BODY & SPIRIT DAY SPA located in Concord provides the finest pampering to make the best version of you. We offer manicures, pedicures, facials, massage, and spa packages at reasonable pricing so you can fully relax, renew, and rejuvenate. Check out the complete list of services and purchase online gift certificates at bodyandspiritdayspa.com and call 603-226-4261 to schedule your appointment.

THE EDWARDS CPA GROUP, P.C. — Are you a small business owner? We are a local full service firm and we don't just crunch numbers. We are progressive to help you and your family plan for the future. IRS Tax Relief specialists. Quickbooks Advisors. Give us a call! Like us on Facebook! info@edwardscpagroup.com, call Kim Edwards at 286-8000, or visit www.EdwardsCPAGroup.com

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do." Bathrooms, Kitchens, Additions & more. Aging-in-place specialists. Certified Green Professional. Jim Higgins, 226-0212, www.gulfbrook.com.

GUITAR LESSONS AT YOUR HOME OR MINE — Canterbury area. All ages, all styles of music. Berklee/New England Conservatory alum. Tony. 603-475-3471 tonyz84@aol.com

"SHE'S HANDY" ... Tending to your small jobs. Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+ years exp. Insured. Donna Bond. 724-5838. drbond1@comcast.net

More Classifieds

CENTRAL ENERGY, LLC When was your furnace cleaned last? Central Energy, LLC, "celebrating 85 years in business." Offering ductless A/C systems, traditional A/C installations and service, as well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at www.centralenergy1.com.

CANTERBURY CENTER BED AND BREAKFAST "Where History meets Hospitality." 4 guest rooms open for visitors. See ccbnbnh.com or email scribnerlois@gmail.com or call 603-783-0206.

RIVERLAND B&B Riverland, a cozy, family-friendly B&B on the Concord-Canterbury line, is accepting 2019 reservations. Send us your tired, your hungry, your out-of-town relatives. www.riverlandonthemerrimack.com. 603-562-6059.

PEABODY HOME, a not-for-profit private home offers many different care options for elders including day care, assisted living, nursing and "respite" care. A nurse is present in the building 24hrs a day/seven days a week. Visit our home (24 Peabody Place, Franklin) and/or website to learn more about the "Peabody Home difference" <https://www.peabodyhome.org>

MAGOON TREE Residential tree service. Snow removal, 70' bucket truck, 12" chipping, skid steer service, stump grinding. Fully insured. Brian Magoon, 496-6835. magoontree.com.

ORGANIC MAPLE SYRUP Delicious maple syrup, a good local sweetener with some health benefits and a great tradition on those Sunday pancakes. Works well as a sweetener in any recipe. Go to our website for info and recipes, northfamilyfarm.com; call Jill or Tim, 783-4712, to pick up; or see us at the farmers market!

TAMMY'S CLEANING SERVICES -- Cleaning, weekly or biweekly needs? Tammy's Cleaning can help. We get at all those hard-to-reach places! Reasonable rates, fully insured, and lots of long-term references available too. Privacy and security is foremost in our business. Call or text 545-7903 or email tammy@maidforyounh.com.

MAQ DESIGN — Offering quality custom upholstery, slipcovers that fit, and artisan window treatments. Where Quality Counts and Details Make the Difference! By appointment. maryann@maqdesign.net, 783-9640, maqdesign.net.

COLD GARDEN SPIRITS — Come taste our new bottling of two-year-aged BOURBON and BRANDY. Saturdays and Sundays, 1 to 4:30. Come visit, learn about our process, enjoy a tasting and take some home. 338 Shaker Road, just North of Shaker Village.

The deadline for ads is the 16th of each month for publication in the following issue. For rate info and to submit your ad, email newslettercanterbury@gmail.com. Mail payment to CUCC, PO Box 216, Canterbury NH, 03224.

newslettercanterbury@gmail.com

Swap, Swap, Swap!

Canterbury Kids' Clothing Swap!

Saturday, May 11

9 am to 1 pm, Canterbury Town Hall

It's time to round-up those clean, gently used clothes that your children have outgrown and swap them for something that fits!

Do you have children's clothing to contribute? Drop off at Canterbury Kids Learning Center: Monday, April 29 - Thursday, May 9 from 7 am to 5:30 pm. We accept all children's clothing, sizes newborn to 16, but please make sure all clothing contributions are bagged, clean and in good condition.

Everyone is welcome to this free event. Clothing contributions are NOT required in order to participate. All remaining clothing from the swap will be donated.

For questions and/or more information, please contact Trish Noel at 565-2011 or trish@devbury.com.

Canterbury Plant Swap

The annual Canterbury Plant Swap will take place at the gazebo in the center of town on **Wednesday, May 15**, from 6 to 7 pm.

Bring your labeled, divided perennials and bulbs, or extra flower and vegetable seedlings you might have. This is for gardeners of all levels, beginner to experienced. There's always plenty to share so come even if you don't have much to bring. If you're new to town it's a great way to pick up some plants to landscape your yard and meet your neighbors at the same time.

Master Gardeners Donna Miller and Meg Miller will be on hand with gardening handouts and will help answer your gardening questions. Call Donna at 783-0220 if you have any questions.

Adult Clothing Exchange

Wednesday, June 5

3 pm to 7 pm at the Parish House

If you have clothes that no longer fit or do not need, bring them to the clothes exchange and find something you like...at no cost. Anything not collected by end of the exchange goes to charity. Men's and women's clothes only (no night wear, swimwear, or underwear). Slightly used shoes, handbags, and scarves are fine.

We will be accepting clothes on Monday, June 3, and Tuesday, June 4, from 4 to 7 pm at the Parish House and from 2.30 pm at the Parish House on Wednesday, June 5.

If you would like to help, or have clothes to exchange but can't make the evening collection dates, please call 860-9412, or email Stephen.bp@hotmail.com

Hosted by Transition Canterbury. *Impulse shopping at no cost!*

Coming Together in Community

Memorial Day Observance

Let us remember, and honor, those warriors who have died in combat protecting each other and helping to preserve our way of life here in Canterbury. This year our Memorial Day Observance will be on Monday the 27th and will begin at 10 am with a parade down the hill from the elementary school to the bandstand in the center. Participants should assemble at the school by 9:45.

Pastor Sara will deliver the invocation and benediction. Lt. Col. Wayne Mann, USAF, will speak. USMC Captain Dale Caswell, a Vietnam veteran, will officiate. Veterans in uniform, BDU's or civilian dress are especially encouraged to join 4H, Scouts, town groups, selectmen, legislators, fire and police, and our own Belmont High School Band under the direction of Lauren Fontaine.

~ Dale K. Caswell; caschief@gmail.com



Great turnout at Canterbury Fair meeting!

Our first Canterbury Fair meeting was a big success with a great turnout. If you're looking to get involved in this year's Fair, come to our next meeting on Wednesday, May 8, at 7 pm in the Parish House. Volunteers are needed for the food tent, set-up and take-down, the book and media sale, the children's games, the What-Not and so many other great events at the Fair. Come see what the fuss is about at our May meeting!

~ Rick Crockford; rcrockford@laconiaschools.org; 496-2255

Opening day nears for Farmers Market



Opening Day is Wednesday, June 5, 4 to 6:30 pm.

In our traditional spot next to the Elkins Library.

Wear your decorated "Happy Hat"!

A message from the Country Store

During the past five years, business has fallen to the point where the store is a marginal operation at best. If the store closes, the post office will likely follow.

The store needs the support of the townspeople, and it needs it now. The Canterbury Country Store provides a venue for over 40 local craftspeople and businesses.

When the store last closed, the community rallied to support it. Let's hope it doesn't come to that again.

Canterbury Benevolent Society

The Canterbury Benevolent Society had a field trip to the New Hampshire Historical Society Museum in April. Members who attended enjoyed an informative tour of many NH artifacts. Did you know that they have a very extensive genealogical library there?

The mission of the Benevolent Society is "to cultivate the spirit of Christ beginning with our own lives and reaching out into homes and communities and the uttermost reaches of the world."

Our local outreach each year includes donations to the Loudon Food Pantry, VNA Hospice, the McKenna House, CES school nurse, and the NH Women's Fellowship UCC. Each year we put together Health Kits for Church World Services.

We changed the name of our organization from the "Ladies Benevolent Society" to our current name "Canterbury Benevolent Society" to be more inclusive. All are welcome! Membership dues are \$5 per year.

The CUCC Benevolent Society meets the second Wednesday of each month, typically at 1 in the Parish House. We do not have meetings in July or August.

We will be having our annual Holiday Fair on Saturday, Nov. 2, from 10 am till 3 pm. We will be having our bake sale table, corn chowder and hot dogs for sale, and our what not table. We are looking for vendors to sell their wares. If you would like to be a vendor at our fair, please contact Denise Sojka at 387-5380 or denisesojka297@gmail.com.

Our May meeting will be held on May 8 at 1 in the Parish House. Judy Patterson and Ruth Mann are hostesses. Devotions will be read by Pastor Sara Rossigg. Judy Nelson will be sharing the origins of the "Least Coin."

This Month at Elkins Public Library

Elkins Library is closed in honor of Memorial Day, Monday, May 27.

EPL Trustees will meet on Monday, May 13, at 7 pm.

ROCK N' READ is a music and movement program for babies, toddlers and preschoolers. Come join the fun on Tuesday, May 14 and 28, at 10. We enjoy fun songs and stories each time we meet. We have an age appropriate craft at the end of our programs for all ages.

STORY HOUR: Join us on Tuesday, May 7 and 21, at 10. The themes this month are Spring and Peepers. We have had record attendance numbers in the last few months. You are using your library! Thank you! This is a program for babies, toddlers and preschoolers.

LEGO CLUB: Tuesday, May 7 and 21, from 4 to 5. This is a "drop in" club that requires no sign up. We have had a recent donation of MORE Legos, enough to keep at least 25 kids busy building each time we meet.

1000 BOOKS BEFORE KINDERGARTEN. Studies show that reading to your baby is the most important thing you can do. Come in for a chart and some stickers. If you complete a chart showing that you have read 100 books and turn it in to Mrs. Baker, the next time you come to the library there will be a present waiting for you!

OMBBC (Old Man Boring Book Club) You don't have to be male, boring or old! Join the group on Thursday, May 2, at 7 pm to share the historical and biographical books you have recently enjoyed!

BOOK DISCUSSION GROUP: Copies of *Witch Elm* by Tana French are available to borrow for those that would like to join us on Tuesday, May 15, at 7.

THE ZEN OF ADULT COLORING: Every Thursday at 1:30. Bring a friend or meet your neighbor; enjoy some refreshments while coloring relaxing designs with colored pencils and gel pens.

FAMILY PASSES: Call to reserve the pass you would like to borrow (783-4386) SEE Science Center; Currier Museum of Art; Squam Lakes Science Center. Coming Soon! NH State Parks & the Seacoast Science Center Passes

DOWNLOAD audio books, e-books and periodicals on <http://nh.lib.overdrive.com>. Contact the library if you would like to register for this service.

Would you like more information about your favorite library?

Check out our website www.elkinspubliclibrary.org or "Like" us on Facebook. See pictures and videos of our programs and learn more about what we offer!



The beautiful results of Kate Goegel's rug braiding class at Elkins Library.

It's so Grand! Historical Society presents program on White Mountain resorts

Join us as the Canterbury Historical Society presents a program on May 14 at the Elkins Library, 7 pm:

"The Grand Resort Hotels of the White Mountains: Architecture, History, and the Preservation Record."

Architectural historian Bryant Tolles Jr. will share the history and architecture of the grand resort hotel phenomenon and hospitality tourism in the White Mountains of New Hampshire from the pre-Civil War era to the present.

The primary focus is on the surviving grand resort hotels: The Mount Washington Resort, the Mountain View Grand, the Balsams, the Eagle Mountain House and Wentworth Hall and Cottages. Extensive illustrations document these buildings and others no longer in existence.

All are welcome. Refreshments will be served.

Program made possible by a grant from N.H. Humanities and in cooperation with Elkins Library.

Town of Canterbury News

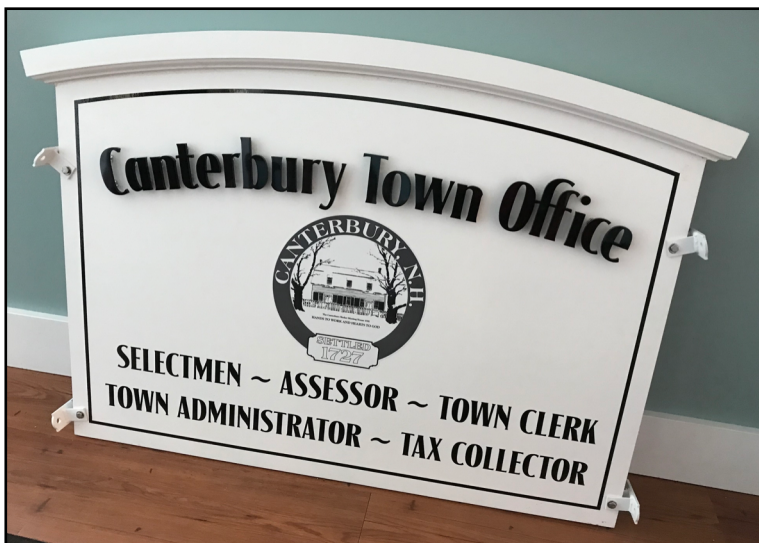
New IT provider helps update computers

The town office has changed information technology providers. We now contract with Cybertron Technology Solutions out of Gilford. They provide IT services to several local municipalities and come highly recommended. We had to update our Firewall to meet the state DMV specifications and have installed offsite backup for our server for the town office. We are also updating all our PC's to Windows 10 operating systems and replacing two old PC's.

Larry Martin, who operates Martin Electric and Controls here in Canterbury, has installed a temperature and humidity sensor in the conference room as well as a water sensor in the basement at the Town Office. Larry did this work at no cost to the town.

The Highway Department is working on its summer schedule, which is Monday through Thursday, 6:30 am to 4:30 pm.

~ Ken Folsom, Town Administrator



Once the posts in front of the new town offices get straightened out, this sign will welcome residents to the building.

Fire Department asks: Mind your mulch!

As we progress into Spring and continue with yard clean-up and gardening many people will apply mulch around their homes. While this product helps control weeds and beautify your property it is not without some problems. We have had problems with this material igniting and it will occasionally spread to a structure. Some tips from the State Fire Marshal's Office in how to safely use this product:



— Regulations prohibit the new application of mulch within 18" around combustible exteriors of buildings, such as wood or vinyl, but not brick or concrete.

— Use non-combustible mulch such as rock or pea stone around gas meters and combustible portions (wood, vinyl) of your home.

— If you smoke, remember to properly extinguish and dispose of all smoking materials. Always use appropriate receptacles for disposing of smoking materials and matches

— Do not discard cigarettes in mulch or potted plants.

— Be smart in your choice of containers for discarded cigarettes. Consider using metal cans with sand outdoors.

— Mulch that is piled more than a few inches high can build up heat and spontaneously catch fire.

— In many mulch fires, the smoldering mulch tunnels under the surface and then breaks out into open flame.

— Mulch fires start more readily when the weather is hot, and it has been dry for an extended time.

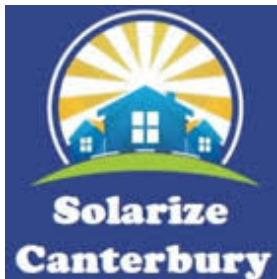
~ Guy Newbery, Fire Chief

Solar May Make More Sen\$ Than You Thought ...

Please join us as Canterbury's Energy Committee launches Solarize Canterbury! The fun begins at our Kick Off Event: Wednesday, May 29, at 6:30 pm in the Canterbury Town Hall.

Local musicians will be strumming and refreshments will be served as you learn about solar energy systems in a relaxed atmosphere with friends and neighbors.

You can sign up for a FREE solar assessment of your home, and talk with your fellow residents who have already chosen solar for their homes.



We will have plenty of info on the basics of solar PV, current incentives and tax rebates, and what financing options are out there. You will meet the installer who is offering the tiered group discounts.

If you've found yourself wondering if Solar makes financial sense for you and/or can reduce your carbon footprint, the answer might be BOTH!

Please plan to come to this event and learn more!

Contact Ruth Heath at SolarizeCanterbury@gmail.com for more information.

News From Our Schools

Canterbury Elementary Gets Dramatic ...

The CES Drama Club will present *Charlie and the Chocolate Factory* on Friday, May 3, at 6 pm. This delightful, colorful play is based on the Roald Dahl story of a young boy whose dreams of chocolate and happiness come true. The play is directed by third-grade teacher Kim Briggs and includes talented students from first through fifth grade.

Kindergarten Information Night for parents will be held on Wednesday, May 22, beginning at 6 pm. Teacher Hannah McCauley and other school staff will be present to talk about the kindergarten day and special school programs. There will be an open house for the children on Friday, Aug. 24, time to be determined.

Looking forward to the 2019-2020 school year, we are reminding anyone who is **planning to be a volunteer** that you must have had a background check (fingerprinting) and have filled out an affidavit. The background check needs to be done just one time, however the affidavit needs to be filled out annually and be approved by the school board before volunteering. This form can be found on the district website, www.sau80.org. We will have SAU staff available for fingerprinting at the Kindergarten Information Night on May 22 and at the Open House event in September. Prospective volunteers can set up individual appointments with Laurie Cowan (407-1112) at the SAU office, 58 School St. in Belmont.

CES Memorial Day exercises will be held on Friday, May 24, at 9:30 am. The children will march from the school to the town gazebo where they will honor our country's heroes through poems and song. In the event of inclement weather, the program will take place in the school gym. Please join us.

~ Mary Morrison, Principal

And Middle School Students Get Tested

May is a month for testing at BMS. The state tests as well as Star Reading and Math tests will be administered. See the list below for testing dates for the state tests. Students may see their LA and Math teachers for Star testing dates. It's important that students get proper rest and have a good breakfast on testing days!



Grade 5 - Math, science, ELA - 5/21, 5/22, 5/28, 5/29
Grade 6 - Math & ELA - 5/21, 5/28, 5/29
Grade 7 - Math & ELA - 5/14, 5/21, 5/22
Grade 8 - Math, Science, ELA - 5/14, 5/15, 5/21, 5/22

Yearbooks are on sale!

Please see your homeroom/chrome room teacher or Ms. McDannell for an order form. The cost is \$16. Pre-orders will be accepted until Friday, June 7. After that all sales will be on a first-come, first-served basis.

Athletics

If you have any questions or would like additional information regarding athletics, please email Paul Landau @ plandau@sau80.org. All physicals and vaccinations must be current and on file to participate.

Teacher Workshop Day, May 10, no school
Memorial Day, May 27, no school

BMS is looking for a new correspondent for the Canterbury Newsletter. After 25 years of service to the Shaker Regional School District, I will be retiring in June. If you are the parent of a BMS Middle School student, and interested in volunteering to get the news out about our busy middle schoolers, please call me at 783-4090. This job would begin in August to get the news in for the September newsletter. Thank you!

~ Jan Cote

Our Active 4-H Club Checks In

Presentation Day was held on Saturday, March 9. The following members received Photography County Recognition: Aubrey Drouin, Ellanah Huizenga, Samantha Marcoux, Eli Marcoux, Zoe Perlet, Emma Neil, Lulu Sachetta, and Ethan Condi. The following members received Public Speaking County Recognition: Chloe Jackson, Samantha Marcoux, and Ethan Condi. Yesi Gillespie received County Recognition for Food Show. These members will be invited to participate at States: Ellanah Huizenga and Lucas Condi (Posters), Dahlia Beaudette, Cecilia Condi, Carina Huizenga (Photography), Madeline Mazzaglia, Lucas Condi, Cecilia Condi, Emma Galonski (Public Speaking), Macy Welsch (Demonstration), Anna McDonald (Action Exhibit). The Canterbury Rascals team was the ONLY grilled cheese challenge team at Presentation Day and will go on to participate at the Makers Expo.

Upcoming Projects: Dovetail Boxes, Clothing Exchange Set-up,

Outdoor Education. Our last meeting was on April 1. Our next meeting is on Monday, May 6, with snack at 6:15 and the meeting starting at 6:30 in the Parish House. If you want to know, more contact Laura Crockford at canterburyrascals4h@gmail.com.

~ Josie Bernard, Reporter

Another great egg hunt this year! We had decent weather. Over 40 children participated. We saw many smiling faces. Thank you to all the 4H members and families who helped stuff eggs, set up, help at the raffle table, and collect eggs. It takes a village! Also, thank you to Texas Roadhouse in Manchester. They provided free kids meal coupons in eggs. This is an annual event, so we'll see you next year!

~ Laura Crockford, Canterbury Rascals 4H Club

Around Our Active Community

Opening Day at the Shaker Village!

Heifer Parade & Opening Day

Saturday, May 4, 10 am-2 pm

Celebrate our opening day by welcoming a parade of heifers back to the Village from Brookford Farm! Heifer Parade activities, including maypole dancing, outdoor barn dancing, and make-your-own head wreaths and May cards will run from 10 am to 2 pm with the parade beginning at approximately 11am. In honor of our 50th anniversary as an incorporated museum, a maple sapling will be planted in Meeting House Lane at 1:30 pm. Guided tours are available for \$10 per person at 11 am & 2 pm.

Canterbury Shaker Village XC5k

Saturday, May 11, 10 am

Join us for the Village's 12th annual cross country race! Run or walk the course, crossing through the Village's fields and forests and winding around ponds and pastures. Registration is \$25. Children 10 and under are free. Proceeds benefit educational programs at the Village. Pre-register at the Village website. Same day registration starts at the Village at 8:30 am on May 11.

Mother's Day Admission Special (May 12)

On Mother's Day, mothers receive free admission to the Village when accompanied by at least one other family member who pays regular admission.



It's not every day you see a heifer parade in Canterbury.

Dewey School Open House

The Dewey School will host an open house on Monday, May 13, from 3 to 5 pm at the Canterbury Shaker Village. For more information about the school, visit www.deweyschool.net

Memorial gathering June 1 for Ian LeClair

There will be a memorial gathering to celebrate the life of Ian LeClair, son of Ted and Susan LeClair. Ian died unexpectedly at his home in Austin, Texas. The memorial will be in the Parish Hall on Saturday, June 1, at one o'clock that afternoon.



Thanks to cooks and crowd at Easter Breakfast!

A great big THANK YOU to those of you who helped out with the annual Easter breakfast, as well as to those of you who attended!

It's always wonderful to share the community spirit with friends and neighbors.



Free exercise classes continue at Parish Hall

Strength and stretch classes continue to meet from 9 to 10 am on Monday and Friday mornings at the Parish Hall in the Town Center. All are welcome to participate and classes are free. Exercises are modified for those who need to use a chair. There are a few weights available for use during class, but one needs to bring a mat and a small pillow or towel. Instructions are provided for each exercise with an emphasis on form and not speed.

A Wednesday morning class has been added at the same time (9 to 10 at the Parish Hall) with that class having an emphasis on stretching and flexibility. It will run through the end of June. Stretching Exercises follow the Active Isolated Stretching methods introduced by Aaron Mattes, which involve repetitive, specific stretching with a 2-second hold.

Again, this class is free and you need not attend the other classes to take part in this one. Please bring a mat, a small pillow or towel, and a non-stretchy cloth belt approximately 5-6 feet long for this class.

If you need further information, contact Judy Nelson at (Home) 783-9658 or (Cell) 493-4207.

Canterbury United Community Church

Office hours: Tues., Wed., Thurs. mornings. Call first. 783-9365. mycanterburychurch@gmail.com

Parish House: Call Judy Patterson to reserve, 783-4419

Online: canterburychurch.org
facebook.com/
MyCanterburyChurch

Newsletter: Deadline is 16th of month before publication. Editors: Mark and Brenda Travis, 783-0420, or email newslettercanterbury@gmail.com

Canterbury Fair:
twitter.com/CanterburyFair
facebook.com/CanterburyFair

Town Crier

Lois Scribner posts Canterbury happenings Sundays in the Concord Monitor. Deadline is noon every Wednesday. Email Lois at scribnerlois@gmail.com

Town Email List

Laura Crockford manages the Canterbury Town Email List. Join or submit by emailing canterburytownemail@gmail.com

Post Office

Hours: Mon.-Fri., 10 am to 5 pm (closed 12:30 to 1:30 pm); Sat., 8:30 am to noon; 783-4158

Stores

Canterbury Country Store: Mon.-Sat., 6:30 am to 6 pm; Sun., 8 am to 5 pm; 783-9933

Brookford Farm Store: 7 am to 7 pm daily; 783-4084

106 Beanstalk: 5 am until midnight daily; 783-4305

Services

Loudon Food Pantry: 30 Chichester Road, Unit D, Loudon. Intake by appointment only on Tuesday, Wednesday and Thursday. Office hours and donations accepted Tuesdays 10-6; Wednesdays 10-1; Thursdays 10-4; Fridays 10-1. For more information, go to loudonfoodpantry.org, email info@loudonfoodpantry.org or call Sue at 724-9731.

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call 783-0433 for non-emergencies. Concord police dispatch: 228-1010 for non-emergencies.

Fire Department: Call 783-4798 for non-emergencies. Email chief at canterburyfire@canterbury-nh.org

Elkins Public Library: Mon., 1 to 7 pm; Tues., 9 am to 6 pm; Wed. and Thurs., 9 am to 8 pm; Sat., 9 am to noon. 783-4386. elkinspubliclibrary.org

Town website:
canterbury-nh.org

Transfer Station: Wed., 4 to 6:45 pm; Sat., 8 am to 5:45 pm. Call 783-9980 or email transferstation@canterbury-nh.org

Town Clerk/Tax Collector: Mon. 9 am to 3 pm; Tue., 3 to 7 pm; Thur., noon to 7 pm. 783-0153. Emails: taxcollector@canterbury-nh.org townclerk@canterbury-nh.org

Selectmen's Office and Assessor's Office: Mon. and Wed., 9 am to 1 pm; Thur., 10 am to 2 pm; 783-9955. Emails: selectmen@canterbury-nh.org assessing@canterbury-nh.org

Town Administrator: 783-9955 kfolsom@canterbury-nh.org

Building Inspector: 783-9033 buildinginspector@canterbury-nh.org

Highway Dept: 783-4123 canterburyhighway@canterbury-nh.org

Monthly Meetings: All held at Meetinghouse.

- **Planning Board:** 2nd Tue., 7 pm; 4th Tue. as needed
- **Conservation Commission:** 2nd Mon., 7 pm
- **Selectmen:** 1st and 3rd Mon., 6 pm
- **Solid Waste Committee:** Next meeting Sept. 23.
- **Zoning Board:** As needed.
- **Energy Committee:** 1st Tues., 6 pm

Loudon Food Pantry

In March we gave out enough food to create 4,316 meals to 371 individuals. 111 of those were age 60 and older, 110 were age 18 or under and 150 were in between those ages.

Also, 1,866 meals (43%) went to Loudon; 1,124 (26%) went to Belmont; 675 (16%) to Canterbury; 582 (13%) to Epsom; and 69 (2%) to Chichester. The people we feed from Epsom were grandfathered in when Epsom opened their own pantry. We have not accepted any new Epsom people since.

May Needs

Donations of canned beets, canned spinach, breakfast cereal, healthy snack items, hearty soups and funds. We are in Huckleberry Business Park, 30 Chichester Rd., Loudon (across the parking lot from Loudon Garage).

We are open to accept donations on Tuesdays 10 to 6; Wednesdays 10 to 1; Thursdays 10 to 4 and Fridays 10 to 1. Go to LoudonFoodPantry.org for more information. Visit us on Facebook (LoudonFP).

Quaker Meetinghouse

Sing Your Heart Out

Saturday, May 4, 7 pm

Everyone is welcome to join a monthly "Sing Your Heart Out" singalong at the Quaker Meetinghouse, 11 Oxbow Pond Road. We choose songs from the Rise Up Singing songbooks and have plenty of them to share. Bring a friend, a small snack to share and be prepared to lift your heart as we lift our voices in song. Contact Ruth Heath 724-4343 with questions.

Invitation to Worship

Curious about Quakerism? Our core values are equality, simplicity, integrity, peace, community and environment stewardship. We believe the Divine exists in all of us and that we can all know and be known by God. Our worship is not programmed; we wait together in silence. Spoken messages may or may not arise as we each listen for God in our hearts. We seek to build a beloved community and support each other as we attempt to be faithful to God's will in the world.

You are welcome to attend any Sunday service. We are an open and affirming community! Singing begins at 10 am, followed by unprogrammed worship from 10:15 to 11:15 am. We have introductions and announcements that are followed by fellowship. We are especially delighted to welcome children; they have their own programming and join us at the end of worship. The teachers provide a loving environment for children to discover and experience the Inner Light while they encourage caring relationships with each other.

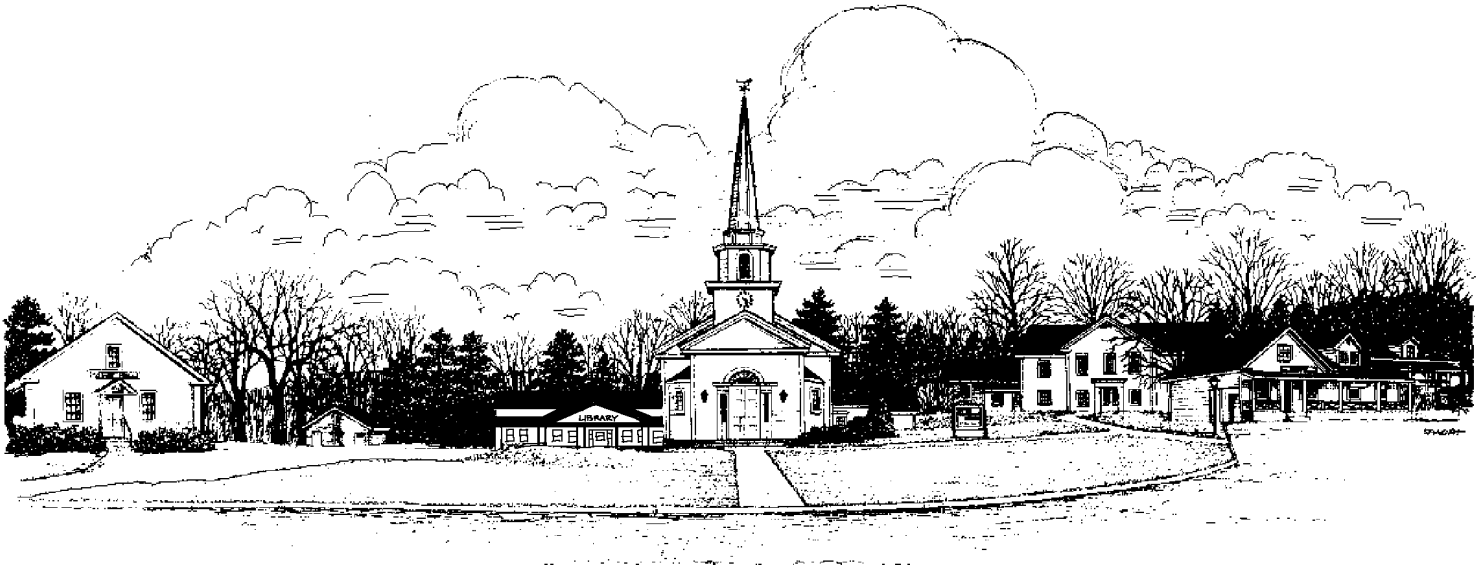
Come visit us some Sunday! We are at 11 Oxbow Pond Road. Learn more at www.ConcordFriendsMeeting.org.

CANTERBURY COMMUNITY NEWSLETTER

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Trail Notes: A good read brings ghosts of old hikes to mind

I recently finished reading *The Sun is a Compass* by Caroline Van Hemet, a new book at the library. I think it's my favorite wilderness adventure story. I've read a few. A young couple paddles, hikes, skis, climbs through 4,000 miles of Canadian and Alaskan wilderness. Needless to say they experience extreme fear from time to time: a bear which shows a high level of interest in eating them, near drownings, etc.

It made me think of my own experience of fear in relation to backpacking, especially as I needed to write this piece.

In my limited mountain biking experience I found fear of falling added spice to the activity. Not so with hiking. I make a special point to avoid danger. It's not always possible. Hence some memories:

I'm a weather forecast junkie, but as we all know, they're not always accurate. You plan to arrive at a cozy cabin before the storm does. It comes early – lashing wind driven rain, thrashing trees that seem to be about to blow over on you. A feeble headlamp with a fading battery. Will you even be able to find the cozy camp? When we finally reached the cabin my hiking friend, Ben, got sewing machine leg and collapsed into his sleeping bag. I got to eat both our dinners, and we got a good ghost story too. (There really are quite a few ghosts in the Whites.)

Now I look for multi-day forecasts of good weather before heading out. Yes, some of the best weather comes right after a major storm. Ben and I were rewarded and the next day dawned spectacular. As we climbed above treeline in the southern Presidentials we could see the crosses along the trails shining in the sun. Each indicated a fatality. They shone with ice that had built out into the wind the night before.

Thus a ghost story.

Another even more frightening incident occurred hiking after a rain. It was gradually clearing but the trail and rocks were still wet. Anne and I and our kids headed up through King Ravine. The floor of King Ravine has the largest jumble of house- and garage-sized boulders I've ever had to hike over. They were slippery wet. It was a long way down between them. Whew!

But as we were climbing up the side of the ravine on Chemin-des-Dames trail, after this ordeal, we were treated to the best peek-a-boo views ever. The wind was stripping away the fog, lifting and lowering the curtain on glimpses of the peaks above and the surrounding walls of the ravine.

Once we were out of the ravine we took the easiest trail back down.

~ Dave Emerson