

# Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ January 2021

## What's Inside ...



**Historic seal on display:** Painted by a Shaker sister, shared in memory of late fire chief. *Page 3.*



**CES students hit the slopes:** By which we mean the hill beside the school! *Page 4.*



**Shaker Village granted:** Several generous grants will provide vital support. *Page 5.*

## From the Pastor

Greetings Neighbors,

As we begin 2021 I want to take a moment to thank so many of you who generously responded last month to our appeal for financial support of this community newsletter, as well as those who have contributed to help defray maintenance costs at the CUCC parish house. As we seek to offer our buildings for community group activities, we greatly appreciate your partnering with us in our commitment to connect the people of Canterbury.

We look forward to a time when we'll be able to safely open the church and the parish house again as a community gathering space as we've enjoyed it over the years. The people and organizations of Canterbury have so much to share with each other. Our heartfelt hope is that we will continue to serve as a helpful resource to you in that endeavor in the coming year.

Also, I would like to say thank you to the Canterbury community for the many and varied ways folks have stepped up to care for each other during this most challenging year. In the height of that challenge such heartfelt expressions of care and kindness have helped to encourage and reassure our neighbors that even in the midst of a pandemic there are still blessings to be found in our midst. It has been an honor to continue to serve at CUCC the past months, and to have been a part of creative opportunities to partner with many in the community to help enrich our communal life together.

We at Canterbury United Community Church wish the people of Canterbury a healthy and joy-filled 2021 as we continue to make and strengthen the lasting connections that help to make Canterbury a special place to live and feed our spirits. The holiday season is winding down and our focus on the spiritual themes of Advent: hope, peace, love and joy, have helped to transition us to an opportunity for fresh starts inherent in our celebration of the new year.

In the new year, may you be empowered to cherish and strengthen the aspects of your life that have served you well, and continue to let go of the things in your life that no longer serve to honor your authentic selves.

God's Peace in the New Year,  
Pastor Sara

***Pastor Sara and the community church are here for everyone.***

*Contact us by email at  
mycanterburychurch@gmail.com  
or leave a message at 783-9365.*

***Pastor Sara is distributing a weekly at-home worship packet by email. If you would like to be added to the list of recipients, leave a message at 783-9365 or email mycanterburychurch@gmail.com.***

# Local Businesses, Here for You This Winter ...

**JOEL'S OIL:** Our goal is to keep you warm at an affordable price. Our current price is just \$1.85 per gallon! delivery is available nights and weekends. Cash or check (Credit card accepted with 3% fee) Call or Text 603-892-5505



**CANTERBURY COUNTRY STORE:** Open Mon.-Sat., 6:30-6; Sun., 8-5 and well-stocked. We'll bag items for pickup or delivery if needed. We've got a variety of great local food and locally-made products, including sandwiches, meat, eggs, maple products, jams and jellies, jewelry, soap, scarves, and more. Check our website at [canterburycountrystore.com](http://canterburycountrystore.com) or call 783-9933.

**COLD GARDEN SPIRITS:** Thanks for your business through 2020. No regular hours through the winter. Visit us by appointment or curbside pickup until we reopen for weekend hours again in April.

**MAQ DESIGN:** quality custom upholstery, slipcovers, and window coverings - curtains, valances, shades, and blinds. Fabric, supplies, pickup and delivery. [maryann@maqdesign.net](mailto:maryann@maqdesign.net), 783-9640, [maqdesign.net](http://maqdesign.net).

**WHITE OAKS DAIRY FARM:** Our store is open Saturdays and Sundays 10 to 6, weekdays 8 to 9:30 am and 5:30 to 6:30 pm. Or by appointment, call 783-4494. We have grass-fed beef, milk from grass-fed cows, bacon, sausage, relish, pickles, maple syrup, eggs and more. 142 West Road.

**DEWEY SCHOOL:** The Dewey School welcomes children ages 3-5 to nature based early learning at the historic Canterbury Shaker Village. [Deweyschool.net](http://Deweyschool.net).

**NO TIME TO REALLY CLEAN?** At Maid For You (formerly Tammy's Cleaning Services) we focus on cleaning the details so you can move on to more important things. Proudly giving you your weekends back! (603) 545-7903, [maidforyounh.com](http://maidforyounh.com)

**RIVERLAND B&B:** We are open and look forward to welcoming you to Riverland again. Visit our website, [riverlandonthemerrimack.com](http://riverlandonthemerrimack.com), for details on adjustments we have made in light of COVID-19. 603-562-6059.

**GULF BROOK RENOVATIONS** "When Ordinary Just Won't Do." Bathrooms, kitchens, additions & more. Aging-in-place specialist and Certified Green Professional. Jim Higgins, 226-0212. [www.gulfbrook.com](http://www.gulfbrook.com).

Life is full of tough decisions. We make this one a little easier.

One of the toughest decisions comes when a loved one can no longer live independently. The Peabody Home in Central New Hampshire is a special place with the feeling of family. New residents that come to the Peabody Home now are guaranteed a room in our brand new expansion, which is under way.

Now welcoming new residents!  
**Call 603.934.3718**



ASSISTED LIVING  
NURSING & MEMORY CARE  
RESPITE STAY  
HOSPICE

24 Peabody Place  
Franklin, NH 03235  
[PeabodyHome.org](http://PeabodyHome.org)



**BROOKFORD FARM:** Our farm store is open daily from 7 am to 7 pm. Pre-order for pickup Tuesday through Sunday. CSA subscriptions and bulk meat orders available too. Organic vegetables, krauts, aged meats, 100 percent grass-fed beef and dairy, pastured chicken, eggs, pork and lamb. Find out more at our website: [brookfordfarm.com](http://brookfordfarm.com).

**MAGOON TREE** — Residential tree service and removal. 100' crane services. Log-length firewood for sale. Work year-round. Fully insured. Brian Magoon, 496-6835. [magoontree.com](http://magoontree.com).

**CENTRAL ENERGY, LLC** — When was your furnace cleaned last? Central Energy, LLC, "celebrating 85 years in business." Offering ductless A/C systems, traditional A/C installations and service, as well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at [www.centralenergy1.com](http://www.centralenergy1.com).

**Samaha Family Realty**  
**Office 225-2121**  
*Serving Central NH since 1986*  
**Dave Hazen - c 783-3300**  
**Linda Stevens - Office Mgr.**

Advertising, along with donations from readers, helps offset the church's cost in printing and mailing this newsletter!

Thank you to all for supporting the newsletter. May 2021 be a better year for you and for the world!

**Elle Bezanson**

Cell: (603) 783-4746  
[bezansonelle@gmail.com](mailto:bezansonelle@gmail.com) Office: (603) 848-2410



# More Great Local Ads!



## The Edwards CPA Group, P.C.

*"Experience The Difference"*

**Friendly, Knowledgeable Full-Service CPA Firm**  
Specializing in Small Business & Rental Properties

*COVID PPP and Forgiveness applications  
Business & Personal consulting & tax planning  
Business Start Up specialists  
Complex situations  
Cannabis CFO Accounting and Tax CP  
IRS Tax Resolution specialists  
Financial Statements, Non-Profits, Estates*

**If you want efficient, knowledgeable & professional treatment, give Canterbury's Kim Edwards a call!**

See our reviews on Google! Find us on Facebook & LinkedIn

Visit [edwardscpagroup.com](http://edwardscpagroup.com)

Call 603-286-8000

**CANTERBURY CENTER BED AND BREAKFAST:** Open for partial occupancy. Guests will join us in practicing social distancing and wearing masks in common areas. Delicious healthy breakfasts. See [ccbnbnh.com](http://ccbnbnh.com) or email [scribnerlois@gmail.com](mailto:scribnerlois@gmail.com) or call Lois at 603-783-0206.

**CANTERBURY WHOLE CHILD CENTER** is accepting waitlist applications for children 3 to 12 years to nature/art based preschool, before/after/remote schooling assistance. 783-4370 or [CanterburyWholeChildCenter@gmail.com](mailto:CanterburyWholeChildCenter@gmail.com) for more information.

**NORTH FAMILY FARM:** Organic maple syrup from the producer, available at local stores or by appointment at the farm. Check our website [northfamilyfarm.com](http://northfamilyfarm.com) for more information, or call Jill and Tim at 783-4712.

Over the past year, the number of advertisers in the Canterbury newsletter has expanded. (Thank you! We're grateful!) In response to their wishes we've developed more options for ads, beyond what was initially limited to text ads. We think it's a good time to step back and ask how to present these ads most effectively for advertisers and readers alike. We'll reach out to advertisers directly, but we'd love to hear from readers too. So please share any suggestions!

*~ Mark and Brenda Travis, editors  
[newslettercanterbury@gmail.com](mailto:newslettercanterbury@gmail.com)*



*The seal, which was painted by a Shaker sister and preserved by Jan and Michael Cote, is now on display in the lobby of the new Sam Lake House. It was placed in memory of the late Bucky Rollins, a town fire chief who grew up in the original Sam Lake House along with Jan, his sister, and the rest of their family.*



## Late Fire Chief Bucky Rollins's family preserves and shares historic town seal

A recent addition to the Sam Lake House lobby is the gift of an original seal painted by Shaker Sister Cora Helena Sarle (1867-1956) for the Canterbury Volunteer Fire Department in the early 1950s. It was attached to one of Canterbury's first fire trucks.

This seal was preserved by the family of former Fire Chief Philip "Bucky" Rollins (1946-2020) in honor of his service as chief from the 1970s through the 1980s. Rollins was operating as incident commander at one of the largest fires in the town's history when the Shaker Village Barn burned in 1973, and is credited for saving many historic buildings that otherwise may have burned as well.

The seal was framed by Jan and Michael Cote of Canterbury and placed in the Town Office for all to enjoy, as Bucky grew up in the original Sam Lake House and lived there with his parents, Richard and June, and siblings, Clayton and Jan, from 1951 to 1966.

*~ Sam Papps, Town Clerk and Tax Collector*

# Here in Canterbury, It's All About the Kids



## CES is excited to slide right into 2021!

Happy New Year! Canterbury Elementary School students and staff are gearing up for a fabulous 2021!

Many thanks to **Dan** and **Mahrheahnnah Ostroth** for the donation of the beautiful prisms for all CES students and staff to enjoy. Everyone is so excited to hang them in a sunny window. We appreciate the thoughtful gesture.



BHS high school students and Canterbury residents **Chris Pare** and **Chloe Jackson** donated several Christmas Surprise Boxes that they curated as part of a project for their Diplomas of Distinction. CES staff were able to raffle them off to 20 lucky families. Thank you both for your generous support of our students.

The snowfall has allowed children to enjoy sledding and making snowmen at recess, and our school clubs have been busy too. The yearbook club has been taking photos of all of the goings-on at CES, the newsletter club members have been busy interviewing staff and students on a myriad of topics, and the basketball club has been working on honing their skills as well.

Most of our learners continue to attend school both in-person and online at this time. This requires a lot of organization and coordination for staff and families alike, and can certainly be quite a challenge. I am so very grateful for the engagement and support that our school community is showing at this time. We couldn't do it without you!

Best wishes to you all as you start the new year!

~ Erin Chubb, Principal

## Thank you, Adrienne!

The board members of the Canterbury Whole Child Center (CWCC) send our deep gratitude and appreciation to **Adrienne Hutchinson**, director. Under Adrienne's leadership, CWCC has provided an enriching summer program and school-year programs for preschoolers as well as before and after-school care for children.

Adrienne's dedication and thoroughness have enabled her to manage the many challenges of operating a child care center during a pandemic. In combination with her regular responsibilities, she manages increased health and safety procedures, has secured additional funding, maintains regular contact with DHHS, ensures school-aged children are logged in to their remote learning classes at CES, assisting with school assignments as needed, and meets regularly with the board.

Thank you, Adrienne, for your dedication to the children and families at CWCC!

~ Bob Drew, Bess Morrison, Pastor Sara Rossigg,  
Jeremy and Barbara Slayton, James and Kimberly Wieck

## 4H fundraiser covered cost of insurance

Thank you to those who purchased N.H. Fish and Game Calendars. Our club was able to cover the cost of insurance for the year.

Our club is not able to meet at the current time due to COVID restrictions. 4H at the county and state level offer virtual opportunities for participation. All registered members receive emails on these events and most are also posted on Facebook.

Our club continues to search for organizational leaders so this vibrant club will continue next year. Please contact Laura Crockford with questions and interest at [canterburyrascals4h@gmail.com](mailto:canterburyrascals4h@gmail.com).

Thinking of all 4H families during these challenging and unique times.

~ Laura Crockford

## Meanwhile, to the young at heart: Happy 90th birthday, Mary Colburn!

What a surprise it was to receive so many cards with notes on my 90th birthday. Then to top it off the parade of cars decorated with balloons, posters, etc., wishing me a happy birthday. My family, Canterbury neighbors and friends waved to me as they drove by my home. I am fortunate to know and love you special people.

~ Mary Colburn



# It's All About History ... and History in the Making

## Wishes Granted!

### Generous awards to Shaker Village will support new roof, operations, building study

We are happy to report a \$192,000 grant from an anonymous foundation to fund a new roof for the Dwelling House at Canterbury Shaker Village. Work on the new roof will begin in April 2021!

In addition, the village received a three-year grant of \$60,000 from the N.H. Charitable Foundation for operations support. The grant will be used to support operations of the village, including the upkeep of the historic buildings, various educational and community programs, and maintenance of its almost 700 acres of grounds, trails, and gardens.

The village also received a \$23,000 grant through the Land and Community Heritage Investment Program (LCHIP) to support an upcoming Building Assessment of its 30 historic buildings. These funds were matched this past August at the Village's Simply Shaker Picnic-on-the-Green.

The assessment will be an important navigation tool for the upcoming restoration of this treasured National Landmark, and will recommend best uses and care for each structure. The Building Assessment will be led by Martha Werenfels, Principal at DBVW Architects, and will begin in spring 2021.

We are enormously grateful for everyone's support.

~ Leslie Nolan, Executive Director



The Horse Barn at the village, dressed for winter. This photo and the closeup on the cover were taken by Nick Laroche.



Retired teacher celebrities Ray Craigie and Ginnie Pinard dress for COVID-19 while listening to music at the farmers market. Photo by yet another local celebrity, Juliana Eades.

### We invite you to be part of Canterbury history!

The Historical Society will soon be putting together Canterbury's 2020 Town Report cover. Its subject this year will be "Canterbury and the Covid-19 Pandemic."

We are asking you to submit photos, drawings, or your written comments/experiences during 2020. How has the pandemic affected you, your family, and friends? How has it changed your life? How have you coped? Your responses will create a record of this extraordinary time in Canterbury.

Your personal responses are important! We welcome submissions from ALL ages, young and old alike!

Of course not every submission will appear in the Town Report, but all responses received will be placed in Canterbury's Historical Society Archive for future researchers and historians to study and learn from. Later, we will be able to mount a retrospective exhibit of the many responses we hope to receive.

Please send your submissions to our email: [canterbury.nh.historical.society@gmail.com](mailto:canterbury.nh.historical.society@gmail.com) no later than Jan. 18 to be sure we will have time to review your material as we prepare the final layout of the cover.

Thank you!

~ Bob Scarponi, President

# Elkins Library: An Oasis of Warmth in Winter

The next Trustee virtual meeting is Monday, Jan. 11, at 7 pm.

Elkins Library is closed on Monday, Jan. 18, in honor of Martin Luther King Day.

**Open Hours:** Monday through Thursday 9-5 and Sat. 9-12

**Elkins Library requires face masks.** Please ring the doorbell before entering. Appointments required for computer usage in 30-minute time slots. Please call to make arrangements. The Children's Room is closed for browsing. We are happy to find the materials you're looking for and have them ready for pick up. Drop-in is fine, but we have a limit of four in the building.

**Curbside pickup continues!** Call us or link to our online catalog to place a reserve, or e-mail your request. You'll receive notification to set up a pickup time.

**Inter-Library Loans:** The N.H. State Library has resumed this service allowing extended time for quarantining materials. Once we have received your material it will have a 72-hour quarantine time before you are notified.

## Adult and Services

**Zoom event:** A Libertarian Walks into a Bear. On Wednesday, Feb. 3, at 7 pm author Matthew Hongoltz-Hetling joins us to talk about one of the most ambitious social experiments in modern American history: the so-called Free Town Project. To register please fill out the form on Elkins Library website or email Sue. You will receive the Zoom link the day before the program.

**Keep Calm and Craft On:** Wednesday, Jan. 20, at 11 am. Creating holiday crafts together on Zoom was so much fun it was decided to continue with No-Sew Fleece Hats to keep you warm. You'll need a half-yard of fleece fabric, sharp scissors, a measuring tape or ruler and masking tape. Contact Sue for the Zoom link and join neighbors and friends as we craft on.

**The Old Man Boring Book Club** will meet on Thursday, Jan. 7, at 7 pm. Individually chosen non-fiction selections will be discussed at a virtual meeting. If interested, email or call Sue for the Zoom link.

**Book Group:** Jan. 19 at 7 pm. Copies of *The Dutch House* by Ann Patchett are free to download on Hoopla or the library has print copies available. (For details on Hoopla, see our website.) Please call or email Sue for the Zoom link.

**Wi-Fi is available outside the library 24-7.** Just choose elkins\_library. No password is required.

**Frontier Soups:** A large variety of delicious gourmet soup mixes that are easy shortcuts to homemade that are healthy, delicious and contain all natural seasonings with no added salt, no preservatives or MSG and many are gluten free! \$8 each or 4 for \$30. A Friends of Elkins Public Library fundraiser which benefits the library providing materials and programs.

## Youth Services

Thank you for loving YOUR library and utilizing the services we provide. We are so pleased that so many of you are reading more than ever before. A recent Library Journal study proved that reading aloud to children provides a safe structure for children and adults to talk about the stresses that children are experiencing during this pandemic. Sometimes it is easier for kids to talk about how the characters in a story respond to stress than it is for them to talk about their own scary feelings. Our staff is happy to make recommendations of some titles that are perfect for reading aloud to children in person or via video calls.

**Book Time with Mrs. Baker:** Enjoy a fun virtual experience for little ones! Sing, discover new rhymes and experience the wonderful world of books. These YouTube Live productions can be found on our YouTube channel, website and Facebook page for all to enjoy and watch again and again! These programs are available weekly with more than 293 views per month and 104 subscribers! Click the YouTube "bell" for notifications and subscribe to get children's programs delivered right to your inbox.

**Story Time-To-Go!** These kits are created for young readers to promote literacy development. Each kit is based on the interests and reading level of the individual reader and contains books, activity sheets and multiple crafts with materials included. We distribute over 61 kits each week on a regular pickup schedule. Call or email to receive your own kit for curbside service or in library pick up.

**Book Bundles:** Is your school age child having difficulty finding just the right book? We can help choose just the right title. Sometimes, just the right book can make the difference in the life of a reluctant reader and a good series or title can build a strong foundation of the love of books.

**Teen Talk** meets every Tuesday from 3:30 pm to 4:30 pm to discuss current events, share ideas and book suggestions. This wonderful group of young people has met every week since March and is best suited for people aged 13 to 16. Join in!

**Phone:** 783-4386 **Website:** [elkinspubliclibrary.org](http://elkinspubliclibrary.org)

**Material requests:** [elkinslibrary@elkinspubliclibrary.org](mailto:elkinslibrary@elkinspubliclibrary.org), 783-4386 or our catalog link on the website.

**Mrs. Baker (Youth Services)**  
[mrsbaker@elkinspubliclibrary.org](mailto:mrsbaker@elkinspubliclibrary.org)

**Susan LeClair (Director and Adult Services)**  
[sleclair@elkinspubliclibrary.org](mailto:sleclair@elkinspubliclibrary.org)

*Find us on Facebook, Instagram, and check out the "Elkins Virtual Library" page on our website!*

## Town offices and organizations

### EMERGENCY? Dial 911

**Police Department:** Call  
783-0433 for non-emergencies.  
Concord police dispatch:  
228-1010 for non-emergencies.

**Fire Department:** Call  
783-4798 for non-emergencies.  
Email chief at [canterburyfire@canterbury-nh.org](mailto:canterburyfire@canterbury-nh.org)

**Elkins Public Library:**  
783-4386. Website:  
[elkinspubliclibrary.org](http://elkinspubliclibrary.org)

**Town website:**  
[canterbury-nh.org](http://canterbury-nh.org)

**Transfer Station:** Wed., 4 to  
6:45 pm; Sat., 8 am to 5:45 pm.  
Call 783-9980 or email  
[transferstation@canterbury-nh.org](mailto:transferstation@canterbury-nh.org)

**Town Clerk/Tax Collector:**  
783-0153. Email:  
[spapps@canterbury-nh.org](mailto:spapps@canterbury-nh.org)

**Selectmen's Office and  
Assessor's Office:** 783-9955.  
Emails:  
[selectmen@canterbury-nh.org](mailto:selectmen@canterbury-nh.org)  
[assessing@canterbury-nh.org](mailto:assessing@canterbury-nh.org)

**Town Administrator:** 783-9955  
[kfolsom@canterbury-nh.org](mailto:kfolsom@canterbury-nh.org)

**Building Inspector:** 783-9033  
[buildinginspector@canterbury-nh.org](mailto:buildinginspector@canterbury-nh.org)

**Highway Dept:** 783-4123  
[canterburyhighway@canterbury-nh.org](mailto:canterburyhighway@canterbury-nh.org)

**Planning Board:** 848-2059  
[planningboard@canterbury-nh.org](mailto:planningboard@canterbury-nh.org)

**Monthly Meetings:** All held  
virtually for now.

- **Planning Board:** 2nd Tue., 7  
pm; 4th Tue. as needed

- **Conservation Commission:**  
2nd Mon., 7 pm

- **Selectmen:** 1st and 3rd Mon.,  
6 pm

- **Solid Waste Committee:** 4th  
Mon., 6 pm

- **Zoning Board:** As needed.

- **Energy Committee:** 1st  
Tues., 6 pm

# Let's Talk About the Town

## Please call for appointment before coming to town offices

The Town Office (783-9955) and Tax  
Collector/Town Clerk's Office (783-0153)  
have gone back to seeing people in person  
"By appointment only." Please call ahead  
before coming to the office.

The regular Selectmen's meetings will be on  
Jan. 4 and 18 at 5 pm. The meetings are still  
being hosted via conference call. Please see  
the town website for call instructions.

We now have a phone number  
(603-848-2059) for the Planning Board in  
addition to the email address of  
[planningboard@canterbury-nh.org](mailto:planningboard@canterbury-nh.org). Mandy  
Irving, Town Assessor, is also now the  
Planning Board Associate and is available to  
assist with applications and zoning questions.  
Lois Scribner has taken over the position of  
Planning Board Secretary and Conservation  
Commission Secretary. She is also the  
Historic District Commission Secretary.

~ Ken Folsom, Town Administrator

## Fire Dept. responded to 300 calls

As we turn the calendar in the new year, let's  
take a moment to look back into 2020. The  
Canterbury Fire Department responded to  
over 300 calls for assistance townwide in  
2020. This does not take into account  
inspections, school drills, training sessions,  
meetings, etc.

We are in constant contact with state  
agencies as we remain at the forefront in  
battling the pandemic that has beset our world  
for almost a year. The members of CFD  
remain committed to delivering the services to  
our community uninterrupted during these  
difficult times.

~ Mike Gamache, Fire Chief

## Energy group to distribute LED bulbs

The Canterbury Energy Committee has  
received a donation of 250 LED bulbs, thanks  
to the generosity of Resilient Buildings Group  
of Concord and Leeds Burchard of Salem. We  
plan to distribute these bulbs to folks who  
need them. Please watch the town email and  
bulletin boards in town in January on how to  
receive free bulbs.

~ Ruth Heath

## Farmers Market seeks vendors and volunteers for 2021 season!

Well won't you look at that, we have survived  
2020 and welcome 2021 with joy and open  
hearts! We wish you all a Happy New Year  
filled with happiness, health, and good food!



Now that we are headed  
into a new year, that means  
we are that much closer to  
our 2021 summer season.

To meet the community  
needs of our supportive  
guests and members, **we are reaching out  
to you for any interested volunteers and/or  
vendors to be a part of our upcoming  
season.** If you or someone you may know  
would like to apply to become a vendor,  
please reach out to our Market Manager, Julie  
Dewdney, at  
[canterburyfarmersmarket@gmail.com](mailto:canterburyfarmersmarket@gmail.com). You  
can also find more information about  
becoming a vendor on our website at  
[canterburyfarmersmarket.com](http://canterburyfarmersmarket.com).

We welcome any vendors that sell agricultural  
products. Here is our Sale-able Products  
Definition: Only N.H. agricultural-based  
products will be sold, with exceptions if  
needed and approved by the Market  
Manager. At least 75 percent of produce and  
items listed on your application must be  
grown/made locally by the vendor or a  
member of their family. Agricultural crafts;  
baked goods; dairy, fish, meat, poultry, and  
seafood products; eggs; fiber goods & crafts;  
flowers; fruits & berries; herbs; honey; jams &  
jellies; potted plants; processed foods; seeds;  
syrup; vegetables; and wood crafts &  
products are all acceptable.

While you're visiting our website, check out  
our "Winter Vendors" page for the most up-to-  
date list of local vendors and their online/call-  
ahead shopping options. In addition to this  
page, the Canterbury Country Store also sells  
many local products, including Sanborn  
Meadow eggs, North Family syrup, White Oak  
Farm beef, Fox Country Smoke House  
products, and Granite State Coffee.

As a final note, we want to put you up to the  
challenge and share with us the best way to  
store winter squash! You can share your tips  
and tricks with us on Facebook or by email!

~ Emily Sullivan

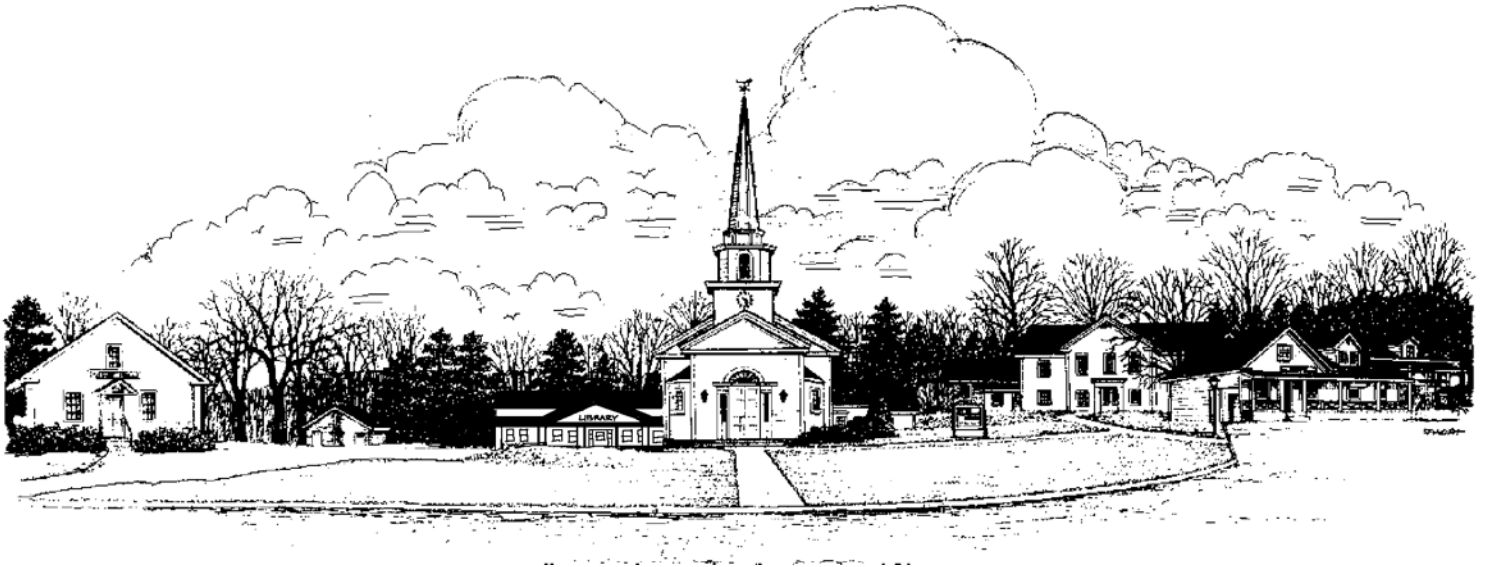


# CANTERBURY COMMUNITY NEWSLETTER

Published by:  
Canterbury United Community Church  
5 Center Road  
PO Box 216  
Canterbury, NH 03224

**Carrier Route Pre-Sort  
Canterbury, NH 03224**

Non-Profit Org.  
US Postage Paid  
Permit No. 1  
Canterbury, NH  
03224



## Shining a light in troubled Zimbabwe

Sadly, COVID-19 continues to change all of our lives and to a much greater degree has exacerbated the struggles in Zimbabwe. Many have lost their jobs in a country where the economy was already broken. Over 60 percent are acutely hungry. Zimbabwe has been identified by the World Food Program as one of the 18 countries hardest hit by severe food shortages.

Starting in January we will have to increase our food budget for the needy, which is currently \$800 per month. When schools were closed from April to late November there was no virtual or remote learning, leaving children even further behind.

At our nonprofit, A Light for Zimbabwe, we continue to believe in the power of human potential to triumph over adversity. For example, we currently have 6 students enrolled in University. A few graduates are starting to pay it forward as well as helping to run ALFZ on the ground when I can't be there.

For more information or to support our efforts, visit [alightforzimbabwe.org](http://alightforzimbabwe.org).



~ Sue Heppenstall  
(Sue is a longtime member of the church.)

## Thank you to Loudon Food Pantry volunteers!

This year we will be closed while doing inventory from Jan. 1 until Jan. 11. We will reopen for business on Tuesday, Jan. 12.

**Meal numbers:** In November we gave out enough food to create 8,862 meals to 308 individuals. Of those, 113 of those were age 60 and older, 90 were age 18 or under and 105 were in between those ages.

**To my volunteers:** As the new year rolls in, I'd like to take a moment to say thank you to the volunteers who have helped over the year. It's the people behind the scenes who keep the gears moving smoothly. During this difficult year, your dedication and great attitudes have made it less stressful to fill the needs of people who come to us. No matter what I ask of you, you found a way to make it happen. You are the true stars!

**Do you need food?** Call Sue at (603) 724-9731 to see if you qualify. The process is simple and if you have all your paperwork, you'll receive food the same day as your appointment! Visit us online at [loudonfoodpantry.org](http://loudonfoodpantry.org) or at our office in Huckleberry Business Park, 30 Chichester Road, Loudon, or call 603-724-9731. You can find us on Facebook at LoudonFP. We are open for donations and volunteers on Tuesdays from 10 to 6, Wednesdays from 10 to 1, and Thursdays from 10 to 4. Service is by appointment only.

~ Sue Houck