

Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ April 2021

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From the Pastor

Greetings Canterbury Neighbors!

I'm so glad to finally be offering a Happy Spring greeting to you! As the crocuses and daffodils begin to emerge from the early spring ground so too does hope for better days, even if that's just more recreational breaks from indoor distancing. This month's issue of our community newsletter certainly bears witness to the emergence of those sorts of spring possibilities of enjoying the outdoors more at this time of year. I invite you to take a look at what's going on in town and find enjoyable and safe ways to emerge a bit yourselves along with those daffodils.

No matter who you are, or where you find yourself on life's journey you are always welcome to be a part of our church community at CUCC! We invite you to explore our faith community that seeks to be a vital part of, and a source of strength to the broader community we share (even as we continue to weather this pandemic storm online).

At CUCC we seek to extend our spiritual horizons, open our hearts to welcome all who seek a church home, and to put the Good News message of God's love into practice in our lives, one day at a time. CUCC is being strengthened by our efforts to act within the spirit of Christianity against the prejudices and injustices that prevail in much of society today. We seek to represent the diversity of neighbors who live in our community, being enriched in our spiritual and communal lives by sharing our individual journeys together.

Given the continuing need for indoor distancing and the church's limited space, CUCC will continue to offer our worship and most other activities via podcast or zoom during the spring months. We anticipate we may be able to offer a few outdoor gatherings in the summer as we continue to assess our ability to carry out such gatherings safely.

If you would like to be added to our email list to receive notices about ongoing and emerging programs, please email us at mycanterburychurch@gmail.com or call our office at 783-9365.

God's Peace,
Pastor Sara Rossigg

Pastor Sara and the community church are here for everyone.

Contact us by email at mycanterburychurch@gmail.com or leave a message at 783-9365.

Pastor Sara is distributing a weekly at-home worship packet by email. If you would like to be added to the list of recipients, leave a message at 783-9365 or email mycanterburychurch@gmail.com.

Local Businesses, Here to Serve You ...

CANTERBURY PLANTATION is excited and ready for spring! Opening for the season April 17, Saturdays and Sundays, from 10 am to 5 pm. Cool-weather crops such as pansies, violas and many perennials will start the season off. May will bring more annuals, herbs, perennials and vegetables and expanded weekday hours. Visit us at 364 Baptist Road and www.canterburyplantation.com.

ROCK WATER NATURAL MEDICINE: Doctor and nurse duo now offering infusion therapy at The Barn at 34 Welch Road. Strengthened immune function, effective detox, boosting energy and burning fat through nutrient IVs's and injections. Brief intake required at time of initial walk-in. Walk-ins only! Tuesdays 5 to 6 pm and Wednesdays 9 to 11 am. Cash or check; sorry insurance not accepted. Prices starting at \$35.

CANTERBURY CENTER BED and BREAKFAST: where history meets hospitality. Reopening May 3! COVID vaccinations required for adult and senior guests. Email scribnerlois@gmail.com or call 603-783-0206.

COLD GARDEN SPIRITS: Welcome back! Starting April 24, indoor and outdoor seating available. Open for tastings and sales, weekends 1 to 4:30. Still open by appointment, chance and for online orders with curbside pickup: coldgardenspirits.com and cold-garden-distillery.square.site. Thanks to everyone for support through this difficult winter!

MIKE'S SEPTIC SYSTEM Replacement & Design: Site assessment, state and local permitting. Mike O'Neil, 603-545-2923, Mikesseptic@gmail.com

BACON ELECTRIC, LLC: Residential electrician serving Canterbury and the surrounding areas. We do new construction, remodeling, or any other electrical service needs. Licensed and fully insured. Call Zack Bacon at (603) 631-4325 or find us on Facebook at facebook.com/baconelectricllc.

MAID FOR YOU: Tired of cleaning? Wake up to a clean and sanitized home! Let us do the cleaning and you can have your weekends back. Fully insured and bonded (603)574-4878 www.maidforyounh.com

JOEL'S OIL: Our goal is to keep you warm at an affordable price. Our current price is just \$2.35 per gallon! delivery is available nights and weekends. Cash or check (Credit card accepted with 3% fee) Call or Text 603-892-5505.

CANTERBURY WHOLE CHILD CENTER is accepting waitlist applications for children 3 to 12 years to nature/art based preschool, before/after/remote schooling assistance. 783-4370 or CanterburyWholeChildCenter@gmail.com to learn more.

MAGOON TREE: Residential tree service and removal. 100' crane services. Log-length firewood for sale. Fully insured. Now hiring! Brian Magoon, 496-6835. magoontree.com.

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do." Bathrooms, kitchens, additions, decks and more. Aging-in-place specialist and Certified Green Professional. Jim Higgins, 603-496-2414. gulfbrookrenovations.com.

MAQ DESIGN: quality custom upholstery, slipcovers, and window coverings - curtains, valances, shades, and blinds. Fabric, supplies, pickup and delivery. maryann@maqdesign.net, 783-9640, maqdesign.net.

WHITE OAKS DAIRY FARM: Our store is open Saturdays and Sundays 10 to 6, weekdays 8 to 9:30 am and 5:30 to 6:30 pm. Or by appointment, call 783-4494. We have grass-fed beef, milk from grass-fed cows, bacon, sausage, relish, pickles, maple syrup, eggs and more. 142 West Road.

DEWEY SCHOOL: The Dewey School welcomes children ages 3-5 to nature based early learning at the historic Canterbury Shaker Village. Deweyschool.net.

BROOKFORD FARM: Our farm store is open daily from 7 am to 7 pm. Pre-order for pickup Tuesday through Sunday. CSA subscriptions and bulk meat orders available too. Organic vegetables, krauts, aged meats, 100 percent grass-fed beef and dairy, pastured chicken, eggs, pork and lamb. Find out more at our website: brookfordfarm.com.

NORTH FAMILY FARM: 2021 organic maple syrup from the producer, available at local stores or by appointment at the farm. Check our website northfamilyfarm.com for more information, or call Jill and Tim at 783-4712.

CENTRAL ENERGY, LLC — When was your furnace cleaned last? Central Energy, LLC, "celebrating 85 years in business." Offering ductless A/C systems, traditional A/C installations and service, as well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at www.centralenergy1.com.

CANTERBURY COUNTRY STORE: Open Mon.-Sat., 6:30-6; Sun., 8-5 and well-stocked. We'll bag items for pickup or delivery if needed. We've got our usual variety of great local food and locally made products, including sandwiches, meat, eggs, maple products, jams and jellies, jewelry, soap, scarves, and more. Call us at 783-9933 or check our website at canterburycountrystore.com.



Elle Bezanson

Cell: (603) 783-4746
bezansonelle@gmail.com Office: (603) 848-2410

Get Your Town Election Results Here!

Thank you to everyone who came out on Tuesday, March 9, to vote. We had 336 voters come to the polls.

A reminder that the Second Session, Budget and Warrant Articles, will be held on Saturday, May 1, at CES.

The results from the ballot voting are:

- **Selectman, 3 years:** Cheryl Gordon
- **Planning Board, 3 years:** Ann Dowling, Greg Meeh
- **Cemetery Trustee, 3 years:** Jan Cote
- **Library Trustee, 2 years:** Sarah Melasecca, Linda Riendeau
- **Library Trustee, 3 years:** Rick Crockford
- **Trustee of the Trust Funds, 3 years:** Steve Lundahl
- **Art. 2 Campgrounds:** Passed, with Yes 176, No 136

Town Assessor **Mandy Irving** will be beginning to visit most properties this year to pick up changes and start the revaluation process. If you have questions, please feel free to contact her at the Town Office.

A full explanation of the revaluation process is posted on the town website in the "Assessing Department" section. It is also posted in the Town Office.

Our **Highway Department** has been working hard to keep our dirt roads passable for all traffic during mud season. Please let them know if there is a road that needs attention.

On March 10, **Joel French**, our building inspector, and **Dave**



Thanks for stepping up ... and up ... and up, Joel and Dave!

Nelson from the Fire Department replaced shingles that had blown off the library roof. Thank you, Joel and Dave!

A warrant article to replace the library's shingles will be presented at town meeting.

~ Ken Folsom, Town Administrator

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The number of our advertisers has expanded to the point where we've made an adjustment with this issue, spreading ads over multiple pages. We're grateful to all our advertisers; along with your donations, they make the newsletter possible. Please support them!

*~ Mark and Brenda Travis, editors
Email: newslettercanterbury@gmail.com*

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21-010-03-459717.V1.01.2021

How About a Round of A-Paws for CES Volunteers?

Canterbury Elementary School received the Blue Ribbon Achievement Award for the extraordinary efforts of the school volunteers during the 2019-2020 school year. We had parents, community and family members assist with the following activities: serving as a room parent and coordinating class events and parties, chaperoning field trips, providing classroom support, serving on the PTO and reading to classes during "I love to read" month. We are truly fortunate to have such amazing volunteers and we appreciate all that they do to make CES such a special school.

A very special thank you to our volunteer coordinator, **Heather Drouin**. She does a fantastic job coordinating all of the volunteer efforts.

Student leaders: Student Council members have been taking turns each day reading morning announcements over the intercom as well as taking care of our flag. They oversaw the school-wide voting process for the name of our school mascot as well as our annual stamp contest. Our students have chosen Paws as the name of our mascot! Soon the school-wide Post Office will be open and Student Council members will be the official mail deliverers.

Cougars ROAR! Our staff is so impressed with the fantastic efforts of our students. They have continuously shown persistence and determination as well as kindness and helpfulness. We wanted to find a way to positively acknowledge our learners, so Cougars ROAR awards were developed.



Introducing Paws, the CES school mascot!

Typically, awards such as these would be presented at a Friday assembly. Since we cannot yet hold these assemblies, students are acknowledged with a shout-out in the afternoon announcements and I visit their class the next day to present the certificate to them. Students are offered a "photo op" with me; photos are emailed to families and posted on the wall in the gym.

It has been so exciting to see our students' response to this program. They truly amaze me every day with their resilience and overall efforts, guided by their families and teachers.

Kindergarten registration: Do you have an incoming kindergartener for the 2021-2022 school year? Registration for the fall is now open! You can stop by the office for a packet or register online at sau80.org/resources___/regostatopm

Please send any questions to Mrs. Blanchette at lblanchette@sau80.org. We are so excited to welcome our new kindergarten friends. Fall will be here before we know it!

Save the date! Our fifth-grade promotion night will be an outdoor event on Monday, June 14, with a rain date of June 15. More details, including the time of the event, are to be determined. Stay tuned!

~ Erin Chubb, Principal



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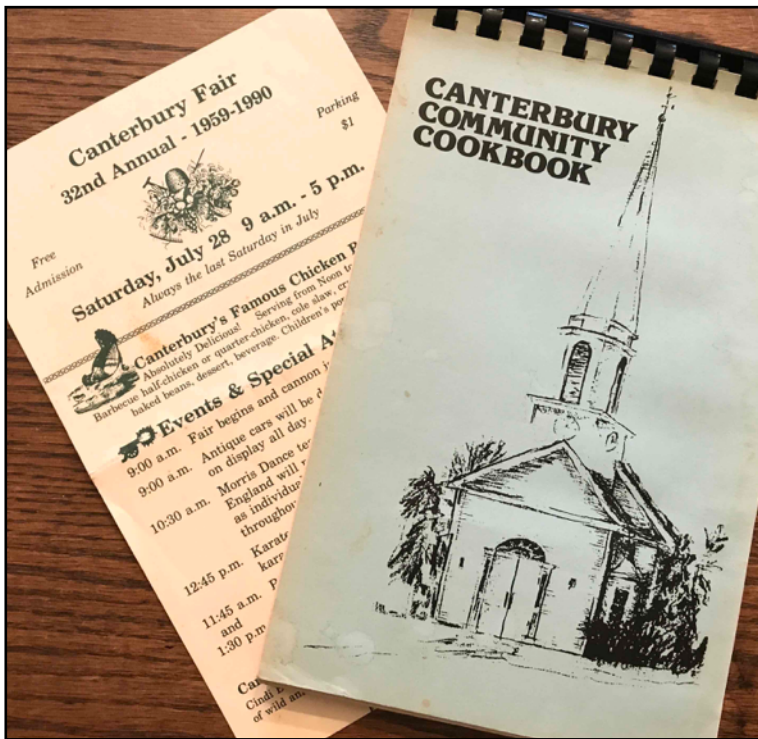


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PeabodyHome.org**

Don't Look Now, But the Town Is Stirring!



Who remembers these? Canterbury Fair program and fundraising cookbook, packed with great recipes from cooks around town. From 1990! The cookbook was a community effort organized by the church's Christian Education Committee. Tell you what: It's difficult to get **Debbie Snow's** Apple Cake recipe out of your mind once you've seen it.

April 14: Fair planners Zoom again!

Hello fair friends, far and wide! We held our first meeting of 2021 over Zoom on March 10 and people are pretty excited to get ready for the last Saturday in July.

As many of you know we'll make the final decision before Memorial Day but if the energy and optimism in our meeting held sway, I'd have to say the odds look pretty good for our usual rollicking good time -- with some new precautions added, of course.

We're always looking for new volunteers for activities ranging from setup and takedown to the BBQ and the food tent.

If you'd like to see what makes this little town such a special place, send an email to rick.crockford044@gmail.com and come join the fun.

Our next meeting is Wednesday, April 14, at 7 pm, again via Zoom. If you'd like to attend, get in touch and we'll send you the link closer to the meeting date.

Thanks and keep the faith.

~ Bob Drew and Rick Crockford

April 30: your dog license deadline

RSA 466:1 requires that all dogs must be licensed by April 30. To register, rabies certificates must be current. The fees are:

Unaltered Male/Female Dog: \$9.00

Neutered/Spayed Dog: \$6.50

Senior Citizen: \$2.00 (for the first dog)

If you have five or more dogs or require a commercial license, please contact the Town Clerk for pricing.

Payment may be mailed to the Town Clerk at PO Box 500, Canterbury, NH 03224. You can also drop payment in the drop box on the Sam Lake House porch.

If you have any questions, please do not hesitate to contact the office at 783-0153, or fax us the rabies certificate at 783-0501.
~ Sam Papps, Town Clerk/Tax Collector

April 17: Townwide Roadside Cleanup!

The annual Townwide Roadside Cleanup is happening on Saturday, April 17!

The staff at the Transfer Station will not separate the commingled recyclables. And because we are still in the time of COVID-19, volunteers at the Transfer Station are discouraged, so we're asking people to separate the recyclables before they drop them off at the Transfer Station. The other option is to just commingle everything in the same bag(s), and send them all to the incinerator. The litter certainly isn't being recycled laying on the side of the road.

It's always helpful if you sign up for your favorite stretch of road by contacting Patrice Rasche at mattieandriley@yahoo.com or 783-9360. The blue bags specially designated for use in the roadside cleanup can be picked up at the Transfer Station. You can also borrow high-visibility vests there as well.

~ Patrice Rasche

April 24: Police take back unwanted drugs

Just a reminder: The weather is changing, and more people are out walking the roads along with bicyclists. Animals are also now on the move, more active. Please use caution.

We have been receiving more and more calls for dogs at large. It is that time of year again. Please do not forget to register your dogs.

Please slow down and be cautious on the dirt roads during the mud season as tracks in the road can pull your vehicle where you do not want to go.

The Canterbury Police Department will be participating in National Drug Take Back Day on April 24 from 10 am to 2 pm.
~ Michael P. Labrecque, Police Chief

Sweet and Fruitful News from the Shaker Village

Thank you so much to **Mark Stevens** for leading the guided hiking tours to the Shaker Sugar Camp. All three dates, March 20, March 27 and April 3, sold out quickly. The Shaker Village is hoping to offer more of these tours in the future. Contact info@shakers.org to be added to the waitlist.



Thanks, too, to **David & Janet Lamb** for producing maple syrup for the village in collaboration with these tours and maple season. The syrup is made locally from real Shaker maple trees, and will serve as a fundraiser. Each bottle sells for \$50.

Fruit tree pruning: On Friday, March 12, the village's devoted volunteers continued work on the cleanup and maintenance of grounds. They focused on the

orchards, where the group gave some much-needed pruning to at least 12 fruit trees. The orchard is an important part of the village's 700-acre grounds and the trees need care to ensure they will be healthy and fruitful.

The pruning comes just in time for spring, as the trees will soon be budding. Thank you to the dedicated and hard-working group of volunteers who continue to keep the grounds looking beautiful year round!



Reserve the date

Saturday, April 17: Village Clean-Up Day, 9 am to 1 pm. All are welcome!

Saturday, May 15: Canterbury Shaker Village Cross Country 5K. Registration at shakers.org.

What will the vaccine mean to you?

In the last several newsletters, the Historical Society has asked Canterbury folks to record their experiences during the COVID-19 pandemic. You can see some of the items we received in the 2020 Town Report, available at the Sam Lake House. The report recorded only a small portion of the many responses we received and placed in our Archives.

Thankfully, many people have received one of the COVID vaccines, or soon will. So the new question we're asking is:

"How will receiving the vaccine change your life?"

Your answers will provide valuable insight to future historians and researchers studying this incredible time.

Please continue to submit your materials documenting your experiences in the pandemic and/or let us know the effects of having received a vaccine. You can submit your stories, drawings, poems, or photos to canterbury.nh.historical.society@gmail.com.

~ Bob Scarponi, President

4-H Rascals growing eager to gather again!



The Canterbury Rascals is looking forward to when we can hold in-person meetings again.

Thank you to everyone who supported our spring flower fundraiser.

We continue to look for additional organizational leaders. Please contact me if you're interested!

~ Laura Crockford
canterburyrascals4H@gmail.com

Elkins Library: Check Out the Expanded Hours!

The next Trustee virtual meeting is on Monday, April 12, at 7 pm.

Expanded Hours: Mondays and Tuesdays 9-5; Wednesdays and Thursdays 9-7; and Saturdays, 9-12.

Elkins Library requires face masks. Please ring the doorbell before entering the building. Appointments are required for computer usage in 30-minute time slots. Please call to make arrangements. We are happy to find the materials you're looking for and have them ready for curbside pickup if that's your preference.

Wi-Fi is available outside the library 24-7. Just choose elkins_library. No password is required.

Adult Programs and Services

The Old Man Boring Book Club meets virtually on Thursday, April 1, at 7 pm. Individually chosen nonfiction selections will be discussed. Email or call Sue for the Zoom link.

Keep Calm and Craft On: Wednesday, April 14, at 11 am. Strips of colorful fabric, a clothesline and simple hand-stitching will result in handy coasters or a hotplate. Your choice. Pick up your kit at the library and provide your email to receive the Zoom link to join the fun!

Book Group: April 20 at 7 pm. Copies of *The Water Dancer* by Ta'nehisi Coates may be downloaded on NH Downloadable Audio Books or Hoopla. The library also has print copies available curbside or inside. Please call or email Sue for the Zoom link.

Hoopla! This digital media service allows you to borrow movies, music, audiobooks, ebooks, comics and TV shows to enjoy on any device. Details and how to connect are on our website.

NH Downloadable Audio Books (Overdrive): Download audio books, e-books & magazines! Check out the website nh.lib.overdrive.com and contact the library to register. Library card required.

Phone: 783-4386 **Website:** elkinspubliclibrary.org

Material requests: elkinslibrary@elkinspubliclibrary.org, 783-4386 or our catalog link on the website.

Mrs. Baker (Youth Services)
mrsbaker@elkinspubliclibrary.org

Susan LeClair (Director and Adult Services)
sleclair@elkinspubliclibrary.org

Find us on Facebook, Instagram, and check out the "Elkins Virtual Library" page on our website!

Youth Services

The circulation of materials for young people is at an all-time high! There are so many ways to engage with your library and things to look forward to in months ahead. We appreciate the support of our community as we deliver the materials and services you have asked for!

Story Time-To-Go! These kits are created for young readers to promote literacy development. Each kit is based on the interests and reading level of the individual reader and contains books, activity sheets and crafts with materials included. Call or email to receive your own kit for curbside or in library pickup. This program is currently serving over 80 children per week and is best suited for people aged 0 to 13.

Book Bundles/Curbside Pickup: Is your school-age child having difficulty finding a book of interest? We can help! We work closely with the school to help your student fulfil reading requirements and projects.

Teen Talk: meets every Wednesday from 3:30 pm to 4:30 pm to discuss current events, share ideas and book suggestions. This wonderful group of young people is best suited for ages 13 to 16.

T.R.E.A.T Boxes (Teens Read, Eat and Talk): This program has taken right off! There is still time to sign up and get a box of goodies delivered right to your doorstep. Contact the library and fill out the signup survey, and we will build a personalized monthly box just for you. You'll get 2 books to borrow (and return, please!), snacks, and some fun bits and pieces as well. Before you return the box, make your mark on it: draw something, add a sticker, write out your favorite quote, whatever you'd like! Express yourself! Sign up now to join the fun. Suggested for ages 13 and up.

April School Vacation Program: Earth Day Scavenger Hunt! We all want to get outside and celebrate this wonderful blue planet. Pick up your Earth Day Scavenger Hunt sheet from the table outside the library or find it in your Story Time To Go Kit, on our website or Facebook page. Collect things that you can find almost anywhere in Canterbury. Turn in this form with a picture of your nature treasures OR send a picture to mrsbaker@elkinspubliclibrary.org or sleclair@elkinspubliclibrary.org and get a really cool prize!

We are also asking for contributions of pretty rocks for our Rita Braskie Memorial Garden. Take a cool rock you have found and make your mark on it. We would love messages of Kindness, Love and Peace. Paint it or color it with markers, decorate it any way that you want and place it in our library garden the next time you are in or around the center of town.

Check our YouTube channel! Mrs. Baker has published over 50 videos to our channel and new content is added all the time. So many of them will make you laugh! Access this channel on Youtube or follow the link from our website.

Energy Committee Lights It Up With This Poster!

Why Switch to LED Light Bulbs?

More Efficient

- ♦ Uses just 17% of the energy used by an incandescent bulb
- ♦ Uses 30-50% of the energy used by a Compact Florescent Bulb (CFL)

Longer Life

- ♦ LED's last for 30,000 to 50,000 hours!
- ♦ Incandescent bulbs last just 1000 hours, and CFL bulbs last just 8000-10,000 hours

Less Electricity Saves \$\$

- ♦ Switching from a 60w incandescent bulb to a 60w equivalent LED bulb (9w) can save \$140 over the life of the bulb!

Less Electricity = Less Greenhouse Gases

How to Dispose of CFL Bulbs

Dispose of for FREE in Concord at:

- ♦ Ace Hardware
- ♦ Lowes or
- ♦ Home Depot

Dispose of for a small charge at:

- ♦ Canterbury Transfer Station



The Canterbury Energy Committee

received 250 LED bulbs, thanks to the generosity of Resilient Buildings Group of Concord and Leeds Burchard of Salem. The Canterbury Elementary School, Canterbury Loudon Food Pantry, Canterbury United Community Church, and the Spruces are distributing the bulbs to families in need.

Canterbury United Community Church

How to reach us: By phone, 783-9365. By email, mycanterburychurch@gmail.com

Parish House: Call Judy Patterson, 783-4419

Online: canterburychurch.org
facebook.com/
MyCanterburyChurch

Newsletter: Deadline is 16th of month before publication.
Editors: Mark and Brenda Travis, 783-0420, or email newslettercanterbury@gmail.com

Canterbury Fair:
twitter.com/CanterburyFair
facebook.com/CanterburyFair

Town Email List

Rachel Baker manages the Canterbury Town Email List. Join or submit by emailing canterburytownemail@gmail.com

Post Office

Hours: Mon.-Fri., 10 am to 5 pm (closed 12:30 to 1:30 pm);
Sat., 8:30 am to noon; 783-4158

Stores

Canterbury Country Store: Mon.-Sat., 6:30 am to 6 pm; Sun., 8 am to 5 pm; 783-9933

Brookford Farm Store: 7 am to 7 pm daily; 783-4084

106 Beanstalk: 6 am until midnight daily; 783-4305

Loudon Food Pantry

Hours: Open for donations and volunteers Tues. 10-6, Wed. 10-1, Thurs. 10-4.

Service: By appointment only at same hours as above.

Location: Huckleberry Business Park, Unit D, 30 Chichester Road, Loudon.

Contact: 603-724-9731, on Facebook at LoudonFP, or on our website: loudonfoodpantry.org.

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call 783-0433 for non-emergencies. Concord police dispatch: 228-1010 for non-emergencies.

Fire Department: Call 783-4798 for non-emergencies. Email chief at canterburyfire@canterbury-nh.org

Elkins Public Library: 783-4386. Website: elkinspubliclibrary.org

Town website:
canterbury-nh.org

Transfer Station: Wed., 4 to 6:45 pm; Sat., 8 am to 5:45 pm. Call 783-9980 or email transferstation@canterbury-nh.org

Town Clerk/Tax Collector: 783-0153. Email: spapps@canterbury-nh.org

Selectmen's Office and Assessor's Office: 783-9955. Emails: selectmen@canterbury-nh.org assessing@canterbury-nh.org

Town Administrator: 783-9955 kfolsom@canterbury-nh.org

Building Inspector: 783-9033 buildinginspector@canterbury-nh.org

Highway Dept: 783-4123 canterburyhighway@canterbury-nh.org

Planning Board: 848-2059 planningboard@canterbury-nh.org

Monthly Meetings (Check town website for details.)
- **Planning Board:** 2nd Tue., 7 pm; 4th Tue. as needed
- **Conservation Commission:** 2nd Mon., 7 pm
- **Historic District Commission:** 3rd Wed., 7 pm
- **Selectmen:** 1st and 3rd Mon., 6 pm
- **Solid Waste Committee:** 4th Mon., 6 pm
- **Zoning Board:** As needed.
- **Energy Committee:** 1st Tues., 6 pm

Loudon Food Pantry is trucking now!

After thirteen years of renting vans and box trucks or trying to find volunteers with a vehicle that's available during working hours and larger than my Honda Fit ... we got a van! That's right, we just purchased a Ford Transit 250 Van and picked up our USDA food shipment. It even fit all the extra food we requested!



Now when we go to the N.H. Food Bank, we can take advantage of all the food we never had room for before. And when we need to pick up food drives, we won't need to hustle to find vehicles and make several trips.

February meal numbers: We gave out enough food to create 8,787 meals to 264 individuals. Of those, 100 were age 60 and older, 66 were age 18 or under and 98 were in between those ages.

Do you need food? Call Sue at (603) 724-9731 to see if you qualify. The process is simple and if you have all your paperwork, you'll receive food the same day as your appointment! Look for our hours and location for donations and volunteers to the listings on the left side of this page.

~ Sue Houck

13 weeks until opening day for the Market!

Hello, mud and maple season! The ground is getting softer as we speak. Have you started preparing your garden yet?



We are now counting down the weeks before the market begins -- about 13 weeks to be exact! Our weekly market is an important venue for the community to connect with our local food producers and provide a sense of normalcy. We cannot wait to see you all again!

If you'd like to show your support, you can become a member for the 2021 season. Each \$25 membership helps support "Mary Ellen's Basket" (the market's charitable giving program), coupons for Loudon Food Pantry patrons, musicians, advertising, and insurance.

If you would like to mail in your membership form, you can make checks payable to CCFMA and mail them to PO Box 3, Canterbury, NH 03224. You can print off the membership application right from our website at canterburyfarmersmarket.com.

Market dates are now posted on our website, with Opening Day on Wednesday, June 2, from 4 to 6:30 pm. If you have yet to subscribe to our email list, make sure to do so by visiting our website.

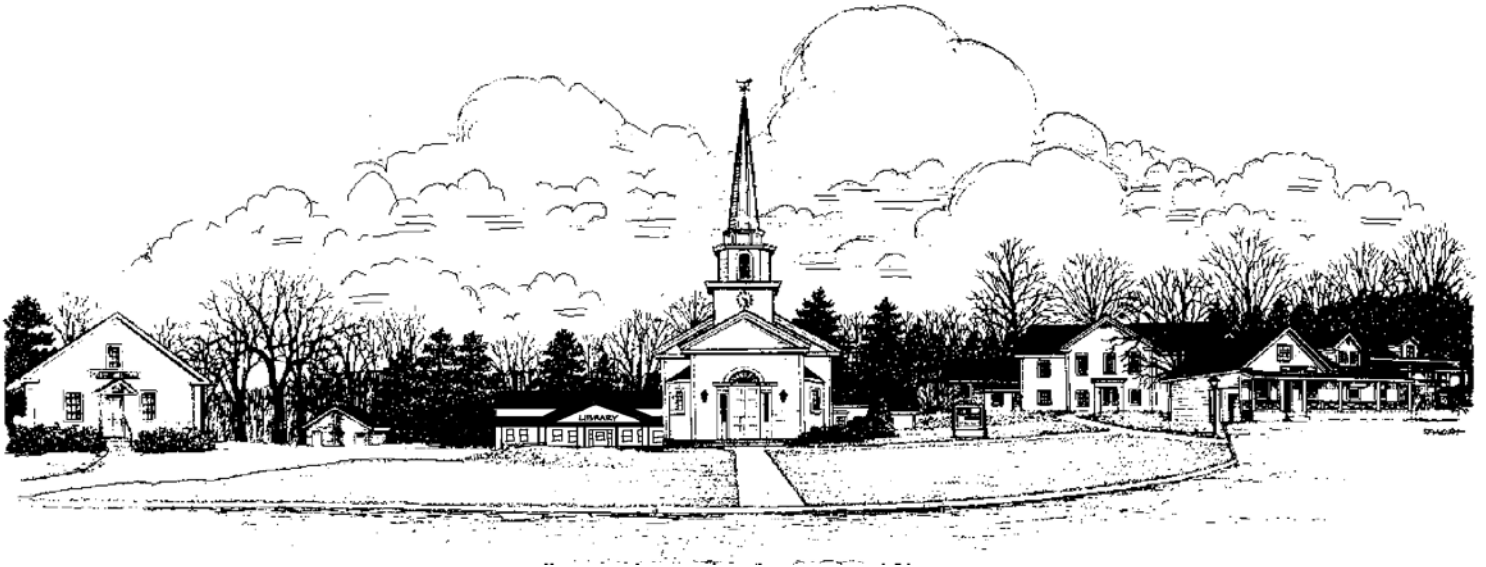
~ Emily Sullivan

CANTERBURY COMMUNITY NEWSLETTER

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Canterbury United Community Church
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Trail Notes: Chichester's Shaw Pasture Loop Trail, Right Next Door!

Recently my friend Joe Egan took me to a relatively new hiking trail in Chichester, his home town. We're most fortunate in the amazing variety of trails we're blessed with here in Canterbury, but nearby towns have their own special trails.

I always welcome exposure to another town. The endlessly unique character of our small towns fascinates me. I love getting to know them. Our own town can provide us with the feeling of extended family, especially if our relatives are far flung.

Chichester's Conservation Commission has made a fine trail. From 106 take King Road, then Canterbury Road, the next left after Ricker Road (If you go up the long hill you've gone too far.). Canterbury Road comes into the elbow of Main Street in Chichester, where it comes down from Route 4. Another half-mile and the parking for Shaw Pasture Loop Trail is on the right at the edge of a field sloping down from the road. Uphill on the left are the foundations from the Shaw Farm.

Down slope there's a nice kiosk with a map, history and descriptions. The trail soon parallels a substantial pond, Marsh Pond. (There's a marsh across the left end.) Turn left through large pines and oaks. It's easy walking through open woods, thanks to forest succession and beavers. A number of oaks have been girdled, the most I've seen in one area, with some

huge chips. A well-used beaver trail leads to the shore and a very large beaver house beyond. At the other end of the pond there's a large old beaver dam and remains of a dam built to raise water for ice cutting, which could be drained for hay harvest in summer. The trail loops back from here, following a well-established woods road. One hour, 0.8 miles. (We took our time.)

Main Street ends at Route 28. The Chichester store is there with a beautiful iron bridge on the other side of Route 28. I'm looking forward to further exploration of Chichester.

~ Dave Emerson, 783-4403

Church of the Woods trails await you!

The trails at Church of the Woods are open at all times for people who come in peace. As of late March, there was still some ice in the cool and low spots, but it was going fast! Trail maps are available at the barn, and we'd be glad if you left us a note there about what you encounter, think, see, hear, feel. We're at 92 Foster Road.

~ The Rev. Steve Blackmer