

Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ October 2021

This Month ...

Sunday, Oct. 3: Cross country race, Shaker Village. *Page 4.*

Tuesday, Oct. 5: Storytime begins. Elkins Library. *Page 5.*

Thursday, Oct. 7: Old Man Boring Book Club, Elkins Library. *Page 5.*

Monday, Oct. 11: Columbus Day. Library, school and town clerk's office are among the closings.

Wednesday, Oct. 13: Keep Calm & Craft On! Elkins Library. *Page 5.*

Friday, Oct. 15: A second cross country race, Shaker Village. *Page 4.*

Tuesday, Oct. 19: Book Group, Elkins Library. *Page 5.*

Saturday, Oct. 23: A *third* cross country race, Shaker Village. *Page 4.*

Saturday, Oct. 30: Town Halloween Celebration in the center. *Page 3.*

Inside ...

Bud's family says thanks: The family of Charles "Bud" Thompson is grateful for the community's support. *Page 4.*

Free tech help: It's available every Thursday evening with an appointment at the Elkins Library! *Page 5.*

Winter Market is coming! An indoor market will be held once each in November and December. *Page 6.*

Need Help? Just Ask.

Greetings Neighbors,

I subscribe to our denomination's online daily devotional. Almost three weeks ago now, on the 20th anniversary of 9/11, I was especially touched by the devotional that day. It helped to set the tone for me as I prepared to remember so many whose lives were lost and so many whose lives were forever changed that day. I share that devotional with you this day because its reminder of the importance of asking for help, accepting help, and offering help is an important one for any time. May that spirit continue to move among us as neighbors in Canterbury.

God's Peace,
Pastor Sara

Needing Help

By Ann Kansfield

Out of the depths I cry to you, O Lord; Lord, hear my voice! Psalm 130: 1 (NRSV)

Members of the New York City Fire Department will gather today at St. Patrick's Cathedral for a memorial mass remembering the 343 members of the department who died 20 years ago. I serve as one of FDNY's chaplains; today is a very sacred day among the people I serve.

Preparations for today's memorial mass began over a year ago. I was assigned the "Prayer for the Fallen" in the service, and as I prepared, words suddenly failed me. It was as if I didn't know how to talk to God on behalf of the people gathered.

How can I pray when the moment is so holy?

In desperation, I posted a request for help on social media. I needed words—original words, borrowed words, inspirational words, you-can-do-it words. Almost immediately, I started receiving prayers and songs and poems. They came as comments, direct messages, texts, and emails. And not just from my minister friends, but a rabbi, several firefighters, and multiple 9/11 widows. I needed help, and help came.

A friend from college wrote to me: "Often, we ask the Person Upstairs, but we're actually answered by the people next door or down the street, or even (gasp) on the internet. And that's maybe what the prayer could be about—we haven't stopped needing help, and we shouldn't stop asking for it. Because we know if we ask for strength to call out for help, help will come."

Today we remember that when we ask for help, God sends people. And on that Tuesday twenty years ago, people cried out for help. Many of the people who responded made the ultimate sacrifice and died that day. Others who responded became sick and died in the years that have followed. We honor their memory with our prayers—when we ask for help, accept help from others, and give help freely to others.

Pastor Sara and the community church are here for everyone. Contact us by email at mycanterburychurch@gmail.com or leave a message at 783-9365.

Local Folks, Here to Serve You ...

WEE-ONES WALKS are an opportunity for caregivers and their wee-ones, ages birth through age 3 to explore the grounds of the Canterbury Shaker Village with a nature-based educator offering important first learning and social experiences in nature. Find out more at deweyschool.net/roots-program

NORTH FAMILY FARM: Please note that we have sold out of seasoned firewood for this year and won't be taking orders for 2022 till the spring. You can find this year's organic maple syrup at our local store, the Concord Food Coop, Brookford Farm, our Farmer's Market or by appointment at the farm. Check northfamilyfarm.com or call Jill and Tim at 783-4712.

WHITE ROCK FARM: Thanks to all who made this a great flower season. We are grateful for your support. We look forward to a wonderful season next year.

CANTERBURY WHOLE CHILD CENTER is accepting waitlist applications for children 3-12yrs to nature/art based preschool & before/after school care. 783-4691 or CanterburyWholeChildCenter@gmail.com for more information.

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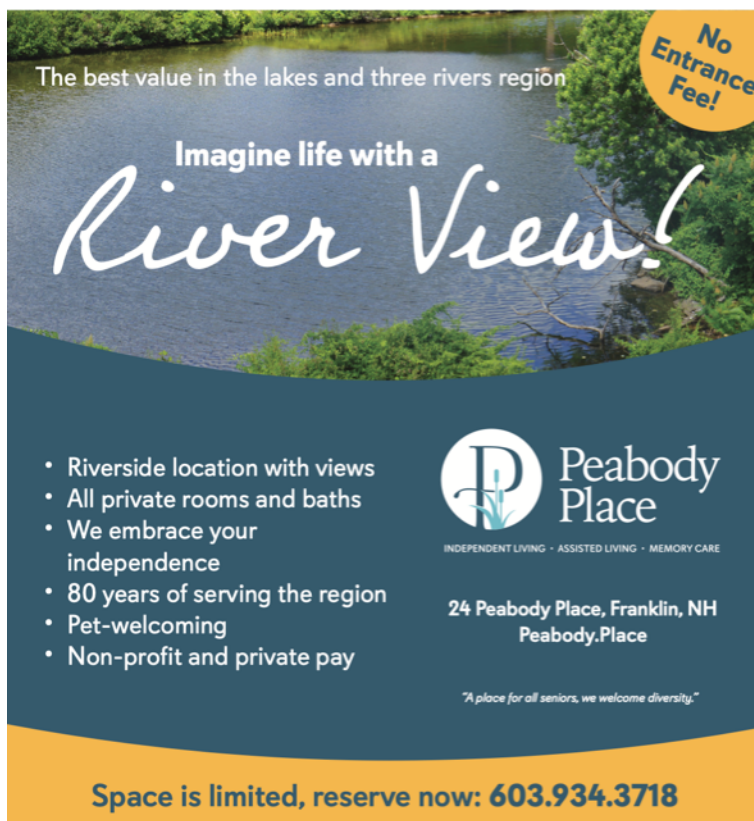
JOEL'S OIL: Thank you to everyone who has made this possible! We are now available for delivery during the day! Our current price is just \$2.50 per gallon. Cash or check (credit card accepted with 3% fee). Call or text 603-892-5505.

MAGOON TREE: Residential tree service and removal. 100' crane services. Log-length firewood for sale. Fully insured. Now hiring! Brian Magoon, 496-6835. magoontree.com.

COLD GARDEN SPIRITS: Open for tastings and sales, weekends 1 to 4:30. Indoor and outdoor seating. Also open by appointment, chance and for online orders with curbside pickup: coldgardenspirits.com. Mini-cocktail tastings on the third weekend of every month. Our Pommeau is available at NH liquor stores in Concord, Hooksett and Tilton!

CANTERBURY CENTER BED and BREAKFAST: where history meets hospitality. COVID vaccinations required for adult and senior guests. Email scribnerlois@gmail.com or call 603-783-0206.

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CANTERBURY COUNTRY STORE: Open Mon.-Sat., 6:30-6; Sun., 8-5 and well-stocked. We'll bag items for pickup or delivery if needed. We've got our usual variety of great local food and locally made products, including sandwiches, meat, eggs, maple products, jams and jellies, jewelry, soap, scarves, and more. Call us at 783-9933 or check our website at canterburycountrystore.com.

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It's All About the Kids in This Town ...

Team effort to bring playground a new sign!

Canterbury Elementary School staff were thrilled to welcome students for the first day of school on Sept. 7. The PTO hosted a playground party on Sept. 13. Students and their families came to play on the equipment, blow bubbles, and enjoy some music and popsicles. We appreciate the opportunity for our learners to connect with one another in this way!

The Canterbury Community Playground needs a new sign. Many years ago the town and school district collaborated to create the existing sign. Collaboration is happening again! CES hosted local artist Jayne Hastings at two after-school sign design workshops with students. Students got their creative juices flowing and shared their ideas for our new sign's design. Jayne will incorporate the students' ideas into an artistic design, which will be finalized by a professional sign company and erected at CES for all to admire and be proud of!

Thank you to the town of Canterbury for collaborating with us again on this project.

On Sept. 22, CES held our annual Open House event. Families came to see the classrooms, shop at the book fair, and enjoy the hot dog supper. It was a fun night for all!

CES is always looking to hire substitute teachers. If you are interested in applying, please call me at the school at 783-9944 or email me at echubb@sau80.org. We are also hiring for several support staff positions. Please go to www.schoolspring.com to check out our available positions.

Thank you for supporting our school! Be well,
~ Erin Chubb, Principal

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North Country HVAC, LLC, whose ad is above, was founded by James and Mickey Chandler, longtime residents of Canterbury!

Canterbury Town Halloween Celebration

*Brought To You By The Undead ...
Recreation Committee*



**Saturday, Oct. 30
5:30 to 7:30
in the Town Center**

Details are still being worked out and updates to the event will be posted in the town email, on the bulletin board at the country store, and on the

Recreation Committee Facebook page.

Dress to Kill!! (Prizes For Best Costumes)

Please contact Randi Johnson at 603-738-4618 or rjohnson355@gmail.com with any questions or if you would like to help. Volunteers are greatly appreciated!



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We are grateful to the local advertisers who support this newsletter ... and our many donors too!

Appreciating Our Past, Our Present ... and Bud

Shaker Village to host cross country races

This fall, Canterbury Shaker Village is hosting the X-C Competition, a series of three cross country races through village trails and pastures. Enjoy running through the crisp fall air with spectacular foliage en route.



There will be two regular season races:

- Sunday, Oct. 3, 10 am
- Friday, Oct. 15, 5 pm

The final championship race will be held on Saturday, Oct. 23, at 10 am.

All races will take place at Canterbury Shaker Village and all profits will benefit the village. There will be three distinct courses carved out of what once was a 3,000-acre piece of heaven, currently 694 acres. Sign up for one, two or all three races.

All races will be age/gender-graded. You may race, individually/unattached, or as a team member. You only need three team members to score! Team rosters will be unlimited.

Cost per individual is \$20 for a single race and \$60 for all three races. First person to sign up for a team is designated team captain. Sign up today. If you have any questions, contact Tom Walton (twalton@nedelta.com) or Rae Easter (marektinganddevelopment@shakers.org).

Register for the X-C Competition at runreg.com/x-c-competition-csv

The X-C Competition Race Series is generously sponsored by Northeast Delta Dental.

~ Rae Easter, Shaker Village

(Did you know the Shaker Village museum is a member of the NH Heritage Museum Trail? For more information, visit nhmuseumtrail.org.)

Thanks to all from Bud Thompson's family

The family of Charles "Bud" Thompson want to extend our deepest thanks to all who reached out with their heartfelt calls, cards and best wishes upon Bud's death on Aug. 12. Bud was one of those fixtures in town for over 30 years, known by many from his big impact with his work at Shaker Village and with a long list of friends. He will be sorely missed.

With thanks,
Nancy Thompson
Darryl Thompson
Dayne Thompson and Betsy Thew
David and Janet Lamb
Steven and Stefanie Lamb

1900s images now on historical society website

The first groups of Luther Cody images, digitized from glass negatives dating from the late 1900s have been posted to the Canterbury Historical Society website. Go to canterburyhistory.org, click on MENU at upper right and then scroll down to Luther Cody Negative Collection where you will see the first category posted: Buildings – Individual Houses. We will continue posting additional images as they are processed and uploaded. Watch that space!

~ Bob Scarponi, President



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You Can Now Register for Events on Library Website

The next Trustee meeting is on Monday, Oct. 18, at 7 pm in the library.

Elkins Library will be closed Monday, Oct. 11, in honor of Columbus Day.

Open Hours: Mondays and Tuesdays, 9 to 5; Wednesdays and Thursdays, 9 to 7 and Saturdays, 9 to 12.

Online reservations: Head over to Elkinspubliclibrary.org to check out our new and updated website. We now have the ability to book reservations for all future virtual and in-person programs. Just hit the banner at the top of the page to access our easy-to-use sign up form. You will receive handy reminders and details about the programs you love at Elkins! If you are not comfortable signing up online, please give us a call or drop by.

Elkins Library requires face masks. Programs have resumed in person with a remote option for those who prefer to participate from home. Check Facebook, the website and the town email or phone us if you have any questions about in-library services and please read the next paragraph ...

Elkins Library is pleased to offer the Meeting OWL Pro, which will provide youngsters to adults with the ability to participate in programs no matter where you are! Sign up for programs on our website and receive the Zoom link if you prefer to stay at home. This project was made possible in part by the Institute of Museum and Library Services.

Adult Programs and Services

The Old Man Boring Book Club will meet again on Thursday, Oct. 7, at 7 pm in the library. This interesting group typically chooses individual nonfiction titles and gives an overview and opinion of the selection read.

Book Group: Tuesday, Oct. 19, at 7 pm. We'll be reading *The Tea Girl of Hummingbird Lane* by Lisa See. Copies are available at the library and can be downloaded on Hoopla and NH Downloadable Books. (To learn more about Hoopla, visit our website. More on NH Downloadable Books at nh.lib.overdrive.com, and contact the library to register.)

Keep Calm & Craft On! Wednesday, Oct. 13, at 11 am with presenter Emily Preston. Create colorful geometric decorative balls using origami Snapology, which requires the folding of strips of paper to produce amazing origami pieces.

Free Tech Help! Thursdays from 5 to 7 pm Katie McKay offers free tech support at the library. Any topic may be addressed, including cell phones, computers, security, and social media. Please schedule an appointment and give a brief description of the nature of the issue.

The Squam Lakes Science Center Family Pass provides a reduced rate of \$10 each for up to four visitors. Reservations must be made at the Center prior to obtaining your pass.

Youth Services

We are thrilled to welcome Cheryl Ingerson to our library family. Cheryl is our new Youth Services Librarian. She brings 14-plus years of children services expertise to Elkins Library. Cheryl adds a welcoming warmth into any space she enters and children are drawn to her. She is very excited to meet Canterbury families and start in-person children's programming in October!

Mrs. Baker will continue to work with her teenagers and visit area schools to maintain the bridge between the schools and our library.

Storytime Starts Oct. 5: Join us in the Children's Room every Tuesday at 10 am for stories, songs, finger plays and a take-home craft. Our theme this month will center around fall. This program is best suited for children birth to 5.

Coming in 2022! We will offer an additional weekly program on Thursdays featuring music and movement for children 18 months to 3 years. Keep your eye on Facebook and our website for more details.

Afterschool Crew: Starting Oct. 1, we are happy to welcome children age 10 and up for homework help after school. Daily sign up on our website is required and we are limited to 10 students per day. We ask that the students stay no longer than 2 hours and bring their own water and snack. Students will need to bring a note to school to be able to walk to the library.

In light of the pandemic and Delta variant numbers in our community, all in-person programs require signup. These programs will be limited to 10 participants and their caregivers. Masking is required and we ask that you refrain from bringing food into the library. Virtual participation is also available through Zoom and the use of the Meeting OWL Pro if the program fills up or you would be more comfortable participating from home using a Zoom link.

Brag Tags! If you enjoy reading, this incentive is for you. Cool tags to be worn on a chain or ribbon will be awarded for number of pages, minutes read, books read and attending virtual programs and library visits. Come see the librarians at the Circulation Desk for your tags!

Phone: 783-4386 **Website:** elkinspubliclibrary.org

Material requests: elkinslibrary@elkinspubliclibrary.org, 783-4386 or our catalog link on the website.

Susan LeClair (Director and Adult Services)
sleclair@elkinspubliclibrary.org

Mrs. Baker (Youth Services)
mrsbaker@elkinspubliclibrary.org

What's Up Around Town? A Lot!

Farewell to farmers market ... until November!

What a great farmers market season we had this summer! Thank you to all of our vendors who showed up each week with an amazing assortment of fresh produce, greens, meats, cheeses, and other value-added agricultural products and selected crafts! We also wanted to extend a huge thank you to our dedicated shoppers who made it out to the market each week, regardless of the weather, to shop here first and support our local vendors. The market simply would not be in existence without all of your support and the time and effort put in by our volunteers. After all, it takes a community to feed a community!



This year Lulu collected 47 pounds of food and \$256.70. This all adds up to 1,066 meals we can provide to those in need. Thank you, Lulu, for your hard work and our community for the continued support!

As we are sad to see summer come to an end, we are pleased to announce that Canterbury Farmers Market will be having our Indoor Winter Market this year! Our Indoor Winter Markets will be held in the gymnasium of the Canterbury Elementary School on Saturday, Nov. 13, and Saturday, Dec. 11, from 10 am to 1 pm. We are once again looking forward to hosting the indoor markets to offer the chance to shop from some of the best local artists and craft vendors around! Please check our website and Facebook for the most up-to-date information on our Indoor Winter Markets. You can visit us at canterburyfarmersmarket.com/.

~ Emily Sullivan

Food pantry offers thanks for farmers market

The Canterbury Community Farmers Market has been a great benefit for our Canterbury households to receive fresh produce and meats. They can go to the market and make choices that will suit their current needs. We hope this program can continue next year! Thank you for all you do to help!

Our food needs change frequently and will always be posted on our website at LoudonFoodPantry.org and on our Facebook page as well. If you view our website on your phone, our needs list is the first thing that comes up and is easy to reference while shopping. Donations are always welcome during our operating hours.

Do you need food? The Loudon Food Pantry is here to help. Call Sue Houck at (603) 724-9731 to see if you qualify. We are located in Huckleberry Business Park, Unit D, 30 Chichester Road, in Loudon. Open for donations and volunteers Tuesdays, 10 to 6, Wednesdays, 10 to 1, and Thursdays, 10 to 4. Service at same hours, by appointment only.

~ Sue Houck



Off to make a difference in Zimbabwe

The last week of August, with others, we loaded a huge shipping container with clothes, school and medical supplies, books, sewing fabric, and more. It should arrive in Zimbabwe in November and bring smiles to our children and schools. Thanks to all who contributed! A special thanks to Faith Berry for transporting to Spaulding High in Wakefield, Mass., in her horse trailer.



~ Sue Heppenstall, President, A Light for Zimbabwe
(To learn more, visit alightforzimbabwe.org.)

Historical Society postpones annual meeting

The Canterbury Historical Society trustees met on Sept. 14 and reassessed their plan to hold their Annual Meeting in the town hall and show the 1998 recorded program "Down Canterbury Roads" featuring our late Road Agent Hugh Fifield. The Trustees voted to postpone the event indefinitely due to concerns around Covid-19 and in accordance with CDC recommendations regarding large events held indoors.

~ Bob Scarponi, President

Town clerk-tax collector hours adjustments

The Town Clerk-Tax Collector's Office will be closed Monday, Oct. 11, and Thursday, Oct. 14. We will be open for business Tuesday, Oct. 12, from 12 pm to 7 pm.

Thank you!

~ Samuel Papps, Town Clerk-Tax Collector

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call
783-0433 for non-emergencies.
Concord police dispatch:
228-1010 for non-emergencies.

Fire Department: Call
783-4798 for non-emergencies.
Email chief at canterburyfire
@canterbury-nh.org

Elkins Public Library:
783-4386. Website:
elkinspubliclibrary.org

Town website:
canterbury-nh.org

Transfer Station: Wed., 4 to
6:45 pm; Sat., 8 am to 5:45 pm.
Call 783-9980 or email
transferstation
@canterbury-nh.org

Town Clerk/Tax Collector:
783-0153. Email:
spapps@canterbury-nh.org

**Selectmen's Office and
Assessor's Office:** 783-9955.
Emails:
selectmen@canterbury-nh.org
assessing@canterbury-nh.org

Town Administrator: 783-9955
kfolsom@canterbury-nh.org

Building Inspector: 783-9033
buildinginspector@
canterbury-nh.org

Highway Dept: 783-4123
canterburyhighway@
canterbury-nh.org

Planning Board: 848-2059
planningboard@canterbury-
nh.org

Monthly Meetings (Check
town website for details.)
- **Planning Board:** 2nd Tue., 7
pm; 4th Tue. as needed
- **Conservation Commission:**
2nd Mon., 7 pm
- **Historic District
Commission:** 3rd Wed., 7 pm
- **Selectmen:** 1st and 3rd Mon.,
6 pm
- **Solid Waste Committee:** 4th
Mon., 6 pm
- **Zoning Board:** As needed.
- **Energy Committee:** 1st
Tues., 6 pm

Learn the Sounds of Fire Safety



Is there a beep or a chirp coming out of your smoke or carbon monoxide alarm? What does it all mean? Knowing the difference can save you, your home, and your family! Make sure everyone in the home understands the sounds of the smoke and carbon monoxide alarms and knows how to respond. Learn the sounds of your smoke and carbon monoxide alarms by checking the user guide or search the brand and model online.

What is your alarm telling you?

SMOKE ALARMS

- A continued set of three loud beeps—beep, beep, beep—means smoke or fire. Get out, call **9-1-1**, and stay out.
- A single “chirp” every 30 or 60 seconds means the battery is low and must be changed.
- All smoke alarms must be replaced after 10 years.
- Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

CARBON MONOXIDE (CO) ALARMS

- A continuous set of four loud beeps—beep, beep, beep, beep—means carbon monoxide is present in your home. Go outside, call **9-1-1** and stay out.
- A single chirp every 30 or 60 seconds means the battery is low and must be replaced.
- CO alarms also have “end of life” sounds that vary by manufacturer. This means it's time to get a new CO alarm.
- Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

Make sure your smoke and CO alarms meet the needs of everyone in your home, including those with sensory or physical disabilities.

Some tips:

- ✓ Install a bedside alert device that responds to the sound of the smoke and CO alarms. Use of a low frequency alarm can also wake a sleeping person with mild to severe hearing loss.
- ✓ Sleep with your mobility device, glasses, and phone close to your bed.
- ✓ Keep pathways like hallways lit with night lights and free from clutter to make sure everyone can get out safely.

**Hear a Beep,
Get On Your Feet!**

Get out and stay out! Call 9-1-1 from outside.



**Hear a Chirp,
Make a Change!**

A chirping alarm needs attention. Replace the batteries or the entire unit if it's over 10 years old. If you don't remember how old the unit is, replace it!

Fire Chief Mike Gamache notes that the first week in October is national fire prevention week.

Check out revised cemetery bylaws! Oct. 2 vision sessions canceled

After gathering input at a public hearing on Aug. 25, the Cemetery Trustees voted to adopt revised Cemetery By-Laws and Regulations. The trustees strongly urge the residents of Canterbury to familiarize themselves with these bylaws and regulations (canterbury-nh.org), especially the requirement whereby all ornaments surrounding headstones, except U.S. flags and military stanchions, be removed by Nov. 1 in preparation for pre-winter maintenance.

~ John Goegel, Sam Papps, and Jan Cote
Canterbury Cemetery Trustees

The Planning Board members and staff from the Central New Hampshire Regional Planning Commission discussed the risks and benefits of going ahead with the Plan for Tomorrow / Master Plan vision sessions on Saturday, Oct. 2. It was decided to cancel the sessions because of the risks from the Delta variant of Covid. For the next few months, the work will continue among Planning Board members, other town commissions and CNHPRC staff. It is hoped that a hybrid event involving town residents may be possible later in the winter.

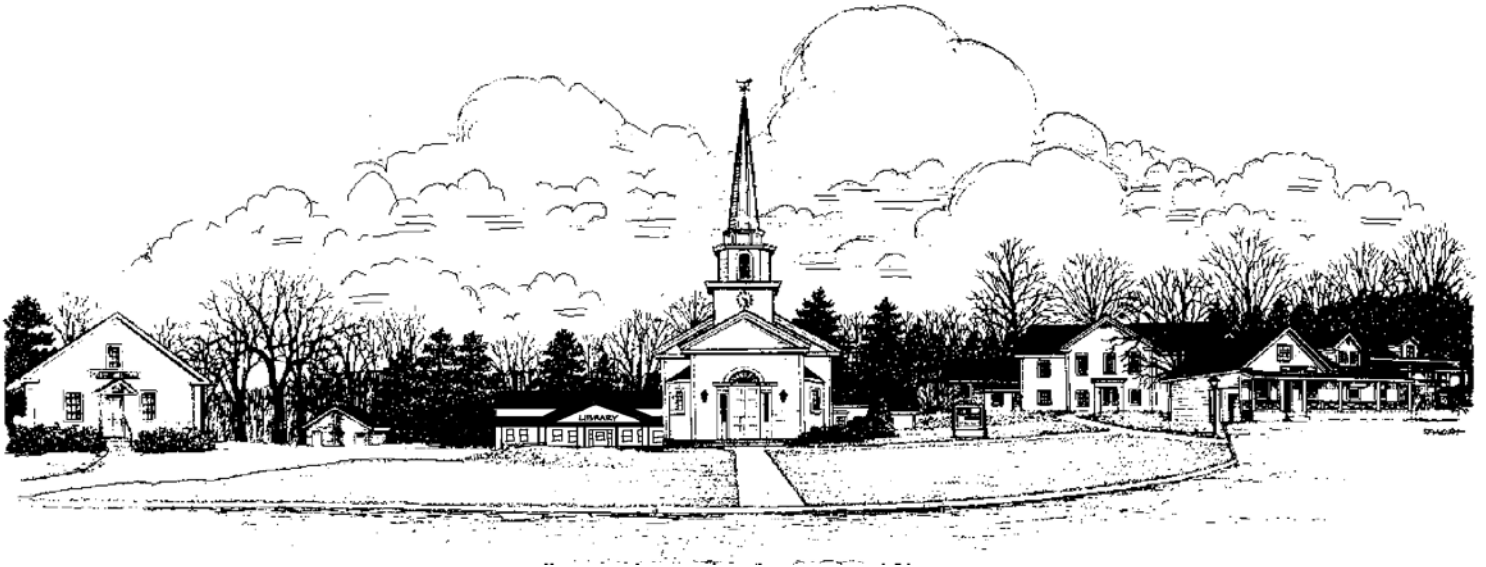
~ Lois Scribner for the Planning Board

CANTERBURY COMMUNITY NEWSLETTER

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Trail Notes: a pleasant trail experience awaits you in Loudon

Not all of the great local trails are in Canterbury. Recently the Loudon Trails Sub Committee reached a significant milestone: We finally completed the first trail we started with four years ago. We'd completed the 2.6 miles of the two connected trail loops in Loudon's Bachelder Town Forest but never did the short connector to Kenney Road! Now you can start from Kenney Road or Young's Hill Road.

The west end of the trail starts from Young's Hill Road along a pleasant, level woods road beside a long marshy pond. There's shoreline access at the north end – a good picnic spot. From Clough Hill Road take a left down hill onto Young's Hill Road just after the town garage and church/meeting house in Loudon Center. The parking area is on the left at the bottom of the hill just before the road crosses the neck of the pond. Trailhead is at the kiosk. You can make a return loop via a red connector or proceed on the blue blazed trail across the bridge over Bumfagon Brook. In less than a mile through open, interesting woods you'll come to the yellow blazed Kenney Road connector.

For the Kenney Road connector go up Lower Ridge Road to

Kenney Road right (just before Lower Ridge Road comes to its end). Before long you'll come to the bridge over Academy Brook. The Epps Mills Trail starts on the right just before the bridge – a short trail past many impressive old mill sites. Parking is over the bridge on the right.



Beyond the bridge the road is town maintained then very well resident maintained. Just after the road levels off from the hill there's parking on the left. From here on the road is easy walking through nice old woods. At the last house a ditch crosses the road and

soon after the connector goes right on an old and interesting road. The connector goes left from this road (not far) and is very shortly at the north end of the North Bachelder loop.

I recommend going on as far as you want on Bachelder to leave time for the Epps Mills Trail – a spectacular chasm filled with very obvious remains of old mills. Total one-way Kenney Connector is .8 miles. Total one-way Bachelder loops are 1.3 miles or 2.6 with return loops.

~ David Emerson, 783-4403