Canterbury Community Newsletter

Published for the community by the Canterbury United Community Church ~ November 2018

November in Town

Saturday, Nov. 3: Sing Your Heart Out, Quaker Meetinghouse. *Page 7.*

Saturday and Sunday, Nov. 3-4: Open Door artisans' weekend, various locations. *Page 10.*

Sunday, Nov. 4: Turn back your clocks! The Fire Department reminds you to check and replace, as needed, the batteries in your smoke detectors and carbon monoxide alarms.

Friday, Nov. 9: Veterans Day Program, CES. Page 8.

Sunday, Nov. 11: Veterans Day Program, Shaker Village. *Page 9.*

Monday, Nov. 12: Veterans Day observed. No school.

Thursday, Nov. 15: Deadline for donating food for Loudon Food Pantry Thanksgiving Boxes. *Page* 6.

Thursday, Nov. 15: Senior Citizens Thanksgiving Luncheon, CES. Page 8.

Saturday, Nov. 17: Indoor Farmers Market, CES. Page 4.

Sunday, Nov. 18: CUCC Annual Youth Group Thanksgiving Dinner. *Page 3.*

Thursday, Nov. 22: THANKSGIVING!

Tuesday, Nov. 20: Book Group discusses *Euphoria*, Elkins Library. *Page 5.*

Saturday, Dec. 1: Holiday Open House, Elkins Library. *Page 5.*

From the Pastor

Greetings Canterburians,

Already November! We embark on the season that focuses on gratitude, and encourages us to consider the many blessings that our town's landscape, people, and spirit offer us. It seems especially fitting that during this month

when we offer thanks for the many blessings small and large in our lives that I would have the opportunity to offer a thank you to the editor of this newsletter, Denise Sojka. Denise has tirelessly edited and distributed CUCC's community newsletter for more than five years. Denise needs to hand off the baton of this responsibility beginning this month to attend to other commitments in her life needing her focus at this time.

It is no small feat to have made this publication happen each month for so many years seamlessly, and with little fanfare. Denise please allow me to take this opportunity to sound the trumpet -- enjoy a moment of fanfare -- Dah dah da dah! Your efforts have helped to ensure a vital resource is available for people in Canterbury to share in the many activities, news, and good will of this community. In short you've helped us promote the myriad of great things happening in our town, and be as plugged in as we each would like to be to the possibilities here.



Pastor Sara and CUCC are here for all of you. Contact us by email at mycanterburychurch@gmail.com or call 783-9365.

Worship with us!

- * Sunday services at 10 am
- * Children's time
- * Coffee hour

Thank you Denise!

As we offer our thanks to Denise, we also offer a thank you to the couple who has decided to pick up that baton and run with it, beginning with this month's issue. Brenda and Mark Travis have graciously stepped up to ensure that this great resource in our community continues on. Denise leaves this endeavor in Mark and Brenda's very capable hands. When you see Denise, Mark and Brenda around town in the coming weeks, please join me in thanking them for their efforts to inform us of the many ways Canterbury is indeed a special place to call home.

Peace,

Pastor Sara

Canterbury United Community Church

Office hours: Tues., Wed., Thurs. mornings. Call first. 783-9365. mycanterburychurch@gmail.com

Parish House: Call Judy Patterson to reserve, 783-4419

Online: canterburychurch.org facebook.com/ MyCanterburyChurch

Newsletter: Deadline is 16th of month before publication. Editors: Mark and Brenda Travis, 783-0420, or email newslettercanterbury@gmail.com

Canterbury Fair:

twitter.com/CanterburyFair facebook.com/CanterburyFair

Town Crier

Lois Scribner posts Canterbury happenings Sundays in the Concord Monitor. Deadline is noon every Wednesday. Email Lois at scribnerlois@gmail.com

Town Email List

Laura Crockford manages the Canterbury Town Email List. Join or submit by emailing canterburytownemail@gmail.com

Post Office

Hours: Mon.-Fri., 10 am to 5 pm (closed 12:30 to 1:30 pm); Sat., 8:30 am to noon; 783-4158

Stores

Canterbury Country Store: Mon.-Sat., 10 am to 5 pm; Sun., 8 am to 5 pm; 783-9933

Brookford Farm Store: 7 am to 7 pm daily; 783-4084

106 Beanstalk: 5 am until midnight daily; 783-4305

Services

Loudon Food Pantry: 30
Chichester Road, Unit D, Loudon.
Intake by appointment only on
Tuesday, Wednesday and
Thursday. Office hours and
donations accepted Tuesday,
Thursday and Friday 10 am to 4
pm. Please call to donate outside
these hours. Closed Mondays. For
more, go to loudonfoodpantry.org,
email info@loudonfoodpantry.org
or call 724-9731.

Town offices and organizations

EMERGENCY? Dial 911

Police Department: Call 783-0433 for non-emergencies. Concord police dispatch: 228-1010 for non-emergencies.

Fire Department: Call 783-4798 for non-emergencies. Email chief at canterburyfire @canterbury-nh.org

Elkins Public Library: Mon., 1 to 7 pm; Tues., 9 am to 6 pm; Wed. and Thurs., 9 am to 8 pm; Sat., 9 am to noon. 783-4386. elkinspubliclibrary.org

Town website: canterbury-nh.org

Transfer Station: Wed., 4 to 6:45 pm; Sat., 8 am to 5:45 pm. Call 783-9980 or email transferstation @canterbury-nh.org

Town Clerk/Tax Collector: Mon. 9 am to 3 pm; Tue., 3 to 7 pm; Thur., noon to 7 pm. 783-0153. Emails:

taxcollector@canterbury-nh.org townclerk@canterbury-nh.org

Selectmen's Office and Assessor's Office: Mon. and Wed., 9 am to 1 pm; Thur., 10 am to 2 pm; 783-9955. Emails: selectmen@canterbury-nh.org assessing@canterbury-nh.org

Town Administrator: 783-9955 kfolsom@canterbury-nh.org

Building Inspector: 783-9033 buildinginspector@ canterbury-nh.org

Highway Dept: 783-4123 canterburyhighway@ canterbury-nh.org

Monthly Meetings: All held at Meetinghouse.

- Planning Board: 2nd Tue., 7 pm; 4th Tue. as needed
- Conservation Commission: 2nd Mon., 7 pm
- Selectmen: 1st and 3rd Mon., 6 pm
- Solid Waste Committee: 4th Mon.. 6 pm
- Zoning Board: As needed.

Classifieds

FREE! 14 WOOD SASH STORM WINDOWS in great condition! Glass, glazing fully intact. Nicely painted white. 10 are 33 1/4" w x 55 1/2" h. You will need to transport. Please call (603) 770-1352.

CANTERBURY FARMHOUSE GETAWAY ... short term vacation rental. 3 bedroom, 1.5 bathroom, sleeps 6. 526 NW Rd. Canterbury. Booking now for November through March. Instagram: canterbury_farmhouse_getaway, email getaway555@metrocast.net or call Lori 603-731-1852

CANTERBURY WOODS COUNTRY CLUB – offering large, indoor space for holiday parties, weddings, showers and birthday or retirement parties surrounded by the natural beauty of our course. Let us work with you to create your special event! Call Kimberly DeMartin at (603) 783-9400 x102 or email kdemartin@canterburywoodscc.com. www.canterburywoodscc.com

EDWARDS & ASSOCIATES, CPA – Are you a small business owner? We are a local full service firm and we don't just crunch numbers. We are progressive to help you and your family plan for the future. IRS Tax Relief specialists. Quickbooks Advisors. Give us a call! Find us on Facebook and Like our page! www.fb.com/edwardscpagroup, or call Kim Edwards 286-8000, or visit www.EdwardsCPAGroup.com

GULF BROOK RENOVATIONS "When Ordinary Just Won't Do." Bathrooms, Kitchens, Additions & more. Aging-in-pace specialists. Certified Green Professional. Jim Higgins, 226-0212, www.gulfbrook.com.

"SHE'S HANDY" Tending to your small jobs. Painting, carpentry, odd jobs, extra hand, and your to-do list. 20+ yrs. exp. — Insured — Donna Bond. 724-5838, drbond1@comcast.net.

MAQ DESIGN — Offering quality custom upholstery, slipcovers that fit, and artisan window treatments. Where Quality Counts and Details Make the Difference! By appointment. maryann@maqdesign.net, 783-9640, maqdesign.net.

CENTRAL ENERGY, LLC When was your furnace cleaned last? Central Energy, LLC, "celebrating 85 years in business." Offering ductless A/C systems, traditional A/C installations and service, as well as all your oil heat needs for service, installations & annual cleanings. Oil tanks & water heaters too. Call Barry at 603-724-9603 here in Canterbury and visit us at www.centralenergy1.com.

ORGANIC MAPLE SYRUP Delicious maple syrup, a good local sweetener with some health benefits and a great tradition on those Sunday pancakes. Works well as a sweetener in any recipe. Go to our website for info and recipes, www.northfamilyfarm.com; call Jill or Tim, 783-4712, to pick up; or see us at the farmers market!

Canterbury United Community Church News

Please consider supporting us in our service to the town

The Canterbury spirit comes down to this: "We're all in this together ... and isn't that great!" There is nothing automatic about this spirit, and nothing magical either. It happens only because the people and organizations in Canterbury continue to devote themselves to fostering a living community defined by mutual care. Truly, we are blessed.

As members of the Canterbury United Community Church, we strive to contribute to this spirit, empowered by the teachings of Christ to respond to community needs and play our part in enriching the life of our community together.

This newsletter is one expression of that effort. It is produced by church volunteers and mailed at the church's expense to every household in town.

The church Parish House is another example. It is a hub for community and a place where vital community connections take place. Every year we have the privilege of offering this space for an array of lively gatherings.

Like her predecessors, the Rev. Sara Rossigg does not see her role as being limited to churchgoers or ending at the church doors. She welcomes the opportunity to be present for all people of the community in times of joy or distress.

One important way to support this vision is making a contribution by clipping and sending us the form below. Every donation, large or small, is precious. We hope to hear from you!

~ CUCC Stewardship Committee

CUCC Annual Youth Group Thanksgiving Dinner

With trees turning and temperatures falling, it is time for one of the "coolest" events of the year – the Annual Thanksgiving Dinner! Every year, the youth of this community work to put on an amazing dinner for family, friends and neighbors near and far, and they do NOT disappoint!

Date: Sunday, Nov. 18

Time: 5-7 pm

Place: Canterbury Parish House Cost: \$8.00 for adults age 12-59 \$6.00 for seniors age 60+ \$6.00 for kids age 5-11

\$25.00 for an immediate family of 4 or more

Free for kids under age 5

Please contact Polly Camire at jpacamire@hotmail.com or by phone at 783-8374 (before 9 pm, please) if you would like to donate food or money for this event. Hope to see you there!!

"Everyone Follows the Star" Photo Prize Fun!



It's time to prepare for our 3rd annual live nativity and potluck, "How Far Is it to Bethlehem?" on Dec.16 beginning at 4:30 pm. We thought it would be fun to anticipate the arrival of the event in our town center.

If you keep an eye out, you will see the big bright star moving about Canterbury (a few front yards) ever closer to the center in coming weeks. Have photos taken of you standing by the star in three different locations and come to the live nativity evening to receive a fun prize and share your photos with others. You can bring them on your cell phone or print them. There will be an additional special prize for most creative picture. Join in the fun! ~ CUCC Deacons

For Your Records For Church Records Envelope # Name Address For 2019 I plan to give each City_ Zip **Annual Total** week month For 2019 I plan to give each **Annual Total** For our church's operating expenses: For our church's operating expenses: For our church's For our church's outreach: For the town For the town newsletter: newsletter: For Parish Hall maintenance: maintenance: Yes, I want to enroll in Electronic Transfer Funds (form enclosed) Yes, I want to enroll in Electronic Transfer Funds (form enclosed) I understand that this commitment can be changed at any time by giving notice to the pastor Canterbury United Community Church 5 Center Road, Canterbury, NH 03224 5 Center Road, Canterbury, NH 03224 mycanterburychurch@gmail.com 603-783-9365 mycanterburychurch@gmail.com

More Church News ...

Help support the newsletter!

Did you realize it can cost \$900 a month to print and mail the town newsletter? In the church, we see providing the newsletter as central to our mission to serve the town. But your support helps! So once again we invite townspeople to support the newsletter through our sponsorship program. Send in a contribution with the enclosed form and we will acknowledge your support in an upcoming issue!

Levels of giving

Subscriber - \$10 Helper - \$20 to \$49 Public Spirit - \$50 to \$99 Community Builder - \$100+ Issue Sponsor - \$500+

Yes, I'll be a sponsor!

I/we value the newsletter and are enclosing payment to support its publication.

Subscriber (\$10) Helper (\$20 to \$49) Public Spirit (\$50 to \$99) Community Builder (\$100+) Issue Sponsor (\$500+)
Name/Business (please print):
Address:
Checks made to: CUCC, memo "Newsletter Contribution"

Mailed to Canterbury United Community Church, PO Box 216, Canterbury, NH 03224.

How can we improve the newsletter?

Hello! We are excited to be following in the footsteps of Denise and so many more past editors of the Canterbury Community Newsletter. This month and probably next, our focus is simply getting it out and delivered to you. We have a lot to learn!

But it's a perfect time to ask the question, how can we make the newsletter work better for you? We have a couple topics already on the agenda for discussion soon with the church council.

But what do you find most useful in the newsletter? What's missing? What would you like to see changed? We'd love to hear from you by email at newslettercanterbury@gmail.com or by phone at 783-0420.

~ Mark and Brenda Travis

Around Town

Can cold, rainy, gray weather stop the INDOOR Farmers Market? Don't think so!

Saturday, Nov. 17, CES Gym, 10 am - 1 pm

We laugh HA HA HA at the cold and rainy outside, because the Canterbury Community INDOOR Farmers Market will be warm



and cozy! Come find a great selection of laaaaate season tomatoes and greens, plus coldweather veggies for storage, winter squash in all shapes and sizes, roots, and fruits, dairy, meat, eggs, cheese, cider, syrup and maple products, home baked breads, pie, and ready-to-eat. There will be hand-cranked socks and hand-crafted woolens, soaps, and wood products. You will see

many of our familiar summer vendors, a few new faces, and more crafts than usual!

As usual, we will be accepting cash, Market Tokens, or Market goods for "Mary Ellen's Basket," the Market's charitable giving program. Named in honor of Mary Ellen Fifield, stalwart community member and Market supporter, we will use all contributions to fill a holiday basket for a family in Canterbury who could use a helping hand.

The Canterbury Elementary School gym and multi-purpose room is easily accessed from Baptist Road. There is ample parking. It is a short distance from parking to the building, and no stairs to enter the venue. Bathrooms are available in the school building at the time of the market.

Don't worry if you forget your piggy bank on market day – stop by the Market Info table and use your credit or debit card to purchase Market Tokens, good at any of our vendors, and good at the December indoor Market as well!

MARK YOUR CALENDAR: The second indoor Market is on Saturday, Dec. 15, also in the CES gym from 10 am - 1 pm.

Canterbury, once home to the 'Potato King'

Did you know that for much of its history Canterbury was fundamentally a farming community? Dig in your yard and you might conclude we grow only rocks here, but that's far from true. Here's a snippet from *Staying Small in a Century of Growth*, the history of Canterbury in the 20th century, to prove it:

George Dow Peverly had begun to focus on potatoes at his Baptist Road farm by the 1930s and had the second-highest yield in the state in 1938. ... By that time potatoes were identified as the state's "most important cash crop" and Peverly as the "Potato King" of New Hampshire.

Elkins Public Library News

The Library Trustees meet on Monday, Nov. 5, at 7:00.

Elkins Library will be closed on Monday, Nov. 12, in honor of Veteran's Day. We will be open Wednesday, Nov. 21, from 9-3 and closed for Thanksgiving through the weekend, reopening on Monday Nov 26. Happy Thanksgiving!

STORY HOUR Our Story Hours always include a book, dance party, a craft or activity and sometimes something yummy to eat! This month we continue our discovery of the 2018 Ladybug Book Award nominees. Do you have a favorite? Tuesday, Nov. 6 and Nov. 20, at 10:00.

ROCK N' READ is a music and movement program for babies and toddlers. Come learn a new song or rhyme on Tuesday, Nov. 13 and 27, at 10:00. We always have an age-appropriate craft or activity after the program. We will be working on our nursery rhymes again this month. The children have learned Baa Baa Black Sheep, Hey Diddle Diddle and Itsy Bitsy Spider.

LEGO CLUB Children and families are welcome to come and build together with Lego bricks. Tuesday, Nov. 6 and Nov. 20, at 4:00. There is no signup necessary – come drop in and spend an hour building and creating. Take a "Lego Challenge" card if you don't know what to build!

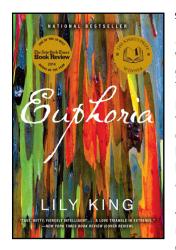
1000 BOOKS BEFORE KINDERGARTEN The single most important thing you can do to prepare your child to read independently is to read to them every day! Come pick up your chart today and start counting the books you are already reading to your child. We currently have 42 children in the program and have celebrated the accomplishments of 12 graduates.

TEEN ADVISORY GROUP Monday, Nov. 26, 6:00-7:30. If you're in seventh grade and up and would like to participate, please stop in. This dynamic group has such a good time just being together. This month we break out the coloring books - come see what we have! Bring a board game if you want and let's discuss what you have been reading.

YOUNG READERS BOOK CHAT Come on Monday, Nov. 26, from 3:15 to 4:00 for this neat program for grades 4-6! Come make a delicious snack, enjoy time with your friends and discuss the latest books available in the library.

MAKER SPACE Just about every day after school we feature a Maker Space play time. In November we are bringing out the PUZZLES! Sometimes we make friendship bracelets, leaf crowns and origami – you never know what we will think of next.

OMBBC (Old Man Boring Book Club) Readers come together to share their thoughts and opinions of non-fiction, historical and biographical selections recently read. Please join us and tell us about the titles you've enjoyed. Thursday, Nov. 1, 7:00.



BOOK GROUP meets on Tuesday, Nov. 20, at 7:00. Euphoria is Lily King's awardwinning novel of three young, gifted anthropologists of the Thirties caught in a passionate love triangle that threatens their bonds, their careers, and, ultimately, their lives. Inspired by events in the life of revolutionary anthropologist Margaret Mead. Copies are available at the library. Consider joining us by the fireplace for our discussion.

HOLIDAY OPEN HOUSE Elkins Library invites you to a *Night Before Christmas* celebration. Please join us on

Saturday, Dec. 1, from 10:00 to noon for jolly fun for all ages. Create an ornament, decorate a cookie and enjoy the savory and sweet delicacies provided by FOEPL (Friends of Elkins Public Library). There may be more than a few mice stirring as the original poem, The Night Before Christmas, is read by the fireplace and later as fiddle music and dance by Jacqueline Laufman fills the air at 11:00. Wear your stocking cap and nightshirt or whatever frock you choose and come make merry with friends and neighbors.



FAMILY PASSES The library provides family passes to: SEE Science Center, Manchester; Squam Lake Science Center; and Currier Museum of Art.

KNITTERS moved to Thursday! Any level knitter, beginners to experts, are welcome to join us by the fireplace on the second, third and fourth Thursday evenings. You are invited to participate in the charity project, knitting cast covers for Concord Hospital. Patterns are available at the library as well as samples to view. This project will continue through the winter months.

QUILTERS meet Wednesday mornings from 10-1. Stitch, exchange ideas and don't forget your lunch!

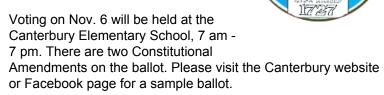
Download audio books & E-Books! Downloadable audio books, E-Books and periodicals are exciting media available to you. See the website http:// nh.lib.overdrive.com for more details and then contact the library if you would like to register for this service.

Town of Canterbury

From the Town Administrator: Offices back in Sam Lake House

Sam Lake House Update: We are now back in the Sam Lake House. We are working on getting everything back in place

and putting some finishing touches on the building. The staff want to thank everyone involved in the project and the residents for their support of the new building and patience during the construction. I would like to thank our staff at the Town Office for their help and patience during the project.



The Selectmen attended a School Board meeting in October to discuss budgets for 2019.

The new Highway Dept. truck has arrived and is being fitted out at HP Fairfield in Pembroke.

~ Ken Folsom, Town Administrator

Simple tips on keeping your home safe during heating season from Canterbury Fire and Rescue

We are now at the start of the home heating season. A few reminders to make the season safe and incident free. Use a metal container with a lid for storing ashes. A Homer bucket is not a good solution as ashes can stay hot for days and will ignite a plastic bucket.

If you dispose of your ashes outside, assume they are still hot and put them in a spot where they will not ignite brush. This is especially important when we have no snow cover.

Keep a 3-foot safety zone around your heating appliance. Nothing that will burn should be stored in this zone. The zone should be maintained with a metal gate and rail system if you have children in the home. This will help prevent burn injuries.

Keep the chimney and stove pipe cleaned and maintained. Creosote can burn at temperatures above 1800 degrees.

Burning dry seasoned wood and keeping the proper mix of combustion air helps to reduce the amount of creosote produced.

Any questions on wood stove safety please call or stop by the station.

~ Fire Chief Guy Newbery

Loudon Food Pantry

September Numbers

In September we gave out enough food to create 5,861 meals to 440 individuals. 107 of those were 60 and older, 156 were 18 or under and 177 were in between those ages.

Thanksgiving Donations

If you plan on donating food for the Thanksgiving Boxes, please get those donations to us by Nov. 15. This will give us time to process and log the food so it can be used for the boxes. We accept donations on Tuesdays 10-6, Thursdays and Fridays 10-4. We're located in the Huckleberry Business Park, 30 Chichester Rd., Unit D. Loudon.

November Happenings

Starting Nov. 1 - Holiday Box Signups

Anyone who is eligible to be a patron of Loudon Food Pantry can receive a Holiday Box. Signups are starting Nov. 1. Capital Region is kind enough to provide these boxes for our patrons. Signup early so that they know how much food is needed to complete the Holiday Boxes. Call Sue at (603) 724-9731 to sign up.

Nov. 1 - Dec. 15 - 50-50 Holiday Raffle Fundraiser

The only fundraiser we hold! The lucky winner will receive half the ticket sales — so the more tickets we sell, the more the winner takes home. These tickets are priced low enough so that our patrons can also participate. If one of them wins, it gives them the extra funds to pay for heating, put gas in their car or purchase one or two extra presents.

1 Ticket for \$1; 3 Tickets for \$2; 7 Tickets for \$5

Starting Nov. 1, tickets can be purchased using our online order form at LoudonFoodPantry.org or at the food pantry.

Nov. 20-22 - Give out Thanksgiving Boxes

By now, all of the people that signed up for a Thanksgiving Box will have their appointments set up so they will receive their food during these three days.

Nov. 19-23 – Food Pantry Closed and Unavailable

We will be closed and unavailable during Thanksgiving week. Please do not leave donations outside the door.

Have a Happy Thanksgiving!

Canterbury Shaker Village

The Village is open for tours on Saturdays and Sundays (10am-4pm) through the first weekend in December. The Museum Store is open 10am-4pm, Tuesday through Sunday, through December 23. More information about all of our events is available at www.shakers.org.

Christmas in the Shaker Spirit: Garland and Wool Ornaments (Nov. 4, 9 am - 4 pm)

Learn to recycle worn or unused woolen cloth into heirlooms with simple sewn stitches. By adapting techniques from the early 1800s, learn to center shirr wool garlands with rolled wool beads and sewn woolen flowers. We will also make whimsical woolen sheep by making a standing wool body and a fuzzy coat of various shirred stitches. We will also make lovely woolen ornaments to create true memory pieces for your tree and gifts to give to others.

Cordials & Chocolate! (Nov. 10, 10 am -1 pm)

This class combines our popular herb and fruit cordial class with new material on making chocolate treats including truffles!
Festive cordials featuring seasonal produce like apples, pears, and cranberries are a delicious way to celebrate the holidays, both to serve at gatherings and give as gifts. Fruit and herbs combine beautifully in simple, delicious recipes with limitless possibilities – sweet anise cordial, lemongrass fusion, Cape Codder cranberry, and spiced maple pear cordial, to name a few. Chocolate also provides the perfect backdrop for decadent sweets perfect for special occasions and gift giving.

Maria Noel Groves will demonstrate the basics of cordial-making and infusing herbs in chocolate, including both simple and more complicated recipes. We'll make a batch of herb-infused truffles together for you to taste and bring home, and you'll also have the opportunity to craft your very own 4-ounce

cordial. Whether you give these goodies as gifts or enjoy them for yourself is up to you!

Members' Brunch and Store Sale (Nov. 23, 10 am - 4 pm)

Escape the Black Friday crowds and relax at our member brunch and shopping extravaganza in the Museum Store, where members and their guests receive 30% off their purchases. Members can enjoy a village tour at 11 am or 2 pm!

Do-It-Yourself Herbal Holiday and Body Care Gifts (Dec. 1, 10 am - 12:30 pm)

Save money and your health with great, all-natural bodycare and herbal gifts. We'll discuss and demonstrate the basic steps for making lip balm, body cream, bath salts & sugars, scrubs, aromatherapy spray, and massage oil – then get to make five or your own products to bring home and give as gifts. Find out how easy it is to make big batches all at once! The holiday season is just beginning; start making gifts now while you have time and enthusiasm, and create gift baskets to give this year.

Christmas with the Canterbury Shakers (Dec. 6, 7, 9, 13, & 14, 6:30 pm and 7 pm)

Visit Canterbury Shaker Village for a guided candlelit tour highlighting the Shakers' Christmas traditions. During the 200 years that Shakers lived at Canterbury Shaker Village their Christmas traditions evolved and changed. Explore the evolution of the Shakers' Christmas celebrations – from simple religious services in the 19th century to holiday decorations and elaborate theatricals in the 20th century – on this 60 minute guided tour, which ends with cookies and hot cider in one of our decorated historic buildings.

Quaker Meeting News

Sing Your Heart Out

After a couple month hiatus, Sing Your Heart Out is back on Saturday, Nov. 3 at 7 pm! In this time of lengthening nights, join us to dispel the gloom with heart-lifting songs. This is an informal singalong and everyone gets a chance to choose or lead a song; if you'd like to teach a song, call me so I can learn it also beforehand. Bring your Rise Up Singing and Rise Again songbooks (or borrow ours). We'll break for munchies so bring a bit of something to share for that. Hope to see you there! Quaker Meetinghouse, 11 Oxbow

Pond Road, Canterbury. For more information call Ruth Heath 783-4401 or 724-4343.

Introduction to Green Burial

Perhaps you have heard the term "green burial" and are



intrigued by the idea. If you'd like to know more, the Quaker Meeting is offering an "Introduction to Green Burial" presentation on Sunday, Nov. 25, at 1:00 pm at the Quaker Meetinghouse at 11 Oxbow Pond Road. This is open to the public and will last about an hour. There will be a potluck lunch at 11:45 pm, which you are cordially invited to also. Call Ruth Heath 783-4401 (h) or 724-4343 (cell) for more information.

Elementary and Middle School News

Canterbury Elementary School

The CES annual Holiday Food Drive will begin on Nov. 1 and run through Dec. 7. Donations of non-perishable items will be collected at drop boxes in the front hall of the school. The food will be distributed to families in need during the Holiday Season.

This year's first Parent/Teacher conferences will held on Monday, Nov. 5, from 3:30 to 6:30 and on Tuesday, Nov. 6, from 8 am until noon. Teachers will make every effort to accommodate parents' availability and schedule siblings consecutively. If you have not received a conference confirmation, please call the school at 783-9944.

The CES Veterans Day Program will be held on Thursday, Nov. 9 at 9 am. All are welcome to join us as we honor the men and women who have served our country.

The CES Student Council's Senior Citizens' Thanksgiving Luncheon will be held on Thursday, Nov. 15, at noon in the school library. The children will send invitations to addresses we know, but would like to reach out to all of our senior citizens. If you wish to attend, just call prior to Nov. 15. 783-9944.

The CES PTO will be selling Christmas Trees at the town center on Saturdays from Nov. 24 through Dec. 15. Stop by and pick up one of their beautiful trees.

The PTO will host a Holiday Fun Night on Friday, Dec. 7. Activities that evening will include face painting, crafts, food, awesome raffles, cookie decorating, games and Santa.

	Parent/Teacher Conferences
Nov. 6	Voting Day – No School
Nov. 9	Veterans Day Program 9 am
Nov. 12	Veteran's Day Observed-No School
Nov. 13	School Board 6 pm BES
Nov. 15	School Picture Retakes
Nov. 15	Senior Citizen Luncheon
Nov. 19	PTO 6:30 pm
Nov. 21-23	Thanksgiving Break
Nov. 24	PTO Christmas Tree Sale Begins

~ Mary Morrison, Principal — mmorrison@sau80.org

Belmont Middle School

Keith Noyes Named NH Teacher of the Year

As if being named Middle School of the Year, plus our principal, Aaron Pope, being named Principal of the Year, wasn't enough, there is more great news at our middle school! On Oct. 10, Keith Noyes, fifth-grade math teacher at BMS, was named Teacher of the Year!

On Oct. 10, the entire school was welcomed to the gymnasium for an official announcement. Frank Edelblut, the commissioner

of the Department of Education, made the announcement. Noyes, who has been teaching for 20 years, beginning his sixth at BMS, is a positive influence and role model. He is well respected by his colleagues. Congratulations to Mr. Noyes!

November is our annual Gobble Wobble

November is a time for giving thanks. At BMS it is also a time that students help the community. A food drive will begin the second week of November. Classrooms compete for the most non-perishable items collected. All goes to help others in need.

At our Gobble Wobble assembly in November, homerooms choose a "turkey" to strut their stuff. Students enjoy this annual event as it brings a sense of community and giving to all. Students have historically had an opportunity to walk, run, jog, or even wobble a route on the school grounds on the last day of the collection as well.

Breakfast available every day

The staff at BMS believes that it is important to have a good breakfast every day. Breakfast is available in the cafeteria from 7:15-7:45 daily. Families that qualify for free and reduced lunch also qualify for breakfast.

May you and your family have a WONDERFUL THANKSGIVING!

~ Jan Cote, BMS staff

Bonus! 4-H News, Too

The Canterbury 4H Rascals most recent meeting, Honor's Evening, was held Oct. 1 at the Parish House. Thanks to Adam Galonski for his support and recognition of the club. Also, a special thanks to the bread-baking group, who made Shaker Squash rolls and bread. At this meeting, all officers were sworn in and new members were welcomed to the club. We also recognized the members and leaders who have been in the club for a longer period.

Upcoming and ongoing projects include brick oven breadbaking, intermediate knot-tying and beaded earrings. Community service events include pumpkin carving for the Canterbury Halloween event.

For our annual fundraiser, we are selling both candy bars and NH Fish and Game calendars. The candy bars are selling for \$1 each. The calendars are sell for \$9.95 each and the club keeps \$4.95 from each calendar. If you are interested in purchasing candy bars and/or calendars, please contact Laura Crockford or any 4H Rascal.

Our next meeting will be held on Monday, Nov. 5, at 6:30 pm in the Parish House. Please contact Laura Crockford at 540-9877 or canterburyrascals4H@gmail.com with any questions.

~ Josie Bernard, Reporter

Canterbury Historical Society

Veterans Day Program at Shaker Village

Nov. 11 at 1 pm, Shaker Village Education Center

Please join the Canterbury Historical Society and Canterbury Shaker Village for a special Veterans Day program commemorating the centennial of World War I. Kathryn Grover, author of *Staying Small in a Century of Growth*, will speak about Canterbury's involvement in the war, and Sue Maynard, Shaker scholar and author, will describe the Canterbury Shakers' connection with the war. Artifacts from both the town and the Shaker community will be on display. Admission is free and open to all. Refreshments will be served.

Join us for our annual meeting and barn program

Renowned New Hampshire old barn expert John C. Porter will attend our annual meeting on Sunday, Nov. 4, at the Parish House at 1 pm. Following our brief annual meeting, Mr. Porter will present his program, "The History of Agriculture as Told by Barns," which will include photographs of historic N.H. barns as well as a segment on architectural details using N.H. barns to illustrate the talk. This program is free and open to the public. John Porter gained his knowledge of barns from growing up on a dairy farm and having a forty-year career with the UNH Cooperative Extension as a professor and statewide dairy specialist. Porter also serves on New Hampshire Historic Agricultural Structures Advisory Committee and co-authored the book *Preserving Old Barns: Preventing the Loss of a Valuable Resource*. Open to all. Refreshments will be served

Love history? Want to know more about Canterbury's?

The Historical Society is seeking folks who would like to be a trustee of the organization. We meet once per month and are involved in building and maintaining our Archive Collection of Canterbury objects and materials; operating our national Award winning One Room School House Program in cooperation with our Elementary School; conducting research and documenting architectural studies of old homes and sites in Canterbury in order to understand their historical significance and for inclusion in our Archive; hosting and sometimes developing programs relating to history, most often in conjunction with the N.H. Humanities; curating exhibits and shows in the Elkins Memorial Building using materials/objects from our Archives; coordinating the presentation of the "Boston Post Cane;" assisting individuals with genealogical research; and standing ready in any way we can to live up to our mission statement, "Preserving Canterbury's heritage and sense of community."

You would be most welcome to become involved either as a trustee or in any one program that interests you. Feel free to attend our Annual Meeting on Nov. 4 at 1 pm, where you can find out more. We'd love to have you!

Trail Notes

The Windfall Trail

There is a little-known trail on the north end of Canterbury running into Northfield for those interested in hiking through an area rich with a unique history. It begins off of the dead-end Class VI town road that I know as "Windfall Road," but which has a different name on the town tax map. The trail is over the old Class VI town roads located in Canterbury and Northfield, and not maintained by either town. Portions of the old road are now used as a snowmobile trail.

Take Ayers Road to Windfall Road and drive Windfall Road as

far as you dare, which shouldn't be very far. Park off the road and in the woods. Depending on where you parked and started walking, you may step over the town line (don't trip). This town line isn't painted on the ground, so it may be hard for you know when you've left Canterbury and entered Northfield.



The trail (old road) passes through a pine stand which lends credibility to the legend as to why this section

of Canterbury is known as "The Windfall." The story goes that a bad storm blew through in the 1800s and toppled all of the big pine trees. The resulting tangled mess was so impossible to clean up in the days before chainsaws and skidders that it was left in its blown down (windfallen) state for decades until it naturally decomposed and generated the new growth stand of pine you see today.

About 1,200 feet up the trail from where you parked you'll come to an old abandoned farm site. There are cellar holes on both sides of the road here and judging from the size of the cellar holes and the quality workmanship in the laid up rock foundation walls, this was once a prominent establishment. There was a center chimney house on one side of the road and a barn on the opposite side of the road. There is an old stone lined water well here without a cover, so don't fall in.

Another 1,400 feet up the trail from this cellar hole complex you'll come to a pair of wooden fence posts that once were gates to a barbed wire fence. The barbed wire remains, but the gate is long gone. Cows in this area must have been hungry as there is no grazing grass anywhere in sight, only forests, rocks, and ledge outcrop.

On the east side of the trail at these wooden gate posts, a stonewall begins and if you follow it easterly for about 250 feet you'll come to another cellar hole complex. The remnant holes of what was once a large center chimney house, a barn, some outbuildings, a well, and a graveyard, indicate that there was once a prominent farm in this remote area which is a long distance from either town's center.

There's more on Page 10! Keep reading ...

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... This story started on Page 9!

This farm, located in Northfield, was once the home of Sally Grover who was the last of the Osgoodites, a religious sect with some interesting beliefs and practices. Sally Grover is buried here in this graveyard (died 1897 at age 84). You might want to read up on Sally and the Osgoodites in *Lyford's History of Canterbury* (page 370-375) before you make this hike. This Osgoodite community was an expansion of the other Osgoodite community located on Zion Hill off of Borough (Palletborough) Road in Canterbury.

Back out at the wooden gate posts in the trail, you can continue hiking in a north by northwest direction and you will come to a "T" intersection in the old roads. The snowmobile trail swings to the west here and the easterly course of the old road is now challenging to see if you aren't specifically looking for it. On the north side of the roads at this "T" intersection is another impressive set of old cellar holes from another long gone farm.

Readers who remember Norm Bickford might be amused to know that he used to pick through the cellar holes in this area for old bottles that he could then sell as antiques. This intersection is a good place to turn around and go the ¾ mile back to your vehicle. Stay off posted property, don't fall into the wells and watch out for restless Osgoodites that may be roaming the woods.

~ Mark Stevens

Official Open Door Artisans — and More!

The annual Open Doors event to celebrate N.H. artisans will be held on Saturday and Sunday, Nov. 3-4. According to the Open Doors website, there are three participants in town:

Brookford Farm: A family-owned, year-round farm offering tours, free samples and farm food. Open 10 am - 4 pm both days. 250 West Road. 742-4084.

Cold Garden Spirits: Farm craft distillery, corn whiskey and fruit brandy. Tours, tastings and products for sale. 10 am - 5 pm Saturday, 10 am - 4 pm Sunday. 337 Shaker Road. 491-4400.

Fox Country Smokehouse: Tours — including the oven! — and samples, products for sale. 9 am - 5 pm both Saturday and Sunday. 164 Briar Bush Road. 783-4405.

In addition, **fabric artist Jane Balshaw** will be holding an open studio both days from 9 am to 5 pm to show original work she created this year. "Please stop by...it would mean a lot to me if you did," she wrote. 12 Cogswell Hill Road. 491-7305

On Saturday only, from 9 am to 4 pm, photographer **Kathie Fife** and wood spoon carver **Jolene Cochrane** (in the Meeting House) will join **Canterbury Center Bed and Breakfast** in hosting an open house and art tour of the Center, with refreshments.