

Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ March 2019

March in Town

Friday, March 1: Meet the Town Office Candidates Night, 6 pm. *Page 4.*

Saturday, March 2: Supervisors of the Checklist, Elkins Library. 11 am to 11:30 am. *Page 4.*

Saturday and Sunday, March 2-3: Cabin Fever Antique Mart, Town Hall, 10 am to 3 pm. *Page 8.*

Monday, March 4: 4-H meets, Parish House, 6:15 pm. *Page 6.*

Monday, March 11: New student registration week begins, CES, 9 am to 2:30 pm, *Page 5.*

Tuesday, March 12: Town and School District Voting Day, Town Hall, 7 am to 7 pm. *Page 4.*

Friday, March 15: Town Meeting, Canterbury Elementary School, 7 pm. *Page 4.*

Monday, March 18: Child Find Clinic, CES, 1 to 3 pm. *Page 5.*

Saturday and Sunday, March 23-4: Canterbury Maple Festival. 9 am to 4 pm. *Page 8.*

Thursday, March 28: Monster Concert, BHS. 7 pm. *Page 5.*

Thursday, March 28: Dewey School Open House, 3 to 5 pm. *Page 5.*

Friday and Saturday, March 29-30: BMS theater production 'Yearbook,' BMS gym. 6 pm. *Page 5.*

Saturday, March 30: Legislative Listening Session, Meeting House. 10 to 11:30 am. *Page 8.*

From the Pastor

Greetings Canterburyans,

Sometimes an amusing story is just the thing to put things in perspective. At our worship service last Sunday as part of my reflection I shared an old story I read many years ago. I share it now with you as well. I hope it warms your hearts on these still-hanging-on days of winter.

There is an old tale shared among certain Russian rabbis that goes something like this:

In Krakov there lived a man named Isaac, son of Yekel, a very poor man whose family was often hungry. One night in a dream, he saw the distant city of Prague, noticing there a certain bridge with a treasure buried beneath it. The dream was so vivid that he could not forget it, especially when it kept recurring every night for two weeks. Finally, in order to get rid of the dream, he decided to walk from Krakov to Prague to see for himself.

After several days, he arrived in Prague, and surprisingly found the bridge of his dream and went underneath to locate the treasure. Suddenly, a soldier grabbed him and started questioning him. What was he doing prowling under the bridge? Being an innocent man, he told the truth. He was looking for a treasure he had dreamed was underneath the bridge.

The soldier roared with laughter. "You stupid man! Don't you know that you cannot trust what you see in dreams? Why, for the last two weeks, I myself dreamed that far away in Krakov in the house of a man named Isaac, son of Yekel, there is a treasure buried underneath the stove in his kitchen. But wouldn't it be the most idiotic thing in the world if I were to go all the way there to look for it? One could waste a lifetime looking for treasure that does not exist." Still laughing, the soldier gave Isaac a kick and let him go.

So Isaac, son of Yekel, walked back to Krakov, to his own home, where he moved the stove in his kitchen, found the treasure buried there and lived to a ripe old age as a rich man. (Belden C. Lane, *Christian Century*, Dec. 16, 1981)

God's Peace,
Pastor Sara



Pastor Sara and CUCC are here for all of you. Contact us by email at mycanterburychurch@gmail.com or call 783-9365.

Worship with us!

- * **Sunday services at 10 am**
- * **Children's time**
- * **Coffee hour**

The Annual Meeting of the Canterbury United Community Church will take place following worship at approximately 11:30 on March 10 in the Parish House. Immediately following the business session of the meeting, the CUCC Pastoral Search Committee will hold a brief discussion/question-and-answer session and distribute a survey to the congregation.

Classifieds Ads

THE EDWARDS CPA GROUP, P.C. — Are you a small business owner? We are a local full service firm and we don't just crunch numbers. We are progressive to help you and your family plan for the future. IRS Tax Relief specialists. Quickbooks Advisors. Give us a call! Like us on Facebook! info@edwardscpagroup.com, call Kim Edwards at 286-8000, or visit www.EdwardsCPAGroup.com

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do." Bathrooms, Kitchens, Additions & more. Aging-in-place specialists. Certified Green Professional. Jim Higgins, 226-0212, www.gulfbrook.com.

"SHE'S HANDY" ... Tending to your small jobs. Helping others age or recuperate at home. Your to-do list. Care-taking property, painting, carpentry, etc. Insured. 20+ years exp. Donna Bond. 603-724-5838. drbond1@comcast.net

MAQ DESIGN — Offering quality custom upholstery, slipcovers that fit, and artisan window treatments. Where Quality Counts and Details Make the Difference! By appointment. maryann@maqdesign.net, 783-9640, maqdesign.net.

CENTRAL ENERGY, LLC When was your furnace cleaned last? Central Energy, LLC, "celebrating 85 years in business." Offering ductless A/C systems, traditional A/C installations and service, as well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at www.centralenergy1.com.

ORGANIC MAPLE SYRUP Delicious maple syrup, a good local sweetener with some health benefits and a great tradition on those Sunday pancakes. Works well as a sweetener in any recipe. Go to our website for info and recipes, northfamilyfarm.com; call Jill or Tim, 783-4712, to pick up; or see us at the farmers market!

THE DEWEY SCHOOL at the Canterbury Shaker Village is pleased to welcome children ages 3-5 to nature-based, Reggio inspired early learning! Coming FALL 2019. www.deweyschool.net. Now enrolling.

CANTERBURY CENTER BED AND BREAKFAST "Where History meets Hospitality." 4 guest rooms open for visitors during the winter. See ccbnbnh.com or email scribnerlois@gmail.com or call 603-783-0206.

GUITAR LESSONS AT YOUR HOME OR MINE — Canterbury area. All ages, all styles of music. Berklee/New England Conservatory alum. Tony. 603-475-3471 tonyz84@aol.com

RIVERLAND B&B Riverland, a cozy, family-friendly B&B on the Concord-Canterbury line, is accepting 2019 reservations. Send us your tired, your hungry, your out-of-town relatives. www.riverlandonthemerrimack.com. 603-562-6059.

PEABODY HOME, a not-for-profit private home offers many different care options for elders including day care, assisted

CANTERBURY KIDS LEARNING CENTER is in search of new ownership. Located in the Parish Hall at



Canterbury Center we are a NH State Licensed group childcare facility, preschool program, and afterschool program with an on-site capacity of 22 students (2yrs 11 months - 12yrs). Within easy walking distance of the

elementary school, playground and athletic fields, town library, pond, and numerous historic buildings, opportunities abound for interactive and integrated educational experiences. The center includes 3 fully furnished classrooms, stocked with supplies and curriculum resources for a multitude of projects and educational programming. A dedicated office, washroom, and abundant storage as well as a large fenced partially shaded yard equipped with a play structure along with grassy and sandy play areas. Use of a large reception hall for indoor gross motor play and a commercial kitchen round out the space available for special projects and in inclement weather.

Parties interested in this exciting small business opportunity, please contact Melinda Tonkin by phone at 603-783-4370 or email canterburykidslc@gmail.com for more information.

living, nursing and "respite" care. A nurse is present in the building 24hrs a day/seven days a week Visit our home (24 Peabody Place, Franklin) and/or website to learn more about the "Peabody Home difference" https://www.peabodyhome.org

MAGOON TREE Residential tree service. Snow removal, 70' bucket truck, 12" chipping, skid steer service, stump grinding. Fully insured. Brian Magoon, 496-6835. magoontree.com.

NEXT LEVEL AUTOMOTIVE, 320 Dover Road #11, Chichester — Maintenance and repairs, all makes/models. Small shop integrity, BIG on quality service and reasonable rates. Five-star Facebook rating! (603) 832-8584.

TAMMY'S CLEANING SERVICES -- Cleaning, weekly or biweekly needs? Tammy's Cleaning can help. We get at all those hard-to-reach places! Reasonable rates, fully insured, and lots of long-term references available too. Privacy and security is foremost in our business. Call or text 545-7903 or email tammy@maidforyounh.com.

BODY & SPIRIT DAY SPA located in Concord provides the finest pampering to make the best version of you. We offer manicures, pedicures, facials, massage, and spa packages at reasonable pricing so you can fully relax, renew, and rejuvenate. Check out the complete list of services and purchase online gift certificates at bodyandspiritdayspa.com and call 603-226-4261 to schedule your appointment.

News About the Newsletter

New ad rates for April edition ...

If it seems like years since you've seen a note in the newsletter announcing higher ad rates, that's because it has been years! But it's time.

The newsletter is mailed to every household in town, and mailing costs just went up. Although donations to support the newsletter have increased (thank you!), our costs were already several thousand dollars more than our income. The Canterbury United Community Church -- which publishes the newsletter in service to the town -- makes up the difference. We're glad to do that, but it's getting harder. The only costs for the newsletter are printing and mailing. We (and our predecessor editors) donate our time. So ...

Advertisers who have already reserved ad space for some number of future editions and sent in their check -- as most have -- won't see any change until that reservation runs out. If you paid for a year's worth of ads at \$7 per ad, for example, you're good until that year is out.

But as of the April edition, for any new ads and for any renewals going forward, the new rates are:

- \$10 for a 30-word classified ad
- \$20 for a 60-word classified ad

Plus we're introducing a new ad size:

— \$50 for a 150-word business ad. (*That amounts to a quarter page, with room to add a logo. You can see an example on Page 2 -- the Canterbury Kids Learning Center.*)

As before, the deadline for ads is the 16th of each month for publication in the following issue. The ad should be emailed to newslettercanterbury@gmail.com. Mail payment to CUCC, PO Box 216, Canterbury, NH, 03224.

... and a new ad policy under consideration

For some time now there's been a need to clarify what's a paid ad and what's not. We want to give everyone an opportunity to weigh in before putting a policy in place -- but here's what we're thinking so far:

- Event notices for nonprofits or town and school organizations run free
- Business notices run free if there is no admission fee
- Business notices are treated as ads subject to the above rates if there is an admission fee

Got thoughts on this topic? Please email us at newslettercanterbury@gmail.com by March 16. We'll update you on our thinking in the April issue. Thank you for your submissions and support!

~ Mark and Brenda Travis

Get Involved!

Come sell or volunteer at the Farmers Market

There might still be snow on the ground, but the Board of the farmers market is already planting the seeds for a great 2019 market season!

Look for us at Town Meeting, Friday, March 15. We will be accepting new and renewing memberships at that time. We love to hear your ideas and suggestions. As always, we rely on, and appreciate, the help from our friends and neighbors. With your support, this is the 13th year of the Market!!



Attention vendors! We are always interested to hear from local farms and businesses who would like to

sell at the Market. This year we are particularly interested in prepared food vendors! If you are, or if you know of, a vendor who would like to join us, please go to www.ccfma.net or to the Market Facebook page and follow the link to the 2019 Vendor Application. If you have questions, please email our Julie Dewdney at canterburyfarmersmarket@gmail.com.

Looking for volunteers! It takes many hands to lighten the work of setting up and taking down the Market each week during the summer. If you would like to join our merry band of tent poppers, cooler carriers, and sign setter-outers please stop by the Market table at Town Meeting, or send us an email at canterburyfarmersmarket@gmail.com. Thanks in advance!

Pitch in on this year's Canterbury Fair

Canterbury Fair is coming! Last Saturday in July, as usual. The 27th this year. If you are curious, want to get involved, meet some great people and help a great cause, we meet the second Wednesday of each month, starting April 10, at 7 pm in the Parish House. Any questions, call Rick at 496-2255 or email rcrockford@laconiaschools.org Hope to see you there!

~ Rick Crockford and Bob Drew

Clean roadsides make everyone happy

It's that time again, time to pick up the litter along our roadsides across Canterbury. The annual Townwide Roadside Cleanup is happening again next month, on Saturday, April 20, Earth Day Weekend! There will be more details in next month's newsletter, but at the request of the Transfer Station staff, there will be some new procedures associated with this volunteer event. So if you've been picking up litter under the radar, you'll want to make sure you know what the new rules are. And the best way to do that is to sign up for your favorite stretch of road by contacting Patrice Rasche at mattieandriley@yahoo.com or 783-9360.

The blue bags specially designated for use in the roadside cleanup can be picked up at the Transfer Station.

It's March. And That Means ... Town Meeting!

Budget, articles, ballot on town website

The 2019 proposed budget, warrant articles and sample ballots are on the town website at Canterbury-nh.org. There are two zoning amendments this year: one regarding Overlay District Regulations and the other regarding Accessory Dwelling Units.

There will be a **"Meet the Candidates" meeting** on Friday, March 1, at the Town Hall at 6 pm. Come and meet the candidates that are running for town elections.

The 1st session of **Town Meeting**, which includes School District voting, is Tuesday, March 12, at the Town Hall from 7 am to 7 pm. The 2nd session is on Friday, March 15, at Canterbury Elementary School at 7 pm.

The **Town Report** was sent to the printers and should be available soon. Thank you to the Board of Selectmen and the staff at the town office for all the hard work that goes into putting the report together.

April 1 is the start of the new tax year. The Assessor will visit properties that have recently been issued building permits or verifying previous construction projects.

April 15 is the last day to file for any property tax exemptions and or credits. It is also the last day to file any new current use applications.

~ Ken Folsom, Town Administrator

Register to Vote with Supervisors of Checklist

The Supervisors of the Checklist will be in session at Elkins Public Library in Canterbury Center from 11 am to 11:30 am on Saturday, March 2, to make additions and corrections to the checklist for town and school district elections. No additions or corrections shall be made to the checklist after this session until election day. New voters may register on election day, March 12, during voting hours from 7 am to 7 pm at the Town Hall.

No one may vote at Town Meeting, March 15, unless they are on the checklist on election day, March 12.

~ Brenda Murray, Mary Ann Winograd and Denise Sojka



Got a dog? It's license tag time

From the Office of the **Town Clerk: Tax Collector:**

2019 Dog License Tags are now available. Your dog(s) must be current with their rabies vaccinations in order to receive a new license. Please bring with you vaccination information if you think your records may not be up to date. All dogs!

A reminder to all owners of vehicles registered in Canterbury: Your vehicle registration belongs with your license plates. If you plan to transfer plates from a vehicle to another vehicle, DMV requires your old, current registration be handed in at the time of the transfer transaction. Please remember to bring it with you. No dealership (or private sale owner) should keep your registration. Again, we can only receive cash or check payments at the Town Office.

The swearing in of ALL newly elected officials will take place at the close of Town Meeting Friday evening, March 15.

Canterbury Fire and Rescue

National Poison Prevention Week is observed the third week in March each year (March 17-23, 2019). The goal of the program is to improve awareness of the hazards and risks of being poisoned by products in and around the home. Being aware of some of the hazards will hopefully reduce the preventable poisonings.

Our regional poison control center, Northern New England Poison Control (NNECP), is in Portland, Maine, and serves Massachusetts, New Hampshire and Vermont. Statistics from 2018 show they had over 10,000 cases for New Hampshire alone -- 8,995 were for human exposures. In discussing prevention strategies with their staff, a few key items were suggested to minimize our risks.

Keep products in their original containers. Every year we receive dozens of calls about people accidentally drinking automotive products that were placed in drink bottles. Always put products away as soon as you are done using them to prevent poisonings among young children.

Not following directions and proper doses with medicines. Therapeutic errors occurred in all age groups, but with increasing frequency in older patients.

Carbon monoxide poisoning continues to be an issue and is easily preventable with proper detection equipment. All heating appliances should be properly vented. Never run a generator near your home. A CO detector should be on every level of your house and outside every sleeping area.

Poison Control NNECP Phone: **1-800-222-1222**.

~ Guy Newbery, Fire Chief

March is for School District Voting, Too

Please turn out to vote

Voting on the **Shaker Regional School District budget** will take place on March 12 at the Town Hall in Canterbury and at Belmont High School in Belmont. A copy of the 2019-2020 budget can be found on the district website, www.sau80.org, under Proposed 2019-2020 Deliberative Session Budget Book.

This year there are two open school board seats, one in Belmont and one in Canterbury. Residents from both towns can vote for all open school board positions.

There will be same-day registration on March 12 and the polls will be open from 7 am to 7 pm. Individuals who qualify for absentee voting may contact Stacy Kruger, District Clerk, at 603-267-9223, ext. 5314.

Belmont Middle School

'Yearbook' Show Tells the Good School Story

Belmont Middle School presents the theatre production Yearbook on Friday, March 29, and Saturday, March 30, at 6 pm in the BMS gymnasium. Tickets \$5, 3 and under free.

Written to counteract the barrage of negative stories about youth saturating the news today, Yearbook is a positive play about the humor, determination and caring that exists in every school.

Making a Safer School

BMS recently had the the privilege of hosting the performer "Jedlie" with Canterbury fifth-graders as our guests.

Jedlie is one of the nation's most exciting school performers. Our students were captivated by his storytelling, comedy, music, dance, and most awed by his illusions. Jedlie motivated our students by encouraging them to make healthy choices,

stand up for one another and continue to make our school safe for each other. If given the opportunity again, we would welcome him back.

Yearbooks Are On Sale Now



See your home/chrome room teacher for an order form. The cost is \$16. Pre-orders will be accepted until June 7th All orders after that will be filled on a first come first serve basis.

~ Jan Cote

Canterbury Elementary School

Registration of new students for the 2019-2020 school year will take place during the week of

March 11 from 9 am to 2:30 pm. A copy of a birth certificate, immunization records and proof of residency are required for registration. Incoming kindergarteners must be 5 years old as of Sept. 30, 2019, and children registering for first grade must be 6 years old as of Sept. 30, 2019. Students who have attended kindergarten in the district do not need to register for grade 1. There will be a **Parent Information Night** on Wednesday, May 22, at 6 pm. Please call the school (783-9944) if you have any questions concerning registration.

This year's "**Monster Concert**" will be held on Thursday, March 28, at Belmont High in the school gymnasium. Music director Carlos Martinez will lead the district's beginning bands and High School music director Lauren Fountain will conduct the middle and high school bands. The CES beginner and second year band will be performing. The program will begin at 7 pm.

A "**Child Find Clinic**," sponsored by the School District, will be held on Monday, March 18, from 1 pm until 3 pm at Canterbury Elementary School. This assessment service is for children ages 2½ through 5 who are not enrolled in a public school program and may have a disability or a developmental delay. The screening and evaluation (if necessary) are free. Required appointments can be made by calling 267-9222.

~ Mary Morrison, principal

Congratulations to Sophie!

Sophie Burgess-Dunn, daughter of Chris Burgess and Katie Dunn, was named to the UNH Deans' List for the fall semester. A 2018 graduate of the Tilton School,

Sophie is a freshman at UNH, where she was also selected to participate on the UNH International Connect Team and received a Deans' Scholarship recognizing her academic success in high school.

Dewey School Open House



The Dewey School welcomes children ages 3-5 and their families to a March 28 open house. The school is located at the Canterbury Shaker Village. Stop in any time from 3-5 pm.

Learn more at www.deweyschool.net, @thedeweyschoolcsv on Instagram or phone 603-731-8091.

Another Lively Month at Elkins Public Library

The Library Trustees will meet on Monday, March 11, at 7.

ROCK N' READ is a music and movement program for babies and toddlers. Come join the fun on Tuesday, March 12 and 26, at 10. Stay for an age appropriate craft after the program.

STORY HOUR on Tuesday, March 5 and March 19, at 10. Each story hour includes songs, a book, a five-minute dance party and activity! Birth to 7-year-olds welcome!

LEGO CLUB: Come create! Tuesday, March 5 and 19, from 4 to 5. This is a "drop in" club that requires no sign up. This is a time for parents and children to play together.

1000 BOOKS BEFORE KINDERGARTEN: Read with your big person, complete the chart we provide showing the 100 books read and turn it in to Mrs. Baker for a prize!

OMBBC (Old Man Boring Book Club) You don't have to be male, boring or old! Join the group on Thursday, March 7, at 7 pm to share the books you have recently enjoyed.

BOOK GROUP meets Tuesday, March 19, at 7 to discuss *The Light Keeper's Daughter* by Jean Pendziwol. Copies are available at the library.

RUG BRAIDING! Kate Goegel's next beginner rug braiding session begins on Tuesday, March 5, and continues through April 9 from 1 to 3. The cost for the material to make an oval mat is \$14. You will need grey or tan thread, a needle and scissors. Please contact the library at 783-4386 if you are able to commit to all 6 weeks. Sign up required.

THE ZEN OF ADULT COLORING: Every Thursday at 1:30. Choose from our varied designs while enjoying refreshments,



Your eyes don't deceive you! They're adults and they're coloring and they're having a great time. Maybe you should join them!

music and a friendly group as you color with colored pencils and gel pens.

THE KNITTING GROUP continues the first Wednesday of the month and subsequent Thursdays at 6:30 pm by the fireplace.

Download audio books, e-books & magazines! Check out the website <http://nh.lib.overdrive.com> for more details and then contact the library if you would like to register for this service and receive the code required.

For detailed information about Elkins Public Library programs and schedule of events, go to www.elkinspubliclibrary.org or find us on Facebook.

4-H Spring Plant Sale Coming Up!



The sale pretty much proves it: Spring is coming!

Our last meeting was on Feb. 4 at 6:15 in the Parish House. On March 9 we will have **Presentation Day** at Merrimack Valley High School. Members have a choice to participate in Posters, Demonstration, Public speaking, Food Show, Grilled Cheese Challenge, Photography, Action Exhibits, or Flix Videos.

Upcoming projects are: Llama Workshop, Outdoor education, Ice fishing, Candle Making, Winter Tree Identification, and the County Garden Clinic.

Thank you to all those who participated in our Fish and Game Calendar and candy bar fundraisers! Our next fundraiser is the Merrimack County Leader's Association **Spring Plant Sale**. Consider purchasing a hanging basket or window box.

The next meeting is on March 4 with snack at 6:15 and the meeting starting at 6:30 in the Parish House. If you want to know more contact Laura Crockford at canterburyscals4h@gmail.com.

Did Someone Mention Canterbury History?

Talks explore Shaker Village past

Shaker Spotlights are lectures for Village members highlighting different Shaker topics. Each program will begin at 10:30 am in the Hubbard Education Center and will be preceded by fellowship and light refreshment from 10 am-10:30 am.



Shaker Spotlight: Carolyn Smith & Richard Dabrowski
March 7, 10 am

Beginning about 1850, millions of paper stereographs mounted on flat cards were produced throughout the world. Carolyn Smith, President of the Board of Trustees of the Enfield Shaker Museum, and Richard Dabrowski, President of Shaker Workshops, will share their research into Canterbury's stereographs and the photographers who created these images.

Shaker Spotlight: Laura Smith
March 20, 10 am

From 1907 until 1912, the girls and young sisters at Canterbury published *The Enterprise*, a monthly publication featuring fictionalized narratives of village life, poetry, and other literary content. Laura Smith, Senior Lecturer in English at UNH, will discuss how the sisters used the publication to create a vibrant community even as the future of Shakerism was beginning to look bleak.

Shaker Spotlight: Bradford Cook
April 4, 10 am

Beginning in the 1950s, Canterbury Shaker Village slowly transitioned from an active religious community into a museum. Bradford Cook, a member of the Village's Board of Trustees, will share his remembrances of these formative museum years and the Shaker sisters who encouraged and supported the Village's preservation.

There's Still Room for More Treasures in Historical Society's Archive Collection

The Historical Society has the responsibility for identifying, documenting, storing, preserving and making accessible objects and materials contained in our Archive Collection. The collection is extensive and consists of literally thousands of objects ranging from Canterbury's earliest days to the present. The collection is located in the Elkins Library building in the section built by the town for the express purpose of housing the Archive. The space consists of a meeting/work room and a separate Archive storage area which is thermostatically and humidity controlled to protect the collection.

We continue to add to the Collection and from time to time will report items recently accepted into the Collection by the Society's trustees. Here are some:

1. Several **Canterbury Women's Club Scrapbooks** from the 1960's – Gift of the town of Canterbury
2. **Blanchard Family** papers, photographs, receipts, letters, newspaper clippings – Gift of Donald Blanchard
3. Randall Portraits of **Miles and Eliza Randall** (original owners of Priscilla Lockwood's home) – Gift of Priscilla Lockwood
4. **"Four Seasons of the Canterbury Country Store"** – a 1998 piece of artwork depicting the store in four seasons -- Gift of Bob Summer family and Kent Ruesswick
5. **Architectural Plans** by Norman Prescott Randlett of the Congregational Church (in the Center) dating from 1948 (replaced the church burned in 1943 fire) -- pending Trustee acceptance – gift of the Congregational Church

If you or your family have journals, pictures, letters, or other items you would like to have the Society consider for inclusion in our Archive please contact Sam Papps, our archivist, or any Society trustee.

Trail Notes: The Old Depot Road

By Mark Stevens

Before the interstate highway was built, the railroad was the lifeline that connected Canterbury to the outside world. As many as 29 trains a day went through town moving freight around and picking up and dropping off passengers at three Canterbury depot stations.

The northernmost depot station was actually located just over the town line in Northfield, but train tickets sometimes



You bet there's more to this story! Go to Page 10!

The past is always present in Canterbury's woods.

Around Our Active Community

Canterbury Maple Festival

March 23-24

Start the morning off with a fresh hot breakfast at Shaker Village, and stay for the free exhibits and demonstrations by North Family Farm. After, take a driving tour around town and visit Lamb's Maple Syrup and Hill's Corner Sugar Shack where visitors can view maple syrup being made, taste warm syrup, and sugar on snow. Stop in at Fox Country Smokehouse, Canterbury Aleworks, and Cold Garden Spirits to taste local food and beverages.

As you make your way over to the west side of town stop in at Brookford Farm to see the farm animals and discover their maple yogurt. Hungry? A freshly made maple themed lunch and dinner awaits you at Canterbury Woods Country Club before settling in for a cozy evening of warm hospitality at a cabin in the woods, or one of the beautiful Air BnBs and bed and breakfasts in town.

Visit our website to download a free brochure, map and itinerary. Check our website for meal menus and prices.

CanterburyMapleFestival.com

Hours 9-4 p.m. both days

Participants Include:

- Canterbury Shaker Village
- North Family Farm
- Lamb's Maple Syrup
- Hill's Corner Sugar Shack
- Canterbury AleWorks
- Cold Garden Spirits
- Fox Country Smoke House LLC
- Brookford Farm
- Canterbury Woods Country Club
- Canterbury Center Bed & Breakfast
- Tiny Earth Cabin AirBnB
- Canterbury Farmhouse Getaway AirBnB

Additional details! The **pancake breakfast** at the Shaker Village is \$20 donation per family. Saturday and Sunday from 9 to 11.

Saturday only the village will host Tim Fleury from Cooperative Extension at 11 am for **how-to talk on sugaring**. This workshop is for first timers and beginner sugar makers having less than 75 taps. Also on Saturday and Sunday, from 11 am to 3 pm, join **Tim Meeh and Jill McCullough** of North Family Farm to learn about their maple production and watch a maple candy making demonstration!

Free exercise classes at the Parish Hall

Strength and stretch classes continue to meet from 9 to 10 am on Monday and Friday mornings at the Parish Hall in the Town Center. All are welcome to participate and classes are free. Exercises are modified for those who need to use a chair. There are a few weights available for use during class, but one needs to bring a mat and a small pillow or towel. Instructions are provided for each exercise with an emphasis on form and not speed.

A Wednesday morning class has been added at the same time (9 to 10 at the Parish Hall) with that class having an emphasis on stretching and flexibility. Stretching Exercises follow the Active Isolated Stretching methods introduced by Aaron Mattes, which involve repetitive, specific stretching with a 2-second hold.

Again, this class is free and you need not attend the other classes to take part in this one. Please bring a mat, a small pillow or towel, and a non-stretchy cloth belt approximately 5-6 feet long for this class.

If you need further information, contact Judy Nelson at (Home) 783-9658 or (Cell) 493-4207.

Legislative Listening Session

State Reps. **Howard Moffett** and **George Sauderson** (serving Merrimack District 9, Canterbury and Loudon) and **Howard Pearl** (representing Merrimack District 26, which includes Loudon, Canterbury, Boscawen, Northfield, and Franklin Ward 3) invite all interested Canterbury residents to a non-partisan "Legislative Listening Session" on Saturday, March 30, from 10 to 11:30 am at the Meeting House next to the Library.

This will be Canterbury's first legislative listening session during the 2019-20 term of the State Legislature. It comes just before the April 4 "Crossover" deadline for the State House of Representatives to act on non-budget bills going to the State Senate and the April 11 Crossover deadline for budget bills. It will be an opportunity for your state legislators to hear your views on pending and proposed legislation that must pass both chambers in order to go to the Governor's desk for his signature or veto, and for you to hold your state legislators accountable for their votes on legislation passed (or defeated) by the House during this first half of the 2019 legislative session.

Coffee and donuts will be served. Please mark your calendars for March 30, and plan to come for any or all of the meeting at the Meeting House. We look forward to seeing you there.

Cabin Fever Antique Mart

Town Hall, Saturday and Sunday, March 2-3, from 10 to 3 each day. There's no admission fee, plenty of parking, and the building is handicap-accessible.

Canterbury United Community Church

Office hours: Tues., Wed., Thurs. mornings. Call first. 783-9365.
mycanterburychurch@gmail.com

Parish House: Call Judy Patterson to reserve, 783-4419

Online: canterburychurch.org
facebook.com/
MyCanterburyChurch

Newsletter: Deadline is 16th of month before publication.
Editors: Mark and Brenda Travis, 783-0420, or email
newslettercanterbury@gmail.com

Canterbury Fair:
twitter.com/CanterburyFair
facebook.com/CanterburyFair

Town Crier

Lois Scribner posts Canterbury happenings Sundays in the Concord Monitor. Deadline is noon every Wednesday. Email Lois at scribnerlois@gmail.com

Town Email List

Laura Crockford manages the Canterbury Town Email List. Join or submit by emailing
canterburytownemail@gmail.com

Post Office

Hours: Mon.-Fri., 10 am to 5 pm (closed 12:30 to 1:30 pm);
Sat., 8:30 am to noon; 783-4158

Stores

Canterbury Country Store: Mon.-Sat., 6:30 am to 6 pm; Sun., 8 am to 5 pm; 783-9933

Brookford Farm Store: 7 am to 7 pm daily; 783-4084

106 Beanstalk: 5 am until midnight daily; 783-4305

Services

Loudon Food Pantry: 30 Chichester Road, Unit D, Loudon. Intake by appointment only on Tuesday, Wednesday and Thursday. Office hours and donations accepted Tuesdays 10-6; Wednesdays 10-1; Thursdays 10-4; Fridays 10-1. For more information, go to loudonfoodpantry.org, email info@loudonfoodpantry.org or call Sue at 724-9731.

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call 783-0433 for non-emergencies. Concord police dispatch: 228-1010 for non-emergencies.

Fire Department: Call 783-4798 for non-emergencies. Email chief at canterburyfire@canterbury-nh.org

Elkins Public Library: Mon., 1 to 7 pm; Tues., 9 am to 6 pm; Wed. and Thurs., 9 am to 8 pm; Sat., 9 am to noon. 783-4386. elkinspubliclibrary.org

Town website:
canterbury-nh.org

Transfer Station: Wed., 4 to 6:45 pm; Sat., 8 am to 5:45 pm. Call 783-9980 or email transferstation@canterbury-nh.org

Town Clerk/Tax Collector: Mon. 9 am to 3 pm; Tue., 3 to 7 pm; Thur., noon to 7 pm. 783-0153. Emails: taxcollector@canterbury-nh.org townclerk@canterbury-nh.org

Selectmen's Office and Assessor's Office: Mon. and Wed., 9 am to 1 pm; Thur., 10 am to 2 pm; 783-9955. Emails: selectmen@canterbury-nh.org assessing@canterbury-nh.org

Town Administrator: 783-9955 kfolsom@canterbury-nh.org

Building Inspector: 783-9033 buildinginspector@canterbury-nh.org

Highway Dept: 783-4123 canterburyhighway@canterbury-nh.org

Monthly Meetings: All held at Meetinghouse.
- **Planning Board:** 2nd Tue., 7 pm; 4th Tue. as needed
- **Conservation Commission:** 2nd Mon., 7 pm
- **Selectmen:** 1st and 3rd Mon., 6 pm
- **Solid Waste Committee:** 4th Mon., 6 pm
- **Zoning Board:** As needed.
- **Energy Committee:** 1st Tues., 6 pm

A donation in memory of Linda Burrowes

A donation was made to support this month's newsletter publication in memory of Linda Burrowes, wife of former pastor Mel Burrowes. Linda was a major contributor to the community spirit of Canterbury which makes this such a special place for us all.

Loudon Food Pantry

January numbers

In January we gave out enough food to create 2,682 meals to 219 individuals. 56 of those were age 60 and older, 76 were age 18 or under and 87 were in between those ages. These figures were just a partial month because of inventory.



What is Food Insecurity?

The U.S. Department of Agriculture (USDA) defines food insecurity as a lack of consistent access to enough food for an active, healthy life.

What is Hunger?

Hunger is an actual physical sensation or discomfort.

What are the Effects of Food Insecurity?

— Serious health complications, especially when people facing hunger are forced to choose between spending money on food and medicine or medical care;

— Damage to a child's ability to learn and grow; and

— Difficult decisions for seniors – often living on fixed incomes – such as choosing between paying for food and critical healthcare.

Do you need food? Let us help!

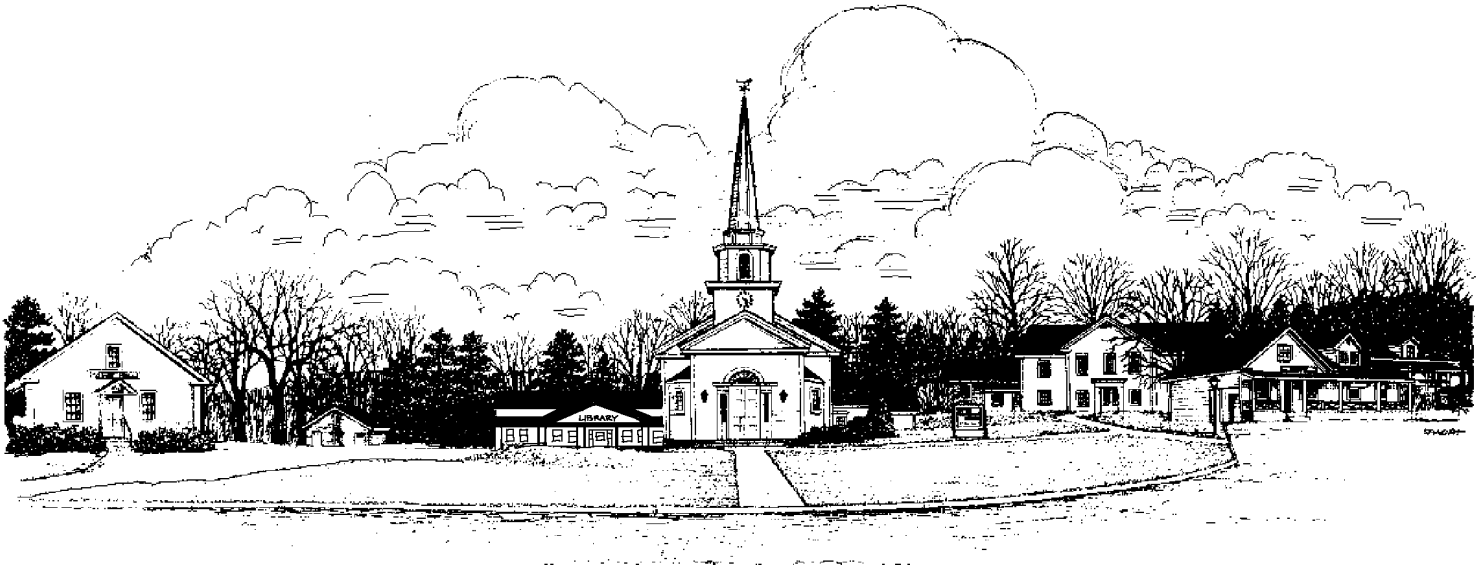
If you live in Belmont, Canterbury, Chichester or Loudon, we can help! Go to loudonfoodpantry.org or call Sue at 724-9731 to find out if you qualify. If you do, we will make an appointment for you to receive food. You can come in as often as once per week!

CANTERBURY COMMUNITY NEWSLETTER

Published by:
Canterbury United Community Church
5 Center Road
PO Box 216
Canterbury, NH 03224

**Carrier Route Pre-Sort
Canterbury, NH 03224**

Non-Profit Org.
US Postage Paid
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Trail Notes ... Continued from Page 4

... called it the "North Canterbury" station. The importance of these three railroad stations meant that all east-west running roads in town eventually led to one of the depot stations.

When Interstate 93 was constructed in a north-south direction through Canterbury, it severed most of these east-west roads. In some places the severed roads became dead end roads (Rum Brook Road, Battis Crossing Road, Sawyers Ferry Road). Other severed roads were re-routed to connect into other roads(Boyce Road to Hoit Road), and a few severed roads were voted to be discontinued by the town (Old Schoolhouse Road, Depot Road and Lambert Road).

Portions of Old Schoolhouse Road now serve as driveway access to private residences. Lambert Road is now a driveway access to the backside of the Canterbury Rest Stop on I-93 northbound.

Old Depot Road, which used to lead to the North Canterbury Station, has been unused and unmaintained for years and has grown up into woods largely forgotten. For the discerning woodswalker the old road is still findable however.

Depot Road used to originate at an intersection with Northwest Road (NH Route 132) near the Parkinson Manse. One of Canterbury's one-room schoolhouses used to sit in this intersection, but now both the intersection and the school

building are gone and unless someone pointed out the location to you, you'd likely drive by and never notice where the beginning of the old Depot Road was.

To hike this old road, drive a short distance down Rum Brook Road and park off the side of the road in the woods behind the house formerly owned by Canterbury stalwart Harry Lamprey. Near where you will likely park there is an old cellar hole on private property. Take only pictures and stay off posted private property.

Head out in a northwesterly direction following old wheel rut topography and intermittent stonewalls paralleling the old road. About 1,500 feet in from where you parked, on the easterly side of the old road on a slight rising knoll is a small old family graveyard. I count four discernable depressions that are likely graves, perhaps there are more. Three of the four graves have no headstone only an upright fieldstone rock. The fourth grave has a broken white marble headstone that reads BETSEY.

If you continue northwesterly beyond the burying ground, in another 1,000 feet you'll bump into the interstate right of way fencing, but can observe where in the days before I-93 the old road continued on through to the railroad depot. You can't cross over the interstate so you'll need to turn around and walk the half mile back to your car, and if your timing is good, you might hear a distant train whistle blow.

(Thanks again to Mark Stevens for this!)