

Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ May 2022

A Busy Month!

Monday, May 2: *My Fair Lady* viewing, Elkins Library. *Page 10.*

Thursday, May 5: Chair yoga, Elkins Café, *Page 10.*

Saturday, May 7: Canterbury Benevolent Society meets, Parish House Chapel Room. *Page 7.*

Wednesday, May 11: Annual Plant Swap, Town Center. *Page 3.*

Wednesday, May 11: Canterbury Fair planning meeting. Parish House. *Page 6.*

Saturday, May 14: Shaker Village opening day, 5K race. *Page 9.*

Tuesday, May 17: Invasive plants lecture, Town Hall. *Page 3.*

Tuesday, May 17: Hearing on burials at Shell Meetinghouse Cemetery, Meeting House. *Page 5.*

Thursday, May 19: Tick-borne diseases discussion, Elkins Café, *Page 10.*

Saturday, May 21: Sweets of May community dance, Parish House. *Page 7.*

Monday, May 30: Memorial Day Observance, Town Center. *Page 6.*

Wednesday, June 1: Farmers Market Opening Day, library parking lot. *Page 4.*

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A community Easter breakfast at the Parish House drew a crowd.

It was so good to all be together again! Photos, *Page 7.*

Slow Down, and Life Opens Up

Dear Friends,

Last week I got a long look at one of my neighbors, a hefty grey squirrel. She and her buddies regularly dine under my birdfeeder, and they're usually in constant motion, hopping, digging, wrestling, racing, leaping like trapeze artists from branch to branch. Even though I don't want them to move back into our barn (like last year), they always make me smile. But today this squirrel was still, head up and tail down on the trunk of a maple, frozen in mid-ascent. After a minute, I realized I had misjudged her. She was not frozen; she was licking the dark bark where the maple sap was dripping after one of the last cool nights of April. With the tiniest movement, she was tasting that sweetness. I thought I saw her close her eyes in ecstasy as she licked that sticky bark!



Pastor Becky Josephson

~
Sunday service: 10 am

This got me thinking about speed and stillness. In the past two years, many of us have lived in a strange mix of hyper-drive and nowhere to go. We work long hours, sleep too little, type faster than we can think, and are entertained at gigaspeeds. Keeping to ourselves to stay healthy, we just keep speeding up, all the while feeling a little stuck in one gear. We've grown unused to socializing and coming together for slow suppers and the joy of listening and having another slice of pie.

One of the great delights of the church office in the Parish House is its proximity to the Canterbury Whole Child Center. From here I get to eavesdrop on the kids' learning and growing, and of course, playing. When they go outside, it's near constant motion. They just delight in running and skipping and twirling. How can I help but join in? "Look how fast I can go!" they order me. "Watch me twirl!" "Hey, watch this!" "Do you want to see my cartwheel?" One afternoon I challenged them. "Wow, you guys are super fast! But how slow can you go?" Fieriona bit her lip as she tried a two-footed slo-mo pirouette. Gavin started out slow, but just couldn't hold himself back; he needed to run! Oscar said, "Watch how slow," then he stood stock-still until he broke out laughing. I laughed too.

Speed can be fun; it hijacks all our senses at once. It feels good to run as fast as we can, to coast down a hill with the wind in our faces, to move with efficiency and delight. But there is pleasure in slow motion as well; it engenders wonder. We could try to decelerate a few moments of our perpetual racing. It's easier said than done, I know. So much around us encourages greater speed, more productivity, higher ambition. Our livelihoods and our sense of self and goodness are all wrapped up in this culture of speed. It's not so easy to slow down when others are speeding, digging up last fall's acorns and cartwheeling down the hill!

Instead of trying to drop out of the digital speed loop, what if we give ourselves an occasional Wonder Respite? For just two minutes a day, see how slow you can go. How slowly can you drink that coffee? How slowly can you walk to the store? And what do you see, hear, and feel? We have the capacity for amazing speed; it's true. Mental acuity, physical power, and emotional quickness are ours, but there's a joy and sweetness to slo-mo, too, and it opens us up to the healing power of awe. When we slow down, for even two minutes, we see more, hear more, and feel more. We start to wonder more, and besides, there's sap ready for us to lick!

Peace, Becky

Local Folks, Here to Serve You ...

PETALS IN THE PINES: Opening May 6! Affordable, local, and educational for all ages: explore, take a "nature break," or meditate. Farm Stand Gift Shop, 2 miles of walking trails, and 2 labyrinths! Self-Service shopping: Leaf Stones, hand-crafted silk scarves, Swedish Almond Cakes, John Polizzi's gorgeous photo cards, other local products. Daily 9-6. Please NO PETS. 603-783-0220; 126 Baptist Road; petalsinthepines.com

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CANTERBURY COUNTRY STORE: We're open 6:30-6 on Monday-Saturday, 8-5 on Sunday. You'll find quality local foods and products (and Canterbury neighbors) as well as a variety of convenience store items. If you don't see something you'd like, ask! Call us at 783-9933 if you'd like items bagged for pickup.

CANTERBURY ALEWORKS: Hyper-local craft beer! canterburyaleworks.com Open for good company, tasters, pints and growlers to go Saturdays and Sundays, 1-5.

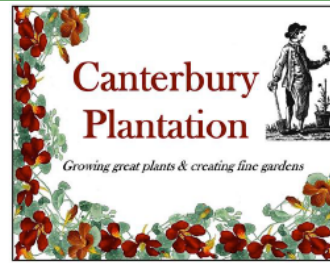
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Farm Stand Open

May Hours

Thurs-Sat 10:00 to 5:00

Sunday 10:00 to 4:00

- Early May starts us off with pansies, perennials and cold weather vegetable transplants.

- Mid May will bring on a larger selection of cool-soil tolerant annuals, vegetables and herbs.

- Late May will bring us into prime planting season with all manner of plants, both heirloom & hybrid varieties, ready to go home to your pots & plots!

So, grab a friend and stop by for a relaxing & friendly plant shopping excursion, some unique plants and helpful advice. Thanks to all who came out last year for your support as we transitioned our business. We look forward to seeing you soon!

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CANTERBURY WOODS COUNTRY CLUB: Open 7 days a week from 11am-8pm. Dine-in or takeout available. Tuesday and Wednesday are Canterbury Night! Show a valid ID showing your address in Canterbury, receive 10 percent off your food.

COLD GARDEN SPIRITS: Please join us weekends 1-4:30, by appointment, chance and for online orders: coldgradenspirits.com. Tastings, sales and a cocktail if you're lucky. Our Pommeau is available at NH liquor stores in Concord, Hooksett and Tilton! Thanks to our loyal Canterbury customers! Email info@coldgardenspirits.com.

CANTERBURY WHOLE CHILD CENTER is accepting waitlist applications for children 3-12yrs to nature/art based preschool & before/after school care. 603-783-4370 or CanterburyWholeChildCenter@gmail.com for more information.

BROOKFORD FARM: Our farm store is open daily from 7 am to 7 pm. Pre-order for pickup Tuesday through Sunday. CSA subscriptions and bulk meat orders available too. Organic vegetables, krauts, aged meats, 100 percent grass-fed beef and dairy, pastured chicken, eggs, pork and lamb. Find out more at our website: brookfordfarm.com.

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DEWEY SCHOOL: The Dewey School welcomes children ages 3-5 to nature based early learning at the historic Canterbury Shaker Village. Deweyschool.net.

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Bring what you can, take what you need at the Annual Canterbury Plant Swap!

The Annual Canterbury Plant Swap will be held on Wednesday, May 11, from 6 to 7 pm at the gazebo in the center of town. Bring your labeled, divided perennials, bulbs and natives, or extra flower and vegetable seedlings you might have.

Due to the transmission of the invasive jumping worm that can happen when swapping plants, we ask that you bring all dug plants as bare root. Use a high-pressure setting on your hose to spray all soil off. Bring your plants in shallow trays or plastic bags with enough water to keep the roots moist. For more information about the invasive jumping worm visit extension.unh.edu/resource/plant-sales-and-jumping-worms

This swap is open to anyone in town no matter your level of gardening experience. If you're new to Canterbury it's a great way to pick up some plants to landscape your yard and meet your neighbors at the same time. There's always plenty to share so come even if you don't have much to bring.

Master Gardeners Donna Miller and Meg Miller will be on hand with gardening handouts, and will help answer your gardening questions. Call Donna at 783-0220 if you have any questions.

Talk will highlight what to know — and what to do — about invasive plants

You know you've seen them. The white blooms of Multiflora Rose growing along Kimball Pond Road in the early summer. Japanese Knotweed creeping right up along roadsides and hanging over the shoulder. Oriental Bittersweet vines climbing up through trees and choking their trunks. You might even have some taking over on your property. What should you do?? We have answers.

The Elkins Public Library Speakers Series presents a program on Invasive Plants, Tuesday, May 17, at 6 pm in the Town Hall.

Attendees will learn the official definition of invasive species and what differentiates an invasive from a native species. The concerns surrounding invasive plants and the ecological characteristics common to invasive plants will be discussed. To assist attendees that have invasive plant issues, a number of practical control strategies will be presented, including helpful resources.

Our speaker is Sienna Larson of Hopkinton, a Master Gardener since 2016 and graduate of the NH Invasives Academy in 2018.

Food for Thought, Times Three

Farmers Market Opening Day: June 1!

Mark your calendars for opening day on Wednesday, June 1, from 4 to 6:30 pm. We cannot wait to see you again soon! We have a great mix of new and returning vendors to provide you with the best local produce around. Each week will have live music, so bring a friend and enjoy!

Supporters of the market can renew their membership by visiting our website and mailing a check payable to CCFMA to PO Box 3, Canterbury, NH 03224. You can also fill out a membership form right at the Info tent when you stop by to shop! Support from our members is what makes this market possible and continues our mission of connecting people to delicious, local produce. For more information about this, visit our website at canterburyfarmersmarket.com.

~ Emily Sullivan

Food pantry provides 5,520 meals in a month

In March the Loudon Food Pantry gave out enough food to 241 individuals for them to prepare 5,520 meals. Of these people, 124 were age 60 and older (51%), 28 were age 18 or under (12%), and 89 were in between those ages (37%).

The Boy Scouts and The American Legion Food Drive: This group venture collected enough food and funds for us to give out enough food to create 1,039 meals. We all had fun and are thinking about doing it again next year! Great work everyone!

Do you need food? Call Sue at (603) 724-9731 to see if you qualify. The process is simple. You'll find full hours, location, and contact information in the community listings on Page 11.

~ Sue Houck

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North Country HVAC, LLC, whose ad is above, was founded by James and Mickey Chandler, longtime residents of Canterbury!

An Agricultural Commission: What is it?

State law (RSA 673-44e) authorizes agricultural commissions. Their purpose is to protect agricultural lands, preserve rural character, provide a voice for farmers, and encourage

agriculture-based businesses. An agricultural commission gives farming a voice but is not regulatory. Town meeting 2009 voted to authorize a Canterbury Agricultural Commission.

The commission serves as an information bridge between farm businesses

and the non-farming public. The commission is well positioned to fulfill this role. Of the seven members on the commission, five have degrees in agriculture or allied fields and three have advanced degrees in agriculture or allied fields.

We live in Canterbury for various reasons. It may be the job we have or the rural atmosphere or mud season (although I doubt that). It could be the opportunity to buy local produce, the enjoyment of open space, observing livestock grazing in the meadow or the pick your own venues. Agriculture and forestry contribute significantly to our quality of life. The Ag Commission strives to keep farming and forestry in our future.

~ Wayne Mann

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The Latest from Your Town Officials

Town news: fireworks, audit, job posting

The fireworks at Canterbury Elementary School will be held on Saturday, July 2. Once again, JPI Pyrotechnics will provide the show.



The annual audit of the town's finances is being conducted by Plodzick and Sanderson.

There is still a vacancy for the Transfer Station Manager, a part-time, permanent position. The posting is on the town website.

The regular Board of Selectmen's meetings are May 2 and May 16.

~ Ken Folsom, Town Administrator

The Office of the Town Clerk-Tax Collector will be closed Wednesday, May 25, for an educational workshop.

~ Sam Papps, Town Clerk-Tax Collector

Remember: no outside burning without a permit

We would like to remind all residents of town that any type of outside burning is prohibited without a permit unless the ground is covered by snow. Permits can be obtained at the fire station or online, which we encourage. Please visit www.nhfirepermit.com to secure your permit.

~ Mike Gamache, Fire Chief

Please remove last year's ornaments from Maple Grove Cemetery by May 10

The Cemetery By-Laws and Regulations require that all ornaments surrounding headstones, except U.S. flags and military stanchions, at the Maple Grove Cemetery be removed by Nov. 1 in preparation for pre-winter maintenance. It is requested that any abandoned ornaments from last fall be claimed by May 10. (These ornaments are currently located on the stonewall near the southwest corner of MGC.) At that time the ornaments will be removed to another location. Your cooperation in this matter is greatly appreciated.



One ornament among many, awaiting recovery.

The Canterbury Cemetery Trustees will conclude the public hearing regarding resumption of burials at Shell Meetinghouse Cemetery and the establishment of new interment fees on Tuesday, May 17, at 9 pm in the Meeting House. At that time oral and written input will be considered.

~ John Goegel, for the Cemetery Trustees

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A Time for Gatherings

Parade, talk highlight Memorial Day

Let us remember, and honor, those warriors who have died in combat protecting each other and helping to preserve our way of life here in Canterbury. Our Memorial Day observance will be on Monday the 30th at the bandstand in the center. It will begin at 10 with a parade down the hill from the elementary school to the bandstand in the center. Participants should assemble at the school by 9:45. Local historian Mark Stevens will deliver the address. USMC Captain and Vietnam veteran Dale Caswell will officiate. Veterans in uniform, BDU's or civilian dress are especially encouraged to join 4H, Scouts, town groups, selectmen, legislators, fire and police, and our own Belmont High School Band under the direction of Lauren Fountain.

In the event of rain, the observance will move to the Parish House.

~ Dale K. Caswell, caschief@gmail.com

Help wanted with children's games on the 4th

Anyone interested in helping with children's games on the lawn of the church on Independence Day? Doesn't get any more wholesome than this! Let Rick Crockford know at rick.crockford044@gmail.com.



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The Canterbury Fair is ON!



Some new, some old ~ and all of it great!

We've got some great new fun coming at you on the last Saturday in July: crafts and vendors, music and munchies. We've got a children's entertainer, Mr. Aaron, on the library porch and Lunch at the Dump in the Gazebo. There's even a big surprise in store.

I can smell that Chicken BBQ now! **If you want to get involved, our next meeting is in the Parish House at 7 pm on May 11.** Hope to see you there, ain't nothin' like the Fair.

~ Rick Crockford and Bob Drew



Attention any and all former Morris dancers and musicians! We're coming back together!

This year for the Canterbury Fair, we are throwing it out to the universe to call on any and all former dancers and musicians to join us in the center at 10:30 am to dance a few dances together in the spirit of coming back together! Don't worry if you don't remember how to do it ... it will all come back to you once you hear that melodious music coming from between Dudley's hands! No bells? Don't worry! Those with them will make enough noise for all!

So, grab a set of hankies, bring some solid footwear, and join us at the center at 10:30 on Fair Day!!

~ Polly Camire

Community News from the Canterbury Church!

Canterbury Fund scholarship application deadline is June 30

The Canterbury Fund is currently accepting applications with a strict deadline of June 30 from Canterbury residents for its yearly college scholarships. This year all student applicants must physically appear at a committee meeting and introduce themselves in order to be eligible for funds. Meetings will be in the evenings in June. For more information on how to apply please contact Jessie Tichko by email at tshot04@gmail.com.

About the Canterbury Fund

The Canterbury Fund is a charitable trust established by Alexander Standish of Canterbury on June 10, 1966. One purpose of the fund is to assist Canterbury residents who are in need of financial assistance due to hardships resulting from an emergency or health issues. The fund may make grants to organizations in Canterbury to assist in the funding of community projects which, in the opinion of the trustees, are in the best interest of all Canterbury residents!

Another use of the fund is to offer some assistance to students as they continue their studies in higher education.

As stipulated by Mr. Standish, the trustees of the fund were established to be the trustees of the Canterbury United Community Church, though the Canterbury Fund's assets are not associated with the church itself. The trust also established that a Canterbury Fund Loan and Grant Committee would work in tandem with the fund trustees. This committee receives all requests to the fund for loans or grants. The committee makes recommendations to the trustees, who may approve or disapprove the recommendation of the committee. The Loan and Grant Committee is made up of representatives associated with town organizations.

Over the years since the fund was established, the fund has grown both through interest on the principal and proceeds from the Canterbury Town Fair. Many of our Canterbury residents and the community as a whole have benefited greatly from the generosity and forethought of Alexander Standish. Mr. Standish and the continued dedication of your neighbors who help to administer the fund to care for our neighbors in Canterbury is inspiring and something to celebrate.



An Easter breakfast at the Parish House drew a crowd. Thanks to everyone who pitched in to make this great gathering happen!



After 2 years, Benevolent Society meets again!

Canterbury Benevolent Society would like to meet May 7 at 10 am in the Parish House Chapel Room. A small brunch will be served. We have not met in person since March 2020, so we have much to talk about. Masks are optional, and we can still socially distance. Please message Denise Sojka at 603-387-5380 or sojkahouse@comcast.net if you can attend this important meeting.

All are welcome at Sweets of May dance

Save the date — May 21, 7 pm — for a "Sweets of May" community dance at the Parish House! Music by Wind in the Timothy. All ages and abilities welcome, no experience needed! *Taste your legs* with Canterbury traditional dances!

Canterbury: Where Life Rocks Around the Clock!

One Room School House students, CES staff and friends dive back into the 1950s

Do you have an incoming kindergartener for the 2022-2023 school year? Registration for the fall is now open! You can register online at sau80.org/resources___/regostratopm or stop by the office for a packet. Please send any questions to Mrs. Blanchette at lblanchette@sau80.org. We are so excited to welcome our new kindergarten friends. Fall will be here before we know it!

Administrative Assistants Day: CES celebrated Administrative Assistants Day on April 20. We appreciate Mrs. Blanchette and all of the ways she takes care of us and keeps the office running smoothly. Thank you, Mrs. Blanchette!

Save the date: Our fifth-grade promotion night will be held on Monday, June 20, at 6 pm. Please join us in celebrating our wonderful scholars.

One Room School House kickoff event: CES students were treated to a day of lessons and activities to immerse them into the 1950s era. This kickoff event helped students understand the time period ahead of their visit to the one-room school. Several of our teachers, community members and retired teachers helped run this event, in which students had the opportunity to participate in 1950s style dancing, try on clothing of the time period, check out gadgets and toys from the '50s, and much more. Mark Stevens put together a presentation that included pictures and letters of how CES was built. Students learned how the community came together to build CES.

Thank you: Many Canterbury residents have shown kindness and volunteered their time and resources to CES recently. Isabella Lewis used her exemplary seamstress skills to create a set of curtains for one of our learning spaces. Tanner McKim and Cate McDonald attended our One Room Schoolhouse Kickoff day and helped students to learn about the 1950s.



One Room Schoolhouse participants (above) as well as Principal Erin Chubb (left) and Administrative Assistant Mrs. Blanchette were all feeling the 1950s!

Pastor Becky coordinated support to bring student lunch accounts up to date, and the Hutchinson family hosted our fourth-graders for a field trip to the sugarhouse. CES staff and students greatly appreciate everyone's support.

~ Erin Chubb, Principal

Save the date for the annual yard sale

Saturday, July 9

On the Center Gazebo Green
Rain or shine

Bring your own treasures to sell, table and your own cash box. A small charge of \$3-\$5 for the *Concord Monitor* newspaper ad collected that morning.

Any questions please contact Jessie Tichko
Tshot04@gmail.com.

4H: It's about so much more than animals!

The Canterbury Rascals 4H club meets monthly in the Parish House. The County 4H Presents event is coming up in May; events include photography, posters, recipe cards, action exhibits, public speaking, and demonstration. We continue to search for an organizational leader. Please contact Laura Crockford at canterburyrascals4h@gmail.com with questions about membership.

4H isn't just animals and we'd love for you to join us. Projects this year have included Tree Identification, knitting, cross stitch, and lamp repair. Additional events are offered through the county and state 4H offices.

~ Laura Crockford

The Past, the Present, and the Future!

Library, Historical Society co-sponsor talk about the future of the Shaker Village

Mark your calendar for 7 pm on June 7 in the Town Hall when the Canterbury Historical Society and Elkins Library will co-sponsor a special program detailing current and future plans for Canterbury's Shaker Village. Executive Director Leslie Nolan will lead a presentation incorporating the many plans, programs and projects currently underway or in development at the Village. Everyone is invited. Refreshments will be served. This will be a special program and the first we have been able to present since the beginning of the pandemic.

Milestones for the One Room School House: When our 13th year of sponsoring the School House Program convened in April we were gratified to learn that two Belmont High School sophomores, who are both aspiring teachers, had been chosen to participate in the program by the program's coordinator, Enrichment Teacher Karen Gingrich.

Cate McDonald of Canterbury actually attended the school house when she was in elementary school. Tanner McKim of Belmont did not attend the program, but was an enthusiastic participant. Both Cate and Tanner were assigned teaching duties under the supervision of Mrs. Gingrich.

The society is gratified that our program has served to encourage and provide a platform for these young students contemplating becoming teachers. One might say the School House program has come "full circle"!

~ Bob Scarponi, President



Ever wondered if Canterbury residents in days past had a sense of humor? We have an answer! This photo features the Cody brothers — Richard, Robert and Luther — on a picnic with friends. See many more photographs by Luther on the Historical Society website: canterburyhistory.org.



5K race highlights village's opening day

Canterbury Shaker Village reopens for the 2022 season on Saturday, May 14! Tours will be offered Tuesday through Sunday at 11 am, 1 pm, and 3 pm in May, and additional tour times will be added throughout the summer.

Visit the village for the popular Shaker Stories tour, and be on the lookout later this year for new thematic tours that delve even deeper into the Shakers' varied and fascinating history and culture. Members receive half price on tours, and everyone age 25 and younger are always free. We look forward to making you kindly welcome!

Cross Country 5K Race

Saturday, May 14, 10 am

The Capital Area Race Series returns to the village. The race series, in partnership with Millennium Running, links capital area races together to support participation, competition, health, fitness, camaraderie, and fun for all ages. Participants may run or walk the entire trail loop. There is also an option to run virtually! For more information, please visit: runcarsnh.com. The race at the village is a 5K cross-country event, wrapping around the village's trails, fields, ponds, and pastures. All are welcome.

Wilderness : Light Sizzles Around Me

Saturday, May 28, through Sunday, Sept. 11
Hubbard Gallery

Wilderness: Light Sizzles Around Me features a uniquely inspired group of sculptures and two-dimensional works more than a decade in the making. The exhibition represents renowned artist Lesley Dill's ongoing investigation into the significant voices and personas of America's past.

For Dill, the "American" voice grew from early America's obsessions with divinity and devilry, on fears of the wilderness "out there" and wilderness inside us. The extremes of both shaped history and gave pulse and heat to the words of activists like Mother Ann Lee, Johnathan Edwards, Sojourner Truth, and Dred Scott.

~ Rae Easter

Elkins Library: Evening Lectures Are Back!

The next Trustee meeting is on Monday, May 23, at 7 pm in the library. Friends of Elkins Public Library will have a full member meeting on Wednesday, May 4, at 6 pm in the Meeting House. Come be a part of this amazing group of library supporters!

Open Hours: Mondays and Tuesdays, 9 to 5; Wednesdays and Thursday, 9 to 7, and Saturdays, 9 to noon. Check out our website and Facebook page for more information about our expanding services!

Programs

The Old Man Boring Book Club will meet on Thursday, May 5 at 6 pm. This group of interesting men and women bring titles to share and discuss.

Evening Book Group: In May we will be reading *The Last Night In London* by Karen White, a captivating story of friendship, love and betrayal that moves between war-torn London during the Blitz and the present day. On Wednesday, May 18, at 6 pm, we will meet to discuss the book. Copies are available at the library or on Libby. (Not available on Hoopla.)

Murder, Mayhem and Misadventure will meet on Tuesday, May 24, at 2. The Sleuth has been doing some investigative work on some of the books we discussed last month and we will continue with our discussion of different categories of mysteries. Come join this fun group. We meet the fourth Tuesday of each month at 2 pm.

On Pins and Needles: Bring your knitting, crocheting, embroidery, felting or other fiber craft along and join Cheryl by the fireplace at 2 pm every Wednesday. Beginners welcome! This group will take a summer break for June, July and August. Be ready to join us in the fall as we work on a charitable knitting (or crocheting) project.

Elkins Café. Join Rachel by the fireplace on the first and third Thursday of each month at 2 pm for an hour. We start the time with fellowship and refreshments and then work into our program. Adults of all ages are welcome and encouraged to participate. Here are May's programs:

May 5: Sarah Sachetta, owner of Sage and Soul Wellness is coming back to treat us to some chair yoga. She is a Certified Holistic Health Coach, Yoga Instructor and Reiki Master who joined us in March. We all adored her visit.

May 19: Kathie Fife will lead a discussion about ticks and tick-borne diseases. Why are tick populations and rates of Lyme disease increasing every year? We will look at how land use changes, essential predators, and wildlife behavior play a significant role in keeping the ecosystem, including humans, healthy. Lyme disease is the number one vector borne disease in America, so why are Lyme and tick borne infections often misdiagnosed? We will close our discussion with retired Canterbury state representative Howard Moffett. Kathie and Howard worked together on a bill about Lyme disease testing.

Elkins Public Library Speakers Series

May marks the return of evening programming! Elkins Public Library will host Sienna Larson, a Master Gardener, on May 17 at 6 pm in the Meeting House to discuss invasive plants. (See details on Page 3.) On June 7 at 7 pm join us as Elkins Public Library teams up with Canterbury Historical Society for a program about Canterbury Shaker Village. (Details on Page 9.)

Musical Monday: On the first Monday of every month, come watch a musical on our big screen at 2 pm. We are having such fun with this program! On Monday, May 2, at 2 pm, we will feature *My Fair Lady*.

Story Time: Our Children's Room is bursting with fun every Tuesday and Wednesday at 10 am for stories, songs, finger plays and a craft with Miss Cheryl. This program is best suited for children birth to 5.

Tunes, Tales and Tumbles: If wiggling is your thing, come to this program for children ages baby through preschool. This new program incorporates the five early literacy skills – read, sing, talk, write and play – that are so important in preparing your child for reading. Join us Thursday mornings at 10 am for a program filled with music, stretching, rhymes, stories and fun!

1000 Books Before Kindergarten: Register for Elkins Public Library's 1000 Books Before Kindergarten program. This is a parent-led program that's easy and fun to do and has such positive results! Studies show that reading 1,000 books to your child will help prepare them for kindergarten and a lifetime of reading. Stop by the library for more information and to pick up your child's first reading log.

Summer Reading: This May, Miss Cheryl will be visiting the Canterbury Elementary School to talk about this summer's reading program – Oceans of Possibilities! Look for more information on what Elkins Public Library has planned for patrons of all ages in the June newsletter. Get ready for a summer of fun!

Phone: 603-783-4386 **Website:** elkinspubliclibrary.org
Material requests: elkinslibrary@elkinspubliclibrary.org, 603-783-4386 or our catalog link on the website.

Rachel Baker (Director)
mrsbaker@elkinspubliclibrary.org

Roseann Howe (Circulation Manager)
circulationmanager@elkinspubliclibrary.org

Cheryl Ingerson (Youth Services)
cingeron@elkinspubliclibrary.org

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call 783-0433 for non-emergencies. Concord police dispatch: 228-1010 for non-emergencies.

Fire Department: Call 783-4798 for non-emergencies. Email chief at canterburyfire@canterbury-nh.org

Town website:
canterbury-nh.org

Transfer Station: Wed., 4 to 6:45 pm; Sat., 8 am to 5:45 pm. Call 783-9980 or email transferstation@canterbury-nh.org

Town Clerk/Tax Collector: 783-0153. Mon. and Wed., 9 to 3; Tue. and Thur. 12 to 7. Email: spapps@canterbury-nh.org

Selectmen's Office, Town Administrator, and Assessor's Office: 783-9955. Mon. and Wed., 9 to 1; Thur. 10 to 2. Emails: selectmen@canterbury-nh.org assessing@canterbury-nh.org kfolsom@canterbury-nh.org

Building Inspector: 783-9033 buildinginspector@canterbury-nh.org

Highway Dept: 783-4123 canterburyhighway@canterbury-nh.org

Planning Board: 848-2059 planningboard@canterbury-nh.org

Monthly Meetings (Check town website for details.)
- **Planning Board:** 2nd Tue., 7 pm; 4th Tue. as needed
- **Conservation Commission:** 2nd Thurs., 7 pm
- **Historic District Commission:** 3rd Wed., 7 pm
- **Selectmen:** 1st and 3rd Mon., 6 pm
- **Solid Waste Committee:** 4th Mon., 3:30 pm (6 pm on request)
- **Zoning Board:** As needed.
- **Energy Committee:** 1st Tues., 6 pm

Canterbury United Community Church

How to reach us: By phone, 783-9365. By email, mycanterburychurch@gmail.com

Parish House rental: By phone, 783-9365. By email, mycanterburychurch@gmail.com

Online: canterburychurch.org [facebook.com/MyCanterburyChurch](https://www.facebook.com/MyCanterburyChurch)

Newsletter: Deadline is 16th of month before publication. Editors: Mark and Brenda Travis, newslettercanterbury@gmail.com

Canterbury Fair: twitter.com/CanterburyFair [facebook.com/CanterburyFair](https://www.facebook.com/CanterburyFair)

Town Email List

Rachel Baker manages the Canterbury Town Email List. Join or submit by emailing canterburytownemail@gmail.com

Post Office

Hours: Mon.-Fri., 10 am to 5 pm (closed 12:30 to 1:30 pm); Sat., 8:30 am to noon; 783-4158

Stores

Canterbury Country Store: Mon.-Sat., 6:30 am to 6 pm; Sun., 8 am to 5 pm; 783-9933

Brookford Farm Store: 7 am to 7 pm daily; 783-4084

106 Beanstalk: 6 am until midnight daily; 783-4305

Loudon Food Pantry

Hours: Open for donations and volunteers Tues. 10-6, Wed. 10-1, Thurs. 10-4.

Service: By appointment only at same hours as above.

Location: Huckleberry Business Park, Unit D, 30 Chichester Road, Loudon.

Contact: 603-724-9731, on Facebook at LoudonFP, or on our website: loudonfoodpantry.org.

Online or in person, Quaker Meeting welcomes your presence

Curious about Quakerism? Our core values are equality, simplicity, integrity, peace, community, and environment stewardship. We believe the Divine exists in all of us and that we can all know and be known by God. Our worship is not programmed; we wait together in silence. Spoken messages may or may not arise as we each listen for God in our hearts. We seek to build a beloved community and support each other as we attempt to be faithful to God's will in the world. For more information about our Meeting and Quakerism, visit our webpage: www.ConcordFriendsMeeting.org

The Quaker Meetinghouse at 11 Oxbow Pond Road is open for hybrid worship each Sunday at 10 am. Everyone is welcome to attend via Zoom (email info@ConcordFriendsMeeting.org for the link). We welcome fully vaccinated people to worship in the Meetinghouse, with masks required (at this time). We are an open and affirming community! Singing begins at 10 am, followed by unprogrammed worship from 10:15 to 11:15 am. We have introductions and announcements that are followed by fellowship.

We also hold a technology-free Meeting for Worship every Thursday at 7pm. (No Zoom option, just in person). Contact Rich Kleinschmidt if you plan to come at klnschmidt@gmail.com. We have two active Zoom book discussion groups, currently reading Gatherings on building relationship with indigenous groups.

We are especially delighted to welcome vaccinated children; they have their own programming and join us at the end of worship. The teachers provide a loving environment for children to discover and experience the Inner Light while encouraging caring relationships with each other. See our Youth page on our website: concordfriendsmeeting.org/ChildrensProgram.

~ Ruth Heath

Come explore the Church of the Woods trails

The trails at Church of the Woods are open at all times for visitors who come in peace. We're located on 106 acres at 92 Foster Road. You'll find trail maps at the barn by the parking lot. We'd be glad if you left us a note at the barn about what you encounter, think, see, hear, smell, feel.

While here, you're also welcome to walk the labyrinth next to the barn. It's a circular, contemplative walk intended to evoke the spiritual journey. Persist, and you will find your way to the center.

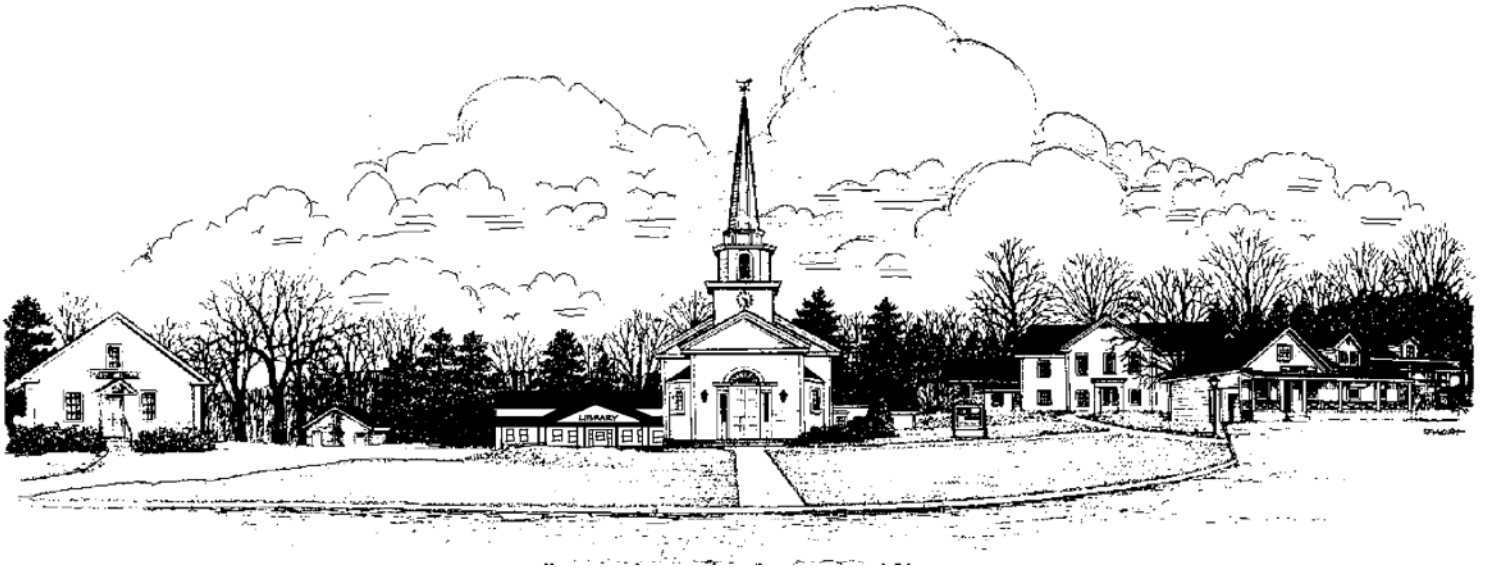
~ The Rev. Steve Blackmer

CANTERBURY COMMUNITY NEWSLETTER

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Trail Notes: A new way of thinking about Canterbury's special places

Places with a special presence, or whatever you want to call it. I'm getting back out on the trails – physically and mentally restorative. And I've been reading about Indians. (I realized I knew almost nothing about Native Americans.) They have their great spirit, which clearly dwells in nature. I am in awe of their connection to nature.

I've always had my "favorite places" – Fountain Pond at Shaker Village, Spender Meadow, Fox Pond. But now that I'm imbuing myself in Indian mentality I'm beginning to see them as spiritual places. The Indians certainly have areas that are sacred to them. A waterfall in Boulder Canyon, Colorado, is one I've seen.

So this spring so far I've made it out to Fountain Pond. The Shakers used to have the woods cleared so they could see it from their holy ground. And one day in early April, Steve Smith and I went out to Spender. I'd been out there a week before with Judy and Arnie and the trail needed maintenance. I'd



This is braided sweetgrass, and it smells lovely.

realized Steve hadn't been there and he's too good a friend not to share it with. And I needed someone to do the chainsawing!

The ice is out. The geese are still there. I'll have to go back to see them with their goslings. Still plenty of water in the outflow to sing us a good song. The beavers are doing a fine job of maintaining the dam. Steve spotted a second lodge and dam work at the cove on Morrill.

So now the trail looks loved and I'm back to taking frequent mental trips there.

If you're into making your special places into spiritual destinations I recommend reading *Braiding Sweetgrass* by Robin Wall Kimmer, one of the most popular books in the library. Also *The Gatherings* by Shirley N. Hager et al (read in that order). I'll ask Rachel to get it. It's a unique book, and transformative.

~ Dave Emerson